





~ SUNDOWNER EVENT ~ **5th Dec**



Community Resource Centre

Your local connection

THURSDAY 8 DECEMBER







Executive Officer's Report



AGM

The Shark Bay Community Resource Centre (SBCRC) is an incorporated not for profit organisation that is managed by a voluntary management committee. Staff in our centre are paid as employees to deliver community level outcomes in the form of access, information and activities as directed and guided by the committee. Our current committee consists of some pretty amazing volunteers that represent a vast demographic in our community and includes Sharyn Burvill, Claire Harrower, George Livesey, Fay Castling, Julie Robins, Bryan Riddick, Dave Harrower, Sherry Baker as well as representatives from the Shire of Shark Bay including Ash Buchholz and councillor Peter Stubberfield. Like other incorporated organisations we need to hold an annual meeting which will be held at the Shark Bay Bowling Sport and Recreation Club form 5pm on Saturday 3rd December. It's a great opportunity for our committee and staff in both the CRC office and Recreation Centre, as well as stakeholders, volunteers and our community we service to congregate together and celebrate the successes and achievements of our organisation from the 2022 year. The invitation to attend is extended to all so we hope you can come and join us. We are always looking for new committee members that are interested in joining and assisting to keep us informed with the needs and wants in our community. The staff are employed to do all the hands on hard work, so honestly it is a easy and rewarding committee to be invovled with.

International Day of Person's with Disability

The SBCRC has been successful in securing funds through Developmental Disability WA to host an International Day of People with Disability event. On the 3rd December at the Shark Bay Bowling Sport & Recreation Club we will be hearing from inspirational speaker, self publishing author and small country town lad Joel Whitwell as he will share his story of love, support, equality and resilience. When strangers would stare at Joel as a child, his mother would tell him they were only staring because of how beautiful he was. He looked different to other kids growing up, he was born with a craniofacial deficiency and had only one ear and



one eye. Nevertheless, growing up in the Harvey community of Western Australia, gave him the courage to go out into the world and show his true colours.

Joel now travels the state on his days off to share his story in communities, at functions, book signings as well as in schools teaching youth about resilience, acceptance, overcoming adversity, bravery and treating others with kindness and compassion. He has also shared and delivered his own Ted Talk.

Come join us as we hear Joel's struggle and successes and enjoy a friendly chat and laugh over a drink and free dinner afterwards. This is an appropriate event for all ages starting at 5:30pm.

New Employees

We wish to welcome two friendly new faces into our Centre on a part time basis, Elisa Novello and Bella Parsons. Both have been warmly welcomed by customers and have been a positive edition to our staffing team. Make them feel welcome the next time you pop in.

Friendly Reminders

Don't forget to log into your associations online account and lodge your 2022 financial tax year information. A requirement of all community groups who are governed by a constitution. If you are unsure, pop into the CRC and our friendly team will do our best to assist.

Jamie Burton - Executive Officer, SBCRC

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1 - 4 pm Saturday 3rd December 2022



The Gathaagudu Animal Tracking Team invite you to take a bite out of science with an afternoon of nature, storytelling, and community!



Including videos and presentations from scientists, community members, and local businesses: the Buyungurra Nyarlu Gang, Tidal Moon Pty Ltd, Aristocrat, and more!



Save the Date

Where: Shark Bay Town Hall Meeting Room 42 Hughes St.

When: 1 - 4 pm

Snacks and refreshments provided!

GATHAAGUDU ANIMAL TRACKING PROJECT

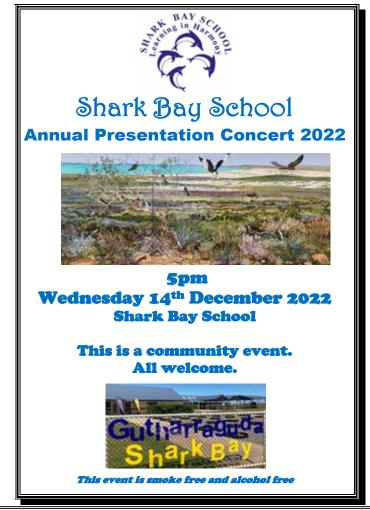
















We need new faces and people with new ideas for the Association to prosper.

ALL POSITIONS WILL BE VACANT as per AGM requirements.

RSVP for catering purposes. Drinks are not included in the refreshments.



Shire of Shark Bay Notices



~ SUNDOWNER EVENT ~

MON 05 DEC

SHARK BAY DISCOVERY
& VISITORS CENTRE
GALLERY

53 KNIGHT TERRACE

5PM **TO** 6:30PM

FOOD & DRINKS PROVIDED

REGISTERED VOLUNTEERS RECEIVE A SMALL GIFT

Please RSVP by Friday 25 November 2022 with your name & volunteer organisation(s) to the Shire on 9948 1218 or email cdo@sharkbay.wa.gov.au.

SUPPORTED BY THE DEPARTMENT OF COMMUNITIES







SHIRE OF SHARK BAY

CHRISTMAS OPENING HOURS

Shire Administration Office Christmas 2022 Closure

Closes 22nd December 2022, at 4.00 pm

Re-opens 3rd January 2023, 8.30 am







Shire of Shark Bay Notices



Denham 125th Anniversary

Exhibition in the Rose de Freycinet Art Gallery

2023 marks the 125th Anniversary of the Denham Townsite being gazetted (6 May 1898). The Shark Bay World Heritage Discovery & Visitor Centre is seeking expression of interest for exhibit items to assist with the celebration.

- Photographs
- ✓ News articles
- Historical objects
- ✓ Memorabilia

We are seeking items from current/past residents, local community groups and businesses that represent Denham's 'way

Items will be on loan from March - July 2023

For further information contact Shark Bay World Heritage Discovery & Visitor Centre on 9948 1590





PUBLIC NOTICE DATES AND TIMES FOR THE ORDINARY **COUNCIL MEETINGS FOR 2022**

In Accordance with the Local Government Act 1995 Council wishes to advise that the Ordinary Council meetings for 2022 will be held as follows:

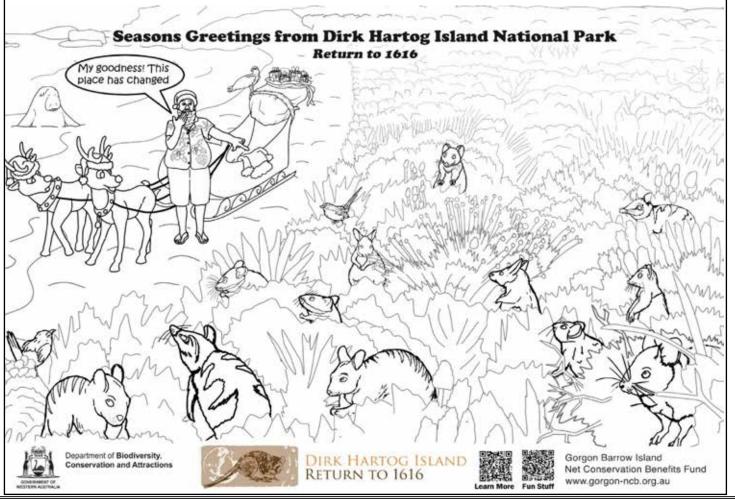
December 2022 -Wednesday 14 Commencing at 3.00pm in Council Chambers.

Dale Chapman - Chief Executive Officer

REMEMBER TO COVER YOUR LOