

# CLEAN UP AUSTRALIA DAY

!! DATE POSTPONED TO SUN 12 MARCH 2023 !!

JOIN THE ANNUAL DENHAM AND SURROUNDS CLEAN UP!
FREE SAUSAGE SIZZLE FOR VOLUNTEERS

SUNDAY 12 MAR | 8AM-9:30AM | DENHAM FORESHORE FOR MORE INFO VISIT WWW.SHARKBAY.WA.GOV.AU



# STARGAZE IN SHARK BAY

A world-class dark sky tourism destination.

Sunday, 16 April 2023

Discover more at astrotourismwa.com.au



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# **OP SHOP**

### **DONATIONS WELCOME**

During opening hours only



Good quality



Clean items



No electrical items

Large items to be inspected by staff prior to acceptance



- Monday, 10am 1pm
- Tuesday, 10am 1pm
- Wednesday, 10am 1pm
- Friday, 10am 1pm
- Saturday, 9am 12pm



Shark Bay War on Waste

Op Shop

# **Executive Officer's Report**

Stage Two of WA's single-use plastic ban is now in effect as of 27 February 2023.

Single-use plastics have a demonstrated impact on the environment, posing a life-threatening risk to our wildlife and waterways, and contributing to litter and landfill. In an effort to combat these single-use plastics, WA banned a list of them for sale, supply and distribution in Stage One, with a further list of items being banned in Stage Two. Stage two of the plan, set to be completed by July 2025 with substantial transition periods in place will to help businesses make necessary changes. Stage Two includes a ban on the following single-use items;

Item	Ban enforcement date
Expanded polystyrene packaging (loose)	1 September 2023
Expanded polystyrene cups and trays for raw meat and seafood	1 September 2023
Degradable plastics	1 September 2023
Cotton buds with plastic stems	1 September 2023
Microbeads	1 September 2023
Produce bags	1 March 2024
Coffee cups and all disposable plastic cup lids	1 March 2024
Trays for takeaway food not covered in the Stage 1 ban	1 March 2024
Lids for bowls, trays, plates and takeaway food containers	1 September 2024
Expanded polystyrene packaging (moulded)	1 July 2025

### Grants

Stronger Communities Programme: Federal Members of Parliament (MPs) identify potential projects and invite applications from their electorate for up to \$20,000 of funding for capital projects. The program intends to encourage and support participation in local projects, improve local community participation and contribute to vibrant and viable communities. Round 8 of the program aims to support communities recover from the widespread impacts of adverse weather events and current economic pressures.

For this round, grant funding will be up to 100% of eligible project costs. Community consultation is a critical element of the program. In consultation with their community, each MP must identify potential applicants and projects in their electorate and invite them to apply for a grant. Invited applications will be assessed against the program's eligibility criteria through a closed non-competitive process.

Closing date for application is 10 May 2023. For more information or to check your eligibility visit: https://business.gov.au/grants-and-programs/stronger-communities-programme-round-8

Energy Efficiency Grants for Small and Medium Sized Enterprises Round 1: The grant opportunity provides small and medium businesses up to \$25,000 to replace or upgrade existing equipment to improve energy efficiency and reduce







costs. Closing date for application is 19 April 2023. For more information visit: https://business.gov.au/grants-and-programs/energy-efficiency-grants-for-small-and-medium-sized-enterprises-round-1

The New Industries Fund: Innovation Booster Grant is aimed at helping startups and small businesses in Western Australian turn ideas into commercial reality. The funding of up to \$40,000 allows businesses to access professional skills, services or knowledge, enabling you to advance your innovative idea, project or commercial activity.

### For more information vist;

https://www.wa.gov.au/organisation/department-of-jobs-tourism-science-and-innovation/new-industries-fund

### Telstra's Connected Communities Grant Program

The program offers grants up to \$10,000 for not-for-profit community organisations that are providing access to information, technology, education and facilities, to support their communities to embrace new technologies and ways of working to build social capital and digital capability. Round 1 opens 1 March 2023.

### Pay it Forward Grants

The Pay it Forward Plan (PIF) is a ConnectGroups' small grants program available to peer Support Group members. The objective of PIF is to be a mental health/SEWB early intervention and prevention initiative. Closes: 23 March 2023

Jamie Burton - Executive Officer, SBCRC

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# Shire President's Report

### Vale Rick Purcell

The Shire flag was at half-mast last week to mark the passing of Rick Purcell. Long-term residents will remember Rick, as an active member of the community, engaged in many aspects of life in the Bay. He was an office bearer for many years with the Shark Bay Pistol Club and a previous Shire Councillor between 1994 – 1997. Condolences to his family and friends.

### **Family Day Care Program**

You may be aware that in late January, Ngala informed the Shire and clients of the current day care program in Denham, that they would no longer deliver this service and cease operating as a family day care provider on 31st March, 2023. Recognising that this action would have a significant impact within the community, the Shire has negotiated with an alternative Day Care provider and also secured another educator in order to continue the provision of this service.

In January, under the Attraction and Retention of Regional workers category, an application for \$25,000 was submitted via the Department of Local Government, Sport and Cultural Industries to continue grant funding for rental subsidies applicable to the Denham based educator. We have recently been advised that this submission has been successful.

Grant Funded Projects and Submissions - In Progress Work is continuing on the following local community programs;

- Installation of Beach Emergency Numbers (BEN) signage
- Installation of hard shade shelters in the foreshore adventure park
- Matting and beach wheelchairs accessibility to town beach area
- New reticulation and resurfaced lawn areas town oval and foreshore
- Installation of additional solar streetlights and CCTV cameras.

Funding of \$70 000 has been confirmed from the Department of Transport for the dual use pathway along Stella Rowley Drive and this project is on-going.

Funding has been requested for the following projects;

- An application for funding of \$100,000 was submitted in November 2022 to Live Music Australia for a Beats in the Bay Festival 2023.
- An application for \$2,361.314 to the Coastal and Estuarine Risk Management Program for an upgraded/ extended seawall along the Denham foreshore has been partially successful, with \$1.76m being awarded. We are now awaiting advice from State Treasury in late February on the outcome of the decision to fund the remaining amount required.

### **Grant Funding Applications Confirmed** – *To Commence*

\$314,413 – Recreational Boating Facilities (Department of Transport), new finger jetty at northern boat ramp carpark (adjacent to Denham Seaside Caravan Park). As the initial unsuccessful funding submission for this jetty and boat ramp was initiated in 2018 and not all current councillors were aware of the proposal,

it was an item for discussion at the February Council Meeting, particularly as there is a Shire cocontribution component in addition to the grant.



\$4,118,200 has been awarded to the Shire through Round 2 - Social Housing Economic Recovery Package grants. These funds will be utilised to increase the amount of social housing in Denham and to also fund new and additional aged care units on Hughes Street. Senior Shire staff will shortly be assessing options for suitable suppliers, designs, etc. to commence this significant project.

Cheryl Cowell Shire President



### **Activities**

February

- WA Local Government Assn State Council Meeting (MS Teams)
- 02 Gascoyne Development Commission - Meeting with Minister Punch GDC Briefing with new Minister, senior staff and **Board members**

GDC Board meeting

- Governance Policy Team Meeting WALGA 03
- 15 Chief Executive Officer/councillors debrief
- WALGA Gascoyne Zone Meeting, Carnarvon 17
- 22 February Shire Council Meeting Councillors Information Session
- Strategic Community Plan workshop 27
- 28 WA Marine Science Institution, (WAMSI), launch of Science Plan for Shark Bay (Gathaagudu)

The Shire of Shark Bay employees work very hard to keep Denham tidy.

> Please help us to maintain the cleanliness of the town by transporting waste to the refuse disposal site responsibly.

Do the right thing cover or secure your load.

REMEMBER TO COVER YOUR LOAD





PENALTIES APPLY FOR UNCOVERED LOADS AND LITTERING

IF YOU DON'T YOU MAY BE SUBJECT TO SUBSTANTIAL LITTERING FINES

**Inscription Post** 

# **Shire of Shark Bay Notices**

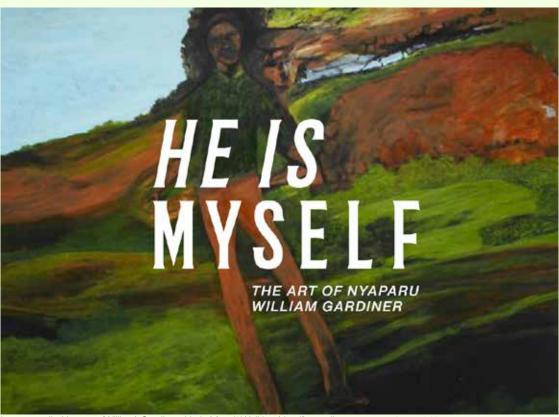


Image credit: Nyaparu (William) Gardiner, He is Myself Walking (detail), acrylic on canvas, 177 x 148.5 cm.

Born in the years leading up to Australia's first Aboriginal workers' strike - the 1946 Pilbara Strike, Mr. Gardiner lived, worked and raised a family in the country's remote north-west.

As a member of the renowned 'Strelley Mob', his works are a fascinating insight into the life of Aboriginal pastoral workers and an era of unprecedented social and economic change for Western Australia.

Featuring over 50 artworks from his short but prolific artistic career, *He is Myself* is a retrospective of the nationally-acclaimed body of work Mr. Gardiner created from South Hedland's Spinifex Hill Studio.

**Exhibition Dates** Friday 3 March - Sunday 23 April 2023

Rose de Freycinet Art Gallery - Shark Bay Discovery & Visitor Centre

Exhibition Curated and Produced By

Tour Managed By



FORM.
building a state of creativity



Partners

AGWA x AOTM PRESENT

FREIGHTING IDEAS



Department of Local Government, Sport and Cultural Industries
Department of Primary Industries and Regional Development





He Is Myself: The Art of Nyaparu (William) Gardiner has been curated and produced by FORM Building a State of Creativity Inc. and Spinifex Hill Studio The project has been made possible through the Regional Exhibition Touring Boost managed by the Department of Local Government Sport and Cultural Industries, supported by Royalties for Regions and delivered by ART ON THE MOVE



# **Shire of Shark Bay Notices**



# Denham 125th Anniversary

Exhibition in the Rose de Freycinet Art Gallery

2023 marks the 125th Anniversary of the Denham Townsite being gazetted (6 May 1898). The Shark Bay World Heritage Discovery & Visitor Centre is seeking expression of interest for exhibit items to assist with the celebration.

- Photographs
- News articles
- Historical objects
- Memorabilia

We are seeking items from current/past residents, local community groups and businesses that represent Denham's 'way of life' from the previous decades.

Items will be on loan from March - July 2023

For further information contact Shark Bay World Heritage Discovery & Visitor Centre on 9948 1590





# **EMERGENCY CONTACT NUMBERS**

FOR FIRE, POLICE OR AMBULANCE EMERGENCIES

SES EMERGENCIES CALL - 13 25 00

















### **PUBLIC NOTICE** DATES AND TIMES FOR THE ORDINARY **COUNCIL MEETINGS FOR 2023**

In Accordance with the Local Government Act 1995 Council wishes to advise that the Ordinary Council meetings for 2022 will be held as follows:

> March 2023 – Wednesday 29 Commencing at 10:00 am in Council Chambers April 2023 - Wednesday 26 Commencing at 3:00 pm in Council Chambers May 2023 - Wednesday 31 Commencing at 3:00 pm in Council Chambers June 2023 – Wednesday 28 Commencing at 3:00 pm in Council Chambers July 2023 - Wednesday 26 Commencing at 3:00 pm in Council Chambers August 2023 – Wednesday 30 Commencing at 10:00 am in Council Chambers September 2023-Wednesday 27 Commencing at 3:00 pm in Council Chambers October 2023 - Wednesday 25 Commencing at 3:00 pm in Council Chambers November 2023 - Wednesday 29 Commencing at 3:00 pm in Council Chambers; and December 2023 – Wednesday 13 Commencing at 3:00 pm in Council Chambers.

> > Dale Chapman - Chief Executive Officer



# JOKE CORNER

I spotted a group of people standing on the corner of the street drinking Earl Grey. Turns out it was a T junction.

Got stuck in traffic for so long the other day that even the sat nav said "Are we nearly there yet?"



I'd tell you a joke about a sloth crossing the road but it would take too long.











# Canva: Beyond the Basics



Thursday 30 March | 9am to 11am Shark Bay CRC - 10 Denham Rd, Denham

Level up your Canva skills in this hands on workshop.

Learn how to use Canva's features to create consistent, professional looking graphics that stand out while streamlining your design creation process.

<u>Bring your laptop</u> and we'll show you design best practices and guide to you set up branded templates for your most used graphics like social media posts, flyers, or proposals.

### **BOOKINGS ESSENTIAL**

rsmbusinesslocal.com.au/gascoyne
Phone: 1800 249 562







The Golden Lens is an opportunity for WA Seniors Card members to share photos they have taken, that celebrate the lives of older Western Australians.

All winners will win a prize donated by participating businesses of the WA Seniors Card program.

Members can submit an entry in each of the five categories.

- Active ageing
- Diverse cultures
- Artistic photography
- ▶ Flora and fauna
- **▶ Seniors Influencer**

Entries close Friday 17 March 2023



For more information visit

www.seniorscard.wa.gov.au/goldenlens



**Inscription Post** 

# **Shark Bay School**

### Welcome back to school for 2023!

We've had a lovely, calm start and classroom learning is well underway. Schools in Western Australia are taking a unified approach to continuing improvement across public schools. The Director General is



committed to ensuring quality education ensuring young people leave school with the knowledge and skills (not all academic) that they need to participate confidently in the workforce and society. Good teaching from Kindergarten onwards, including solid foundations of literacy and numeracy, are essential for long term success. Shark



Bay School commits to the new Quality Teaching Strategy, a shared understanding across WA schools of what we mean by good teaching and how to make it most effective; two of our teachers will be leading the

review of our teaching practices through participating in regional professional learning. A staff team will also take part in a program called 'Leading School Improvement', to

increase the breadth and strength of school planning. This links with our existing teaching programs and assessments, which are consistent with the best practice recommendations. We also understand the importance of



students feeling safe and happy at school, receiving extra help and care as needed, of cultural responsiveness and strong communication between home and school. We plan further support for students through high school and into the steps of determining future pathways.



### NAPLAN update

A new proficiency standard is being introduced for NAPLAN, with the move to an earlier NAPLAN in March. It is intended to provide earlier, simpler

and clearer information to parents and carers about their child's NAPLAN achievement based on new, more rigorous national standards relating to core literacy and numeracy skills for each year group to assist schools and families to work together to support student learning. If a student is in the Strong or Exceeding categories, it means they have demonstrated proficiency and are meeting the expected capabilities for their year level. If a child has not yet achieved proficiency, then they will either be in the Developing category or the Needs additional support category. Individual Student Reports will be provided as previously.



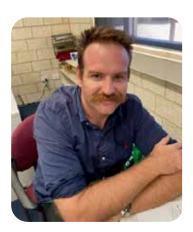
and parents/carers advised to discuss them with teachers with regard to recommended next steps. As all schools are now online, and the tests are earlier, reporting on changes over time at the school, state/territory and national level will start again from this year. This means results from 2023 on will not be directly compared with results from 2008 to 2022. Individual student reports will continue to show each child's achievement against the national average and the range of achievement for the middle 60% of students in their year level. Results will be made available to schools in Term 2 and to parents and carers in Term 3. The online assessment is more precise as it uses tailored testing that adapts to student responses and is better at assessing what each student knows and can do.

### **Parent Meetings**

It was fabulous to see such a good turnout for our parent meeting sessions on Thursday 9th February. Teachers were able to explain class routines and programs, answer questions, and demonstrate some of the technology and programs used. We hope that all parents/carers feel very much part of the team, as we work together for the best outcomes for students, and we look forward to welcoming parents into class activities and to supporting learning at home.

### **New Staff Member**

We welcome Mr Shaun
Morris to the team, taking
on responsibility for our Year
7-12 students, supported by
Mrs Claire Cooper in a new
role as SIDE Supervisor.
Our students are being
supported to develop skills
in organization and planning
for successful, timely work
completion, skills that will be
valuable life-long. Students
are assisting in planning
extracurricular activities,



clubs, sport and camp opportunities. We're looking forward to a great year.

### **New families**

It is always a pleasure to welcome new students and families to our school community and we hope that our new members feel very much at home and enjoy all that our school and surroundings have to offer. Our school is

# Shark Bay School cont.

a diverse community with a range of family backgrounds and languages. Everyone belongs, all are welcome, and all share the same high expectations.

### Year 6 Leaders

We are pleased to welcome our new Year 6 Leadership team into their roles – Miah, Gloria, Farran, Levi, Lucas, Koby and Isabelle. They have already settled into routines of taking responsibility for flags and sports equipment, acknowledging birthdays, and supporting younger students at play times. They introduced themselves to the school community at a short Assembly on Friday 10th February and received their new badges. They will develop their leadership skills and enhance their connection to Malgana country on a special 2-night camp with Wula Gura Nyinda Eco Cultural Adventures in week 8 of this term and we are sure that they will be great ambassadors for our school and community through the year.



### P&C

The P&C plans its first event of the year, its AGM, on Wednesday 22 February. This is being held at the Bowling Club and we hope to see many families there. Many thanks to Tiaza Sellenger for her continued leadership, and to all committee members. P&C membership is open to all - we would love to have a large, active membership.

### **School Council**

Our Council held its first meeting of the year on Tuesday 21 February, chaired by Jay Hayes, father of students in years 1 and 3. Two further parent members are in the process of finalising their membership, to join Community member Katie McKay. The Council is enthusiastic about the school's mission to enhance learning and the school experience in every way, in line with our vision statement of 'unleashing students' full potential'.

### Safety on site

COVID-19 is still very much around. Please monitor your child/yourself for symptoms. https://www.healthywa.wa.gov.au. WA Health 1300 316 555.

Further help is available:

- KidsHelpline 1800 551 800
- Youth Beyond Blue 1300 224 636
- Headspace.org.au

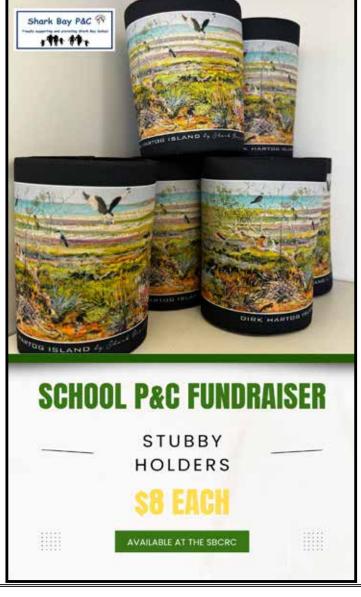
### Coming up:

Early Close 2 pm 20/3, 3/4
P&C AGM 22/2 at Bowling Club
6/3 Labour Day Public Holiday
10/3 Clean Up Australia, Assembly
15-17/3 – NAPLAN tests
22/3 P&C
22-24/3 Y6 Leadership Camp
24/3 Newsletter
28/3 School Council 4.30 pm
6/4 Easter Raffle, last day term
26/4 Students' first day Term 2



Shark Bay School 55 Francis Road Denham WA 6537 Ph 9948 0000

Principal: Celia.Elissegaray@education.wa.edu.au https://myschool.edu.au/school/48507 https://www.det.wa.edu.au/schoolsonline/overview.do?schoolID=5418&pageID=SO01&resetSearchType=ONE\_SCH



# Friday 17th March P&C Lunch Order



Name



	Name	Name	Name	
	Year:	Year:	Year:	Year:
\$1.00	\$	\$	\$	\$
\$1.50	\$	\$	\$	<del>-95</del>
\$2.00	\$	\$	\$	<del>-95</del>
\$4.00	\$	\$	\$	<del>-95</del>
\$4.00	\$	\$	\$	\$
\$4.00	*	\$	\$	<del>5</del>
\$1.50	\$	\$	\$	<del>-99</del>
\$1.50	\$	\$	\$	<del>\$</del>
50c	\$	\$	\$	<del>9</del>
	sub total \$	sub total \$	sub total \$	sub total \$_

Total Amount enclosed \$

# Orders are due by Friday 3rd March 2023

No late orders will be accepted

Any queries, please contact Jamie on 0427 272 560

Cheesie roll grilled

Lunch - half a roll

Cheesie & vegemite grilled roll

Cheesie & ham grilled roll

St Pats green cupcake special

Party pies (each)

Recess

St Pats jelly cup special

Strawberry milk drink Chocolate milk drink

lcy Pole



## WATERFRONT BAR+BISTRO

# Seniors Night

EVERY WEDNESDAY NIGHT STARTS WEDNESDAY MARCH 8



Seniors Night Every Wednesday: Cheap Meals & Drinks!

Keen for a night out with great food and drinks that won't break the bank? Then join us for Seniors Night, every Wednesday. Beat the cost of living crisis, with meals under \$20, and quench your thirst with \$6 house pours, \$5 house wines, and \$5 middys of Swan and Hahn Super Dry.

Come relax, spin a yarn or two and enjoy a top quality bite. Bookings available on 9948 1133 or just drop in after Happy Hour



Lunch 12-2:30PM Dinner 5-8:30 PM

For orders or reservations:

9948 1133

Scan for menu



# **Shark Bay World Heritage News**

Although lots has been happening across the World Heritage Area, I just wanted to share some really exciting outcomes from a couple of collaborative projects, one longterm and one that is just starting up.

In January, the annual Wirruwana (Dirk Hartog Island) Turtle Tagging occurred. This monitoring project started back in 1988 and over the years it has been instrumental in documenting the health of the loggerhead population. One of the reasons Shark Bay is World Heritage listed is that its' islands and Peninsulas act as a refuge for endangered and threatened species. Logger

head turtles are a threatened species worldwide and Shark Bay is a very important site as it Photos below: courtesy of is estimated that over 5% of the world's population come here to nest.

This year 33 people participated in the monitoring, 30 of whom were volunteers. The group split into teams that worked a total of 19 days, counting the number of turtles that come to the beach to nest. The results will provide information about changes

in the population and health of our logger heads. While the significance of the turtle numbers of is still being worked up, the actual

surveying effort by everyone was outstanding. In previous years the monitoring teams have been able to count and tag around 10-15% of the turtles that reach the beach.



Photo above: courtesv of Khayla Wordsworth

Neleisha Okaley





This year by working a little differently, they were hoping to count and tag 32% of the turtles that came to the beach, in fact they exceeded this and managed an extraordinary 34%. Well done everyone.

Also, in January our community came together to help determine how important the Shark Bay World Heritage Area is to the migratory shore birds of the South East Asian-Australasian Flyway. This is the route flown annually by Australia's migratory shorebirds to and from their breeding grounds above the Arctic Circle in Alaska and Siberia. The shore birds make great use of the broad shallow sand and mud flats that form close to Shark Bay's coast protected from storm waves by the seagrass meadows. Many of these world travelers are threatened or

Although previous surveys have been undertaken in parts of Shark Bay, because of limited resources only a few sites were able to be surveyed on any given year. This year a collaborative effort between Birdlife Australia, local community members, DBCA staff and volunteers went all out surveying all known sites and added several new sites which have only recently been discovered. The surveys were conducted over a three-week period and determined that the Shark Bay World Heritage Area is a nationally significant site for migratory shorebirds.

Over 5000 migratory shorebirds amongst a total of 14,749 shorebirds, were counted across a total of 20 sites. Including nationally significant populations of:

- the critically endangered Eastern Curley, Great Knot and Bar-tailed Godwit; and
- the specially protected Ruddy Turnstone, Red-necked Stint, Sanderling, Grey-tailed Tattler and Common Greenshank.

The count was a great effort for the middle of summer with an outstanding result and hopefully the first of many future large scale successful collaborations. I'd like to thank everyone involved and particularly local community member Drew Wassman whose enthusiasm spurred it all on.

Dr Therese Morris Shark Bay World Heritage Project Officer

Photo below: courtesy of Steve Reynolds





Dr Thérèse Morris

**Project Officer Shark Bay World Heritage Area** 

Department of Biodiversity, Conservation and Attractions I Parks and Wildlife Service I Gascoyne District Office:(08) 99482210 Mob: 0459610183 Email: ther

Working Hours: Monday, Tuesday and Wednesday 8 to 4.30pm WST





Department of Biodiversity, Conservation and Attractions





# WAMSI: A Science Plan for Shark Bay (Gathaagudu)

Over the past few years the Western Australian Marine Science Institute (WAMSI) has worked together with researchers, the broader community, local residents, representatives of business and government to identify what marine research has happened in Shark Bay and to determine what questions we all want answers to into the future. The outcome of this work is presented in two comprehensive documents and as a summary.

'A Snapshot of Marine Research in Shark Bay' describes the research that has been undertaken in Shark Bay between 1949 and 2020. It contains a small plain English summary for each research publication.

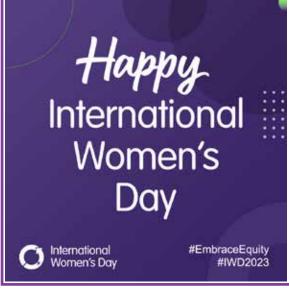
The second document 'A Science Plan for Shark Bay' presents the research priorities for the bay that were identified through extensive stakeholder consultation. The short summary of it can be found here:



With the full document found here:







# International Women's Day 2023 theme is #EmbraceEquity

For International Women's Day on March 8 and beyond, let's all fully #EmbraceEquity.

Equity isn't just a nice-to-have, it's a must-have.

A focus on gender equity needs to be part of every society's DNA.

And it's critical to understand the difference between equity and equality.

The IWD 2023 campaign theme drives worldwide understanding why Equal opportunities aren't enough!

Read more about this: https://www.internationalwomensday.com/

# **Shark Bay State Emergency Service Unit**

Lucky for us we haven't had a busy start to 2023 for our Shark Bay unit. This has allowed our volunteers plenty of time to familiarise themselves during Monday training sessions with our equipment and its safe use as well as organise storage, complete imperitive maintance checks and stocktake of supplies. Even our first aid kits that continue to remain unused were attended to, to ensure contents product lives were still with in date.

Our unit has been requested to assist with 5 deployments including aviation and ground support/clean up crews at the recent floods up Broome and Fitzroy Crossing way. Each deployment was scheduled for approximately a week on site with a few days notice given. Unfortunately we were unable to send assistance but we wish all the volunteers helping up north all the very best.

during a crisis. If there was a

It's human nature to want to assist

cyclone that came through Denham and wiped out buildings and homes, or one of our local children went missing for example, we could pretty much guarantee the vast majority of community would raise their hands to assist. Not just out on the field getting your hands dirty, but also behind the sceens organising lunches and drinks for the helpers, managing logistics or even just looking after children so others can help.

Do you fall into this category? Giving support to a friend can be as good for your mental health and wellbeing as receiving it. Emergency service organisations give you the training so when a situation arises you are better prepared. Whats also a benefit is the connections you make through relationships, places, or activities, which build a safety net for your physical and mental health.

We have a doors open policy at SES with volunteers only offering what they themselves can contribute. The pressure isn't on, you can always say no.

If you are interested in seeing what the future might hold for you in the volunteering space, we hope to see you Monday's at our unit, 98 Durlacher Street Denham. Otherwise you can chat with some of our great volunteers, call us on 0429 481 218, email us sessharkbay@iinet.net.au or lastely message us through our Facebook page.

SES Unit Shark Bay



Unit member George Livesey is passionate about keeping our space clean and tidy. His contributions are always greatly appreciated!

# **Living with History**

### Ray

In the very early days in Roebourne, a local character named Ray had the unenviable job of exchanging the full dunny pans for empty ones. His mode of transport was a plodding old horse and dray. Ray had an unpopular habit of parking his malodorous rig outside the local pub while he had a couple of beers.

One day some local joker fixed the harness so that when Ray said "giddap" the cart tipped backwards and deposited its load right outside the pub door! Naturally Stan the publican became quite excited. He demanded that Ray clean it up at once, if not sooner. While he was attempting to do so, Bill the local copper appeared. "Had a bit of an accident Ray?" Bill said. "Accident be damned" snarled Ray. "Any fool can see I'm stocktaking!"



During the 60's I worked for Gordon Lindsay who had the Golden Fleece service station in Hughes St. One day Mrs Sellenger (John's Mother) of Nanga Station came to us and offered to pay for some decent gates for the local cemetery.

Although it was not much in my line, I managed to knock up something of which she approved. Seems to me they have lasted pretty well.

Extracted from the written works by Nugget McClymans (deceased)





**Shark Bay** 

### AstroTourism WA

### **Country Stargazing**

with Carol Redford and Donna Vanzetti, Astrotourism WA

### **The Equinox & Star Clusters**

The equinox marks the transition from summer to autumn in the southern hemisphere and has almost the same number of hours of daylight as darkness!

Equinoxes happen twice a year and on the dates of the equinox, the Sun is exactly above the Earth's equator, causing the equal length of night and day. The equinox marks several astronomical phenomena too! During the equinox, the Sun will rise directly in the east and set due west. The Sun will also appear exactly halfway between its northern most and southern most location in the sky. The exact time of the equinox occurs when the sun is directly above the Earth's equator, for 2023 this will occur at 5:24am for West Australians.

The Autumnal equinox for the southern hemisphere will occur on the 21<sup>st</sup> of March.

For some fun stargazing, the quarter Moon makes a close approach to Mars from March 26, and on the 28th will be just below the red planet. For those with telescopes or high-powered binoculars, the Shoe-Buckle Star cluster can be seen above Mars, and the January Salt-and-Pepper Star Cluster can be seen below the Moon.

When to look: 7pm to 9:30pm, 28th of March.

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Which direction to look: In the western sky.

Something Interesting: Star clusters are lovely astronomical objects to view, often distinguishable with special shapes and patterns. The Shoe-



Buckle Cluster is an open cluster located in the constellation Gemini. The cluster is approximately 2,800 light-years away from Earth and contains approximately 200 stars.

We will have more stargazing tips and helpful hints throughout the year so keep looking up and marvel at our clear, dark skies.

For more stargazing tips visit www.astrotourismwa.com.au.

If you're a budding "astro-enthusiast", check out... Stargazers Club WA's telescope classes & astronomy events for beginners at: www.stargazersclubwa.com.au. Or visit Donna Vanzetti's YouTube Channel, Star Tracks Space Adventures.



Join us Mondays at 10am. Everyone is always welcome!



# IN AN EMERGENCY DIAL 000

Our volunteers attended this many call outs:

Jan 2023 - 8 Feb 2023 - 6

----

Total to date - 14



**Shark Bay Sub Centre** 

### **VOLUNTEER NOW!**

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stjohnchangelives.com.au or talk to us 1800 069 393

### Volunteer Support Officer -Non medical capacity 5hrs per month

Opportunities Include:

- Membership on Committee at Sub Centre (eg.Chairperson, Treasurer, general committee member)
- Gardener / Cleaner Clean and maintain outside of building
- Cleaner Clean and maintain inside facility
- Events / Social Co-Ordinator

### Volunteer Ambulance Officer

- Attend ambulance jobs. This includes emergency situations and routine patient transfers
- Attend public events to provide first aid services
- Attend training regularly to maintain skills
- Complete accurate records for ambulance calls
- Work effectively with your partner on ambulance calls and with other members of the sub centre



St John Ambulance Sub Centre Shark Bay

OFFICE HOURS

Wednesday and Thursday

8:30 am to 1:00 pm

For any Medical Attention please proceed to Silver Chain Health Centre on the corner of Durlacher St & Hughes St, or after hours call Health Direct on 1800 022 222.





Refresh your first aid training or learn how to provide a first aid response in any situation. You could save a life!

Upcoming courses at your local sub centre:

HLTAID009 – CPR Refresher 16<sup>th</sup> March 23 - 2:00pm to 4:30pm

HLTAID011 – Provide First Aid 17<sup>th</sup> March 23 - 8:30am to 4:30pm

You can find and contact your local sub centre here:

Shark Bay Sub-Centre – Wednesday/Thursday 8:30am to 1:00pm Book online at <a href="https://stjohnwa.com.au/first-aid-training">https://stjohnwa.com.au/first-aid-training</a> Email: <a href="mailto:SharkBay.subcentre@stjohnwa.com.au">SharkBay.subcentre@stjohnwa.com.au</a> Phone: 9948 3023



# 'Sounds Like' it's time to quit smoking

On Sunday 12 February 2023, Cancer Council WA's Make Smoking History Program launched a new WA-made campaign, Sounds Like, which asks people to listen to their bodies for the sounds and signs to quit smoking.

If you smoke, you will be all too familiar with the health impacts in the advertisements, which range from smoker's cough to bleeding gums. These common concerns may lead to life-long consequences, like severe breathlessness or loss of teeth.

The good news is, as soon as you quit smoking, your body starts to repair itself. Becoming a non-smoker is the single most important thing you can do for your health. There are more benefits too, like saving money and protecting your loved ones from secondhand smoke. When you quit, you're setting yourself up for more quality time with the people you love most.

It's never too late to quit. Get started today:

- Visit makesmokinghistory.tips for all the best tips to quit and stay quit
- Try our free, interactive quit planner
- Download the free My QuitBuddy app
- Chat to your GP, Aboriginal Health Worker or Pharmacist
- Call the Quitline on 13 7848 or chat online at quitlinewa.org.au.





Gascoyne Chiropractic is visiting Denham at the Shark Bay Community Resource Centre. Our next visits are;

### 2<sup>nd</sup> March (Thursday) 20<sup>th</sup> March (Monday)

To make an appointment please call 9941 1490

# The Regional Men's Health Initiative

### Walking up to 20 kms a Day - Our Ancestors and Exercise

Our ancestors were used to walking up to 20 kilometres per day, they had to, to survive on the Savannah Plains and the Serengeti or they would end up as someone's lunch. We are not designed for sitting around and not exercising. The human body has not had millions of years to adapt to our sedentary lifestyle and we need to change our habits before it is too late.

Blokes have had a significant change because many of the work tasks that have always been manually done are now obsolete or automated.

Exercise is essential for our brain, mind, body and our cardiovascular health. I read a book titled Brain Rules by John Medina and rule 1 (out of 12 brain rules) is exercise boosts brain power. An enlightening read.

There are a lot of variables, from nurture to nature, that help how we age but one of the greatest predictors of successful ageing is the absence of a sedentary lifestyle. Industrialization has given us many benefits, but it has also meant, that for most of us, we have gradually quit moving. The result of this is more and more Australians are being classified as being overweight, with the fastest growing chronic condition in Australia in 2022 being Type 2 Diabetes.

There is a lot of current research that suggests exercise can:

- 1. help prevent Type 2 Diabetes (by up to 60%);
- improve our cardiovascular health thus decreasing the risk of strokes and heart attacks;
- affect the outcome of both anxiety and depression.
   The fact that exercise helps regulate the release of chemicals (serotonin, dopamine, and norepinephrine) into our bodies makes it an important element in

maintaining the right balance;

 halve the risk of general dementia through aerobic exercise, just twice a week. It can also cut the risk of Alzheimer's by 60%.

So, what does this all mean for our exercise regime? There is a lot of advice around with different suggestions on exercise requirements. This varies from 5 minutes high intensity, to 30 minutes per day, to 1 hour a day every second day. We are the only one that knows our body's physiology and what will ultimately work for us. A guide is a minimum of 150 minutes per week of moderate exercise.

If you are limited in how you can exercise you can still make a difference. If you can physically walk only 50 metres a day, double it! Walking 100 metres per day compared to 50 metres can make a difference. The improvement in your body's physiology will be profound and the positive effect is that starting with a little bit of exercise will make you want to move more.

Exercise options are endless, swimming, hydrotherapy, light gym work, walking groups, belonging to sporting groups, volunteering. Although in regional WA sometimes these options can be limited for people to access.

Don't let it stop you exercising - get moving!

The Regional Men's Health Initiative P: (08) 9690 2277 E: menshealth@4blokes.com.au



# **Sport & Recreation**

### Kindy Gym:

Kindy Gym is back while the school term is on. Kindy Gym is a program for children aged from 0 to 5 years of age and their parents/caregiver. Kindy Gym kids have the opportunity to be stronger in body (motor skills, strength, coordination), mind (creativity, cognitive development, problem solving) and spirit (social development, confidence).

One of the most important roles we can facilitate as parents/carers is to assist and encourage this curiosity and help experience translate into rich learning adventures. Carers/parents are encouraged to join in with their child to help create a fun, safe and structured environment for the children.

### **Timetable**

It is advisable to be on time as it can be unsettling to your child and others attending Kindy Gym with late arrivals.

9:30am Arrive - Activities: Free play activities and

obstacle course

10:30am Fruit time (Please bring a piece of fruit to

share)

10:45am Pack away (Flexible)

11:00am Group session- structured games, songs

or fun learning activities (Flexible)

Happy Sporting,

Natt Dul
Recreation Centre Manager

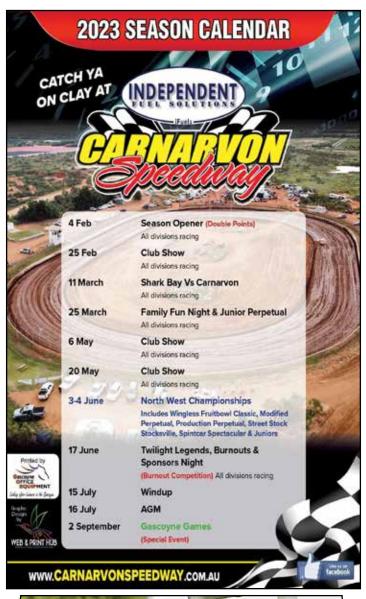




# Other Sports & Recreation









# Shark Bay Bowling, Sport & Recreation Club

The sporting season has kicked off well at the club with Saturday scroungers welcoming for the first week 20 players. The change during the warmer month of February to mats down at 5pm has welcomed increased player numbers and patrons wanting to enjoy the bar atmosphere. Consistenly since the start of February we have had regular attendance of over 20 players, both male and female contributing their \$5 to the Saturday competition. Meals and drinks have been for sale also thanks to the great team of volunteers helping out around the venue.

Barefoot Bowls will continue to the end of March on a Thursday. 14 teams of 3 players each have been competing weekly for the new perpetual trophy donated by our local Marine Rescue organisation. As of the end of round 3 Barefoot Bowls (23rd February) the current leadboard welcomes the Oldies;

1 <sup>st</sup>	The Oldies	5+29
2 <sup>nd</sup>	Water Rats	5-14
3 <sup>rd</sup>	Over 25's	4+20
4 <sup>th</sup>	Trailor Trash	4+17
5 <sup>th</sup>	SES	4+12
6 <sup>th</sup>	Wax On	4+8
7 <sup>th</sup>	Guaca Bowly	4+8
8 <sup>th</sup>	Snappers	4+6
9 <sup>th</sup>	Fish Fingers	4+3
10 <sup>th</sup>	Back Draft	2-21
11 <sup>th</sup>	Hot Bom Boms	2-24
12 <sup>th</sup>	Tidal Moon	-17
13 <sup>th</sup>	Slingers	-18
14 <sup>th</sup>	Bay Best	-37

# HAVE YOU LOST YOUR

After Barefoot Bowls on Thursday 23rd February a set of Kia car keys were left behind on the outside tables. They have still not been collected and remain secured at the Club until an owner comes forward.



The introduction of the self service salad bar continues to prove popular and relieve some of the pressures placed on our volunteer kitchen team. Wraps, burgers and pulled pork rolls are just some of the great options

we have trialled weekly with one week 47 meals coming form our kitchen. A great effort by all!

### **Coming Up**

On Saturday 4th March from around 4:30pm our Club will be welcoming many to the wake of two Club life members; Swiss Pete and Colin Caporn. Both were instrumental during their tenure at the Club many years ago so we are proud to provide this service to family and friends.

Shark Bay Bowling, Sport & Recreation Club committee







# **Boolbardie Country Club**

# Chip Shots



Starting fields remained a little low during February with some of our regular players away. Even with the wind and no rain, the fairways and greens remain in pretty good shape. The following lists the winners and runners-up for regular club competitions in February.

Event – Stableford	Winner (Score)	Runner-Up (Score)	Nearest the Pin*
Wednesday 25 January	Peter Llewellyn (15)	Jill Deschamp (10)	-
Saturday 28 January	Peter Cope (17)	Lyn Harding (16)	-
Wednesday 1 February	Mick Parry (15)	Peter Cope (12)	Mick Parry
Saturday 4 February	Peter Cope (16)	Peter Llewellyn (14)	-
Wednesday 8 February	Peter Cope (17)	Peter Llewellyn (16)	Peter Cope
Saturday 11 February	turday 11 February Peter Llewellyn (16)		-
Wednesday 15 February	Peter Cope (18)	Chris Galvin (17)	Chris Galvin
Saturday 18 February	Peter Cope (17)	Jill Deschamp (17)	-
Wednesday 22 February	y Peter Llewellyn (16) Peter Cope (15)		Jill Deschamp
Saturday 25 February	Peter Llewellyn (16)	) Lyn Harding (9) -	

<sup>\*</sup> Nearest the Pin second shot on Wednesdays.

New tee signs, made of re-cycled plastic, have been installed. These new signs replace the old tee markers which had become very weather beaten and quite rusted, many becoming almost illegible.

The signs were mostly funded by a grant from the Shark Bay Shire Council and the club sincerely thanks the Shark Bay Shire for providing this grant.

Proudly supported by the Shire of Shark Bay





Club competitions continue with 9-hole stableford events played every Wednesday and Saturday with a 1:30pm registration for a 2:00pm tee-off. The 19<sup>th</sup> Hole bar is open following the game.

Players in the Saturday Competitions during 2023 will compete for a winner's prize of a **\$50 voucher** at the **Shark Bay Fish Factory** very generously donated by **Westmore Seafoods.** The inaugural **Shark Bay Fish Factory** round is expected to be held mid to late March at a date yet to be finalised.

Visitors are welcome at any time and visitor green fees are \$5 for 9 holes (honour system) with cards available at the clubhouse. For those who want to have a hit after work, some shorter rounds (4 or 5 holes) are available. Some visitors are not so welcome - a recent visitor found in the bar left (thankfully) without paying his/her green fees. We think his/her name might be Joe (Jo) Blake.

Full sets of clubs (ladies, men, left and right-handed) are available at no cost on club competition days or by prior arrangement at any other time. Motorised buggies are available for hire on competition days at \$5 per player for 9 holes for non-members and \$3 each for members.

Peter Llewellyn Club Captain





Meet Sundays at the Pistol Club. New members are always welcome, touch base with Vaughan the president on 0417 301 397 for more information.

# **Shark Bay**



Club

The Shark Bay (social) Bridge Club meets every Monday at 1pm in the Denham Town Hall on Hughes Street (opposite the Silver Chain building). Beginners are welcome! Session fee of \$3 which includes afternoon tea.

Why don't you come and join us for a friendly game of bridge?

For more information please contact: Jill: 0417 177 009

### **Consumer Watch**

### Record-breaking scam losses and victims in WA

WA ScamNet has released a 2022 scam report, with 1,203 people reporting combined losses of \$15,988,513 - a seven per cent increase on 2021's recorded losses and recorded amount of victims.

The report reveals online shopping and classified scams claimed the most victims.

274 online shoppers lost a total of \$876,774, with 270 buyers and sellers on classified sites losing a total of \$564,680 likely due to COVID-19 reaching its peak in WA and the need to isolate at home.

The top two scams reported to the Consumer Protection Contact Centre were the Amazon phishing scam - an SMS, email or phone call about an undelivered package or item supposedly being held at a distribution centre, and the cryptocurrency investment scam.

Scams relating to the myGov phishing scam increased by 2,650 per cent from two enquiries in 2021 to 55 in 2022. In most cases, the scammers attempted to gain access to consumers' banking details by claiming the consumers were entitled to a refund.

Investment scams, mainly involving crypto currencies, were to blame for \$6,980,254 in losses, while \$2,871,468 was lost to dating/romance scams - with one individual losing \$800,000.

The disturbing 'Hi Mum/Dad' text scam tricked 59 victims into paying \$265,353 with criminals posing as desperate children needing urgent financial assistance from their parents.



The Australian Competition and Consumer Commission has reported that annual scam losses nationally are at least \$2 billion and could be as high as \$4 billion. Alarmingly, a survey has indicated that only about 13 per cent of scam losses are reported to authorities, indicating that these figures are only the tip of the iceberg.

Scammers are getting smarter and scams are getting harder to spot so consumers need to be even more vigilant with all communication online and over the phone.

With every phone call, text message or email it's important practice the pause... and think, could this be a scam? If it is too good to be true, it probably is. Keep your personal information safe and only give it out once you have verified the legitimacy of the request through your own research.

Further information and advice on scams is available on the WA ScamNet website where scam reports can also be lodged. Enquiries can be made by emailing consumer@ dmirs.wa.gov.au or by calling 1300 30 40 54.



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### Fisheries WA

New West Coast Region demersal fishing rules came into force on the 1st of February. Please note, these do not apply when fishing in Shark Bay, only from Kalbarri to Augusta.

New management changes are now in place to boost the recovery of demersal scalefish stocks from Kalbarri to Augusta, following extensive community and industry consultation. You can learn about WA's West Coast demersal fishing rules for recreational fishing, charter fishers, and commercial fishers.

The changes to demersal fishing rules are expected to be in place until 2030. The Department of Primary Industries and Regional Development will monitor the impact of the new management changes on stock recovery.

To find out more go to: West Coast demersal fishing rules -WA.gov.au (www.wa.gov.au)

Note these new rules don't apply when fishing in our Shark Bay waters but your compliance is required when fishing in the West Coast Region.



Jack Dawson Supervising Fisheries & Marine Officer



# Marine Rescue Shark Bay

There isn't much to report on in regards to marine rescues in our Shark Bay waters during the month of February which isn't a bad thing at all. We were however dispatched to one rescue at a reef behind Monkey Rock at Steep Point as a yacht was stranded. It took our team 8 volunteers hours to assist on a Saturday morning after being called out of our beds at 4:30am. Nice early morning getting to see the sunrise from on our waters.

Construction on our new rescue boat has started at Dongara Marine with August the planned delivery date at this stage. Photos to the right show its progress.

Stay safe on our water ways make sure your radios are working and all safety equipment is up to date.

Marine Rescue Shark Bay









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### **EMERGENCY WARNING**

An out of control fire is approaching fast and you need to take immediate action to survive. If you haven't prepared your home it is too late.

You must seek shelter or leave now if it is safe to do so.



### **WATCH AND ACT**

A fire is approaching and there is a possible threat to lives or homes. Put your plan into action. If your plan is to leave, make sure you leave early. If your plan is to stay, check all your equipment is ready.

Only stay and defend if you are mentally and physically prepared.



### **ADVICE**

A fire has started but there is no immediate danger. Stay alert and watch for signs of a fire.

Be aware and keep up to date.





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# **Community Groups**

Community groups	Contact Name	Telephone No.
Boolbardie Country Club	Peter Llewellyn - Club Captain	0418 193 735
Crisis Centre Christian Fellowship	Tim & Maggie Hargreaves	9948 1338 0429 481 338
Denham Crafters	Bronwyn Hook	0407 310 052
Denham Volunteer Fire and Rescue	Brian Child - Unit Captain	Call 000 for Emergency Info ONLY: 9948 3289
Friendly Hub	Julie Robins	0417 976 005
Kindy Gym	Natalie Dul	9948 1787
Marine Rescue Shark Bay (previously VMR)	Drew Wassman - President	Call 000 for Emergency Info Only: 9948 1376
Shark Bay Arts Council	Claire Cooper - President	0415 612 621
Shark Bay Bowling, Sport & Recreation Club	Mark Smith - President Jamie Burton - Secretary	0438 436 325 - Mark 0427 272 560 - Jamie
Shark Bay Bridge Club	Jillian Hill	0417 177 009
Shark Bay Business Association Inc	Isobel Lockyer - Secretary	www.experiencesharkbay.com
Shark Bay Community Men's Shed	Tony Sckardoon	0435 008 080
Shark Bay Community Resource Centre	Contact the office staff Claire Harrower - Chair	08 9948 1787
Shark Bay Fiesta	Shark Bay Community Resource Centre	08 9948 1787
Shark Bay P & C Association	Tiaza Sellenger - President	0407 129 487
Shark Bay Pistol Club	Vaughan Beavis - President Cheryl Cowell - Secretary	0417 301 397 0417 180 307
Shark Bay RSL	Wayne Moroney	0439 347 683
Shark Bay Speedway Club	Dave Harrower - President	0429 998 944
Shark Bay State Emergency Service (SES)	Katie McKay - Deputy manager Shaun Burton - Deputy manager	Call 132 500 for Assistance Info ONLY: 0429 481 218
Shark Bay Stingrays	Sam Roberts	0431 287 412
Shark Bay Triple C (Cancer Community Connections)	Sherry Baker	9948 3324
Shukokai Karate	Janine Standen	0400 122 439
St Andrew-by-the-sea Anglican Church		9902 6476
St John Ambulance - Shark Bay Sub Centre	Alana Eru	Call 000 for Emergency Info ONLY: 9948 3023
The Shark Bay Entertainers	John Senteneller	0400 625 138
Yadgalah Aboriginal Corp.	Debbie Bellottie	9948 1318
Yadgalah Community Markets	Debbie, Sherry & George	9948 1318 - Yadgalah office 9948 3324 - George & Sherry 0400 169 983

Email	Day(s)	Location
pllewellyn@bigpond.com	Wednesday & Saturdays	Golf Club, Monkey Mia Road
sharkbayherald@westnet.com.au	24/7 Sunday	Foreshore about opposite the Interpretive Centre
hooksonline2005@yahoo.com.au	Tuesdays 1.30pm - 3.30pm	Denham Shire Hall
denhamvfrs@bigpond.com	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> Tuesday every Month	Dampier Road, Fire Station
sharkbaytc@westnet.com.au	Wednesdays 10.00am	Bowling Club, Francis Street
sharkbay@crc.net.au	Tuesday 9.30am (except school holidays)	Recreation Centre
vmrsharkbay@westnet.com.au	4 <sup>th</sup> Monday of every month	Marine Rescue building, Knight Terrace
clarencetot@gmail.com		Arts Shed - 10 Denham Road
sharkbaybowls@westnet.com.au	Scrounges - Saturday, 2pm	Bowling Club, Francis Street
hillhome@bigpond.com	Monday 1pm	Denham Shire Hall
sharkbaytourism02@gmail.com	1 <sup>st</sup> Tuesday of every month	Recreation Centre
sbcmshed@hotmail.com	Monday 10am Wednesday	
sharkbaytc@westnet.com.au	Open Monday to Friday, 9am - 4pm	
sharkbaytc@westnet.com.au		19 <sup>th</sup> - 26 <sup>th</sup> May 2023
sharkbaypandc@hotmail.com	People can contact the School for meeting dates	School Library
vbeavis82@gmail.com chezza@westnet.com.au	Sunday	Pistol Club, Monkey Mia Road
moby@outlook.com.au		
sharkbayspeedwayclub@outlook.com	36 <sup>th</sup> Far Western - 8 <sup>th</sup> July 2023	Shark Bay Speedway Club
sessharkbay@iinet.net.au	Mondays @ 5pm	Emergency Services Building, Durlacher Street
juicensam27@westnet.com.au		
sherry.baker@aussiebroadband.com.au	1 <sup>st</sup> Sunday each month @ 4pm	Yadgalah Aboriginal Corporation
jstanden@westnet.com.au	Tuesday & Friday 5pm - 6pm	Denham Town Hall
standrewssb@gmail.com	Sunday 9am	Anglican Church
sharkbay@stjohnwa.com.au	Office opening hours: Wednesday & Thursday 10am to 2pm	Emergency Services Building, Durlacher Street
sharkbay.entertainers@gmail.com		Denham Shire Hall
yadgalah1@bigpond.com	Monday - Friday	Francis Street
yadgalah1@bigpond.com	Sunday's during school holidays	Francis Street







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Joe: 0419 902 895

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Shark Bay

# Tide-Chart Denham Monkey Mia

MARCH						
Time	m	Time	m	Time	m	Time m
<b>1</b> 0336 1834 WE	0.52 1.37	9 0128 0835 TH 1446 2055	1.17 0.53 1.20 0.75	17 0353 FR	0.49 1.50	25 0303 1.05 0758 0.70 SA 1507 1.46 2253 0.52
2 0451 TH	0.48 1.32	10 0206 0836 FR 1505 2148	1.13 0.60 1.27 0.69	18 0512 SA 2029	0.47 1.44	26 0348 0.96 0.73 SU 1534 1.47 2339 0.51
<b>3</b> 0553 2024 FR	0.45 1.28	<b>11</b> 0244 0834 SA 1526 2237	1.09 0.66 1.34 0.64	19 0609 SU	0.45 1.39	27 0435 0.87 0822 0.76 MO 1602 1.46
<b>4</b> 0638 2147 SA	0.42 1.23	12 0325 0834 SU 1546 2326	1.03 0.72 1.40 0.59	20 0652 1314 MO 1708 2328	0.46 1.07 0.97 1.34	28 0026 0.52 0.534 0.80 TU 0822 0.78 1630 1.43
<b>5</b> 0713 1436 SU 1634 2300	0.41 0.99 0.97 1.21	13 0410 0837 MO 1608	0.96 0.76 1.46	21 0725 TU 1846	0.51 1.16 0.86	29 0116 0.53 1701 1.39 WE
6 0742 1418 MO 1742 2358	0.41 1.02 0.92 1.20	<b>14</b> 0017 0503 TU 0839 1636	0.56 0.88 0.78 1.51	22 0033 0747 WE 1345 2017	1.28 0.56 1.26 0.74	30 0215 0.55 1737 1.34
<b>7</b> 0806 TU 1843	0.44 1.07 0.86	15 0116 WE WE	0.53 1.54	$\underset{\text{TH }1412}{23}  \underset{\text{2116}}{\overset{0128}{0751}}$	1.21 0.62 1.35 0.64	31 0326 0.56 1821 1.27 FR
<b>8</b> 0046 0824 WE 1430 1950	1.19 0.48 1.13 0.81	16 0227 TH	0.52 1.54	24 0217 0749 FR 1440 2206	1.13 0.67 1.42 0.56	SHIRK BRY

MARCH - 2023								
Т	ime n	n	Time	m	Time	m	Time	m
		.81	0814 1433	1.82 0.60 1.81 0.79	<b>17</b> 0230 1922 FR	0.80 1.87	<b>25</b> 0318 0850 SA 1511 2149	1.87 0.87 2.20 0.64
		.72 IU	0835 1451	1.82 0.66 1.89 0.72	<b>18</b> 0422 2117 SA	0.74 1.83	<b>26</b> 0357 0915 SU 1539 2229	1.78 0.98 2.19 0.70
		.67	0857 1511	1.80 0.73 1.96 0.66	<b>19</b> 0528 1228 SU 1651 2300	0.65 1.51 1.30 1.86	<b>27</b> 0434 0938 MO 1605 2307	1.68 1.08 2.13 0.79
<b>U4</b> 1:	313 1 705 1	.47 IZ	0918 1531	1.75 0.82 2.01 0.64	<b>20</b> 0612 1246 MO 1800	0.59 1.66 1.11	<b>28</b> 0514 0956 TU 1630 2348	1.57 1.18 2.04 0.90
SU 1	319 1 759 1	.53 I <b>J</b>	0939 1556	1.66 0.91 2.05 0.65	<b>21</b> 0012 0648 TU 1313 1853	1.92 0.57 1.81 0.93	<b>29</b> 0600 1009 WE 1657	1.47 1.26 1.94
	337 1	.60 14	0959 1626	1.54 1.00 2.05 0.70	<b>22</b> 0107 0722 WE 1341 1942	1.96 0.60 1.96 0.78	<b>30</b> 0041 0717 TH 1013 1736	0.99 1.38 1.33 1.83
U/ 0	726 0 356 1	<sub>.55</sub> 13	1016	1.40 1.09 2.02	23 0155 0753 TH 1411 2027	1.97 0.67 2.08 0.68	<b>31</b> 0209 1850	1.04 1.72
<b>UO</b> 0' WE 1	750 0 415 1	.56	0704 1027	0.76 1.27 1.17 1.95	<b>24</b> 0238 0823 FR 1441 2109	1.93 0.77 2.17 0.63	SHARK BAY	





Copyright Commonwealth of Australia 2021, Bureau of Meteorology Datum of Predictions is Lowest Astronomical Tide

Times are in local standard time (Time Zone UTC +08:00)
Moon Phase Symbols ● New Moon ● First Quarter Moon Phase Symbols

O Full Moon

Last Quarter

# Silver Chain

### **Western Australia**

Silver Chain Shark Bay Normal business hours **Monday to Friday** 

(excluding public holidays)

9.00am to 12.30pm & 1.30pm to 4.00pm

Telephone: 9948 1400

Silver Chain provides AFTER HOURS health services for EMERGENCIES ONLY

**After Hours Emergencies** 

### **EMERGENCY**

If you call the Shark Bay Health Centre after hours you will be transferred through to Health Direct where a Registered Nurse will ask you a number of questions to determine whether you need further emergency assessment by the Shark Bay nurse. If you require further assessment, your call will be put through to the local nurse.

### **Examples of an EMERGENCY include:**

- Breathing difficulties
- Chest pain
- Severe abdominal pain
- Bleeding that can't be controlled with first aid
- Convulsions and fits
- **Deep lacerations**
- Eye or ear injuries
- Uncontrolled high fever
- Loss of consciousness
- Pregnancy bleeding or onset of labour
- A very sick child



"The Old Pub" is truely the community's pub, come and cheer with the locals

We're open daily @ 11am Restaurant Open every day

<u>Coffee and cake special</u> available between 11am-12noon,

> meal times: 12-2pm, 5.30-8.30pm



Check us out on Trip Advisor AWARDED: **4 STAR CERTIFICATE FOR EXCELLENCE!** 

Visit the only hotel in the world where the original part of the building is made of Shell Blocks (tiny compressed cockle shells cut into building blocks from Hamelin Pool)

Friday Jag the Joker 5-7pm Complimentary nibblies





LUNCH SPECIALS

Our Famous BAY BURGER

DEAL!

FREE drink!

Fish, chicken, hamburger, steak burger, vege burger & includes a midi of your choice (beer, soft drink or house wine)

Available 12-2PM DAILY

- Daily meal specials available
- Coffee & Cake @ \$9.50 per person available daily
- Icy cold beverages
- Accommodation available double & twin rooms
- Jukebox / TAB
- We cater to everyone's needs, just ask - nothing is too hard
- Available for catering and platters

POPINAND SAY HI! WE'RE OPEN EVERY DAY

Trading hours: open every day from 11am til late

Phone: 9948 1203 www.sharkbayhotelwa.com.au enquiries@sharkbayhotelwa.com.au

# **Supporting Regional WA**



# Peter Foster MLC

MEMBER FOR MINING AND PASTORAL REGION

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- PeterFosterMLC

# **CRC Editorial Policy & Advertising**

EDITORIAL POLICY

The Inscription Post is produced monthly by the Shark Bay Community Resource Centre in good faith as a means of providing information to the community and to promote the Shark Bay area positively.

An Editorial Management Committee of the Inscription Post has been delegated the responsibility of the editorial role of the Inscription Post and is supported by the Management Committee. All materials submitted by the community are to be factual and non discriminatory. The Editorial Management Committee has the right to edit any items submitted for print, including abbreviating, spelling, grammar and also may withhold or not print at all, any

material considered unsuitable or offensive with no explanation needed.

We are more than happy to accept articles free of charge (subject to the Editorial Management Committee's approval), but limited space is available, so please keep submissions short – a maximum of one page unless prior approval is granted by

the Editorial Management Committee. The author's name must be supplied for any contribution. The articles printed in the newsletter do not necessarily reflect the views of the Editorial Management Committee, staff or volunteers or management committee at the Shark Bay Community Resource Centre.

The Inscription Post is available for purchase from:

- Denham IGA X-Press
- Discovery Centre
- Shark Bay News & Gifts
- Shark Bay Supermarket
- Surf n Dolphin Gift Shop
- Useless Loop

If you are interested in selling the newsletter in your store, contact the Shark Bay Community Resource Centre. 1/8 Page: \$20.00 1/4 Page: \$30.00 1/2 Page: \$50.00 Full Page: \$75.00 Subsequent pages: \$60.00

A discount of 1 month cost applies to advertisements which are paid for the full 12 months in advance.

months in advance.
We are happy to design your advert (for an additional charge)

charge).
Do not hesitate to contact us.
All cancellations of adverts
must be received in writing at
the Resource Centre.

The Inscription Post costs \$2 to purchase. This price covers the cost of paper and printing expenses.

Postal Subscriptions: \$80.00 per annum

Please address all enquiries and correspondence to: The Editorial Management Committee - Inscription Post Shark Bay Community Resource Centre. PO Box 58, Denham WA 6537 Telephone: 08 9948 1787 sharkbaytc@westnet.com.au

The DEADLINE for submissions into the Inscription Post is the 25<sup>th</sup> of each month

Please send your articles to: sharkbaytc@westnet. com.au



### INCORPORATED ASSOCIATIONS SELF CHECK

The following assessment will help your Committee of Management identify areas of non-compliance with the *Associations Incorporation Act 2015.* **This form is not required to be lodged with Consumer Protection.** 

### ANNUAL GENERAL MEETING (AGM)

Requirement	Complied	Guidance notes
An AGM must be held every year within six months <b>after</b> the end of the association's financial year ( <b>section 50 of the Act</b> ).	☐ Yes ☐ No	The association sets its own financial year which is included in the rules.  An application for an extension should be submitted to Consumer Protection if the AGM cannot be held within the 6 months.
A notice regarding the AGM has been sent to all members in accordance with rules (commonly called a constitution).	□ Yes □ No	All members are entitled to receive notice of any general meeting.
Quorum present at the AGM.	□ Yes □ No	The meeting will not be considered to have been held if there is no quorum present.
RESOURCE: INC Guide: Meetings	-	

### ACCOUNTING RECORDS AND REPORTING

NOTE: The reporting requirements of an association will depend on its total annual revenue.

Tier 1: revenue up to \$500,000 Tier 2: \$500,000 to \$3 million Tier 3: over \$3 million

Requirement of the Act	Complied	Guidance notes
Accurate accounting records kept (s66).	□ Yes □ No	The financial accounts must record and explain their transactions, position and performance.
Annual accounts are prepared within 6 months <b>after</b> the end of the association's financial year ( <b>s68</b> , <b>71</b> , <b>74</b> )	□ Yes □ No	The accounts should give a true and fair view of the association's position and financial performance for the financial year.
Accounts prepared in accordance with the requirements of association's Tier (s68, 71, 74)	□ Yes □ No	Tier 1: income and expense report and statement of financial position (balance sheet).  Tier 2 and 3: financial statements, notes and committee declaration prepared in accordance with the Australian Accounting Standards.  INC Guide: Tiered financial reporting
For Tier 2s – The annual accounts have been independently reviewed (s72).	□ Yes □ No	See also: Reporting requirements for Tier 2 and 3 associations
For Tier 3s – The annual accounts have been independently audited (s75).	□ Yes □ No	

Financial records are kept for 7 years	☐ Yes	
(s67)	□ No	

### **RECORD KEEPING**

Requirement	Complied	Guidance notes				
RULES OF ASSOCIATION (CONSTITUTION)						
The association keeps an up to date copy of its rules ( <b>s35(1)</b> ).	☐ Yes ☐ No	The rules lodged with Consumer Protection are the legally effective rules. If required, a copy can be purchased from Consumer Protection.				
Each new member of the association is provided with their own copy of the rules when they join the association (s36(1)(6)).	□ Yes □ No	<ul> <li>The association can comply by:</li> <li>providing a hard copy to the member;</li> <li>emailing a copy to the member; or</li> <li>providing details for a website where the rules can be downloaded.</li> </ul>				
The rules are made available to members to inspect and copy if requested (s35(2)).  A copy of the rules or any particular part is given to a member, free of charge, if requested (s36(1)(a)).	☐ Yes ☐ No ☐ Yes ☐ No	INC Guide: Members' access to the records				
REGISTER OF MEMBERS	·i					
The association keeps an up to date Register of Members ( <b>s53</b> )	□ Yes □ No	The register must include the name and address (residential, postal or email) for each member. It is required to be updated within 28 days of any change in membership details occurring.				
The Register of Members is made available to members to inspect and copy if requested ( <b>s54</b> ).	□ Yes □ No	The requesting member is entitled to access the name and address information contained in the register.				
A copy of the Register of Members is	☐ Yes	<ul> <li>The Privacy Act 1988 (Cth) does not override these requirements of the Act.</li> </ul>				
provided to a member where requested in writing ( <b>s56</b> ).	□ No	<ul> <li>An association's rules may empower the committee to request a statutory declaration from the member prior to the register being made available (s54 &amp; 56).</li> </ul>				
		INC Guide: Members' access to the records				
OTHER RECORD KEEPING						
The association has a copy of its certificate of incorporation.	☐ Yes ☐ No	If required, a replacement can be purchased.				
The association keeps an up to date Record of Office Holders ( <b>s58</b> ).	□ Yes □ No	The record must include the name and address (residential, postal, business or email) for each committee member.				
The Record of Office Holders is made available to members to inspect and copy if requested (s58).	□ Yes □ No	Members are permitted to inspect and copy the record.				

Other records made available for inspection by members in accordance	☐ Yes	The association's rules must specify what rights members have to inspect other records such as
with rules	□ No	minutes, correspondence and financial documents.

### **COMMITTEE RESPONSIBILITIES**

Requirement	Complied	Guidance notes			
ELIGIBILITY AND APPOINTMENT					
All committee members are eligible to sit on the management committee	☐ Yes	The rules will include eligibility requirements to hold a committee position.			
(s39).		Some people are prohibited from sitting on a committee without approval from Consumer Protection. For example an un-discharged bankrupt.			
		Fact sheet: Eligibility requirements for committee members			
All committee members have been properly elected/appointed in accordance with rules.	□ Yes □ No	The procedures for electing the management committee members and filling any casual vacancies are required to be set out in the rules.			
HANDOVER OF RECORDS		A			
All association records in the possession of an outgoing committee member are returned (s41).	☐ Yes ☐ No	The records must be delivered to a current committee member as soon as practicable when a person leaves the committee.			
		INC Guide: Leaving the committee			
CONFLICTS OF INTEREST					
Committee member to declare any material personal interest ( <b>s42(1)</b> )	☐ Yes ☐ No	A committee member must disclose any material personal interests they have in matters being considered at committee meetings.			
Disclosure recorded in the minutes for the meeting ( <b>s42(6)</b> ).	□ Yes	The disclosure must explain the nature and extent of the interest and how it relates to the association's			
Committee member to leave the	□ Yes	activities.			
meeting while the matter is discussed and voted on ( <b>s43</b> ).	□ No				
Committee member to disclose their interest to the members at the next general meeting ( <b>s42(2)</b> ).	□ Yes □ No	Factsheet: Identifying and managing conflicts of interest  INC Guide: The role and duties of the management committee			

### REPORTING TO CONSUMER PROTECTION

Requirement of the Act	Complied	Guidance notes
Association contact details lodged with Consumer Protection are up to date (s175).	□ Yes	When a change occurs the address must updated within 28 days. The notice can be made using <a href="mailto:AssociationsOnline">AssociationsOnline</a> .
		Help guide: Managing my association's details

Associations Information Statement submitted (s156).	□ Yes □ No	An information statement must be lodged every year within 6 months after the end of the association's financial year.
		Video: Lodge annual information statement

Requireme	ent of the Act	Complied	Guidan	ce notes		
Written notice given of general meeting and proposed special resolution. Notice sent to all members  Proposed special resolution(s) passed by 75% majority of members who are eligible to vote at general meeting		□ Yes □ No	The notice must state the special resolution and be the time and manner requ	given in accordance with		
		☐ Yes ☐ No				
		□ Yes □ No	Members may vote in person or if the rules allow, by proxy or postal vote.  Video: Voting on the new rules  The changes must be lodged in order to have legal effect.  Video: Notify the department of a change of rules			
	mendments to the rules lodged with onsumer Protection within <b>one</b> onth.					
RESOURCES:	INC Guide: Altering	the rules				
			by step videos, model rules	Schedule 1 checklist		
ACTION REQ	UIRED:					
ACTION REQ	UIRED:					
SSOCIATIONS A	All applications and forms using AssociationsOnline	available at	ASSOCIATIONS INC CUIDE	Available online at www.commerce.wa.gov.au/i		
SSOCIATIONS AU	All applications and form: using AssociationsOnline www.dmirs.wa.gov.au/as	available at	ASSOCIATIONS INC CUIDE			
ONTACT US:	All applications and formsusing AssociationsOnline	e available at sociationsonling	ULATION AND CONSUM	www.commerce.wa.gov.au/i		

Disclaimer: the information contained in this publication is not intended to be legal advice and should not be relied upon as giving legal advice



# M&RCH 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1	2	3	4	5
		10am Kindy Gym     10am-2pm     SJA ambulance office open     1:30pm Golf, 9-hole stableford     6:00pm Basketball	10am-2pm SJA ambulance office open     3pm Bible Study     6:30pm Barefoot Bowls     Chiropractor at CRC		1:30pm Golf, 9-hole stableford     5:00pm Scrounges	9am service at St Andrew's by the Sea     10am SB Christian Fellowship, on the foreshore
6	7	8	9	10	11	12
10am Mens Shed     1pm Bridge Club     * Labour Day - Public Holiday	• 9:30pm Kindy Gym • 1:30-3:30pm Crafters • 5:30pm Firies	10am Kindy Gym     10am-2pm SJA ambulance office open     1:30pm Golf, 9-hole stableford     6:00pm Basketball     International Women's Day	10am-2pm SJA ambulance office open     3pm Bible Study     6:30pm Barefoot Bowls     * The Shark Bay Entertainers AGM		1:30pm Golf, 9-hole stableford     2:30pm Scrounges	9am service at St Andrew's by the Sea     10am SB Christian Fellowship, on the foreshore     1pm Pistol Club
13	14	15	16	17	18	19
10am Mens Shed     1pm Bridge Club     5pm SES Training     6:00pm Volleyball	• 9:30pm Kindy Gym • 1:30-3:30pm Crafters • 5:30pm Firies	10am Kindy Gym     10am-2pm     SJA ambulance office open     1:30pm Golf, 9-hole stableford     6:00pm Basketball	10am-2pm     SJA ambulance office open     3pm Bible Study     6:30pm Barefoot Bowls		1:30pm Golf, 9-hole stableford     2:30pm Scrounges	9am service at St Andrew's by the Sea     10am SB Christian Fellowship, on the foreshore     1pm Pistol Club
20	21	22	23	24	25	26
10am Mens Shed     1pm Bridge Club     5pm SES Training     6:00pm Volleyball     * Chiropractor at CRC	• 9:30pm Kindy Gym • 1:30-3:30pm Crafters • 5:30pm Firies	10am Kindy Gym     10am-2pm SJA ambulance office open     1:30pm Golf, 9-hole stableford     6:00pm Basketball	10am-2pm SJA ambulance office open     3pm Bible Study     6:30pm Barefoot Bowls		1:30pm Golf, 9-hole stableford     2:30pm Scrounges	9am service at St Andrew's by the Sea     10am SB Christian Fellowship, on the foreshore     1pm Pistol Club
27	28	29	30	31		
10am Mens Shed     1pm Bridge Club     5pm SES Training     6:00pm Volleyball	• 9:30pm Kindy Gym • 1:30-3:30pm Crafters	10am Kindy Gym     10am-2pm SJA ambulance office open     1:30pm Golf, 9-hole stableford     6:00pm Basketball     * Shire meeting*	10am-2pm     SJA ambulance office open     3pm Bible Study     Canva training course at CRC			

### 2023 SCHOOL TERM DATES

Term 1	Wed 1 February - Thurs 6 April	Term 3	Mon 17 17 July - Fri 22 September
Holiday	Fri 7 April - Sun 23 April	Holiday	Sat 23 September - Sun 8 October
Term 2	Mon 24 April - Fri 30 June	Term 4	Mon 9 October - Thurs 14 December
Holiday	Sat 1 July - Sun 16 July		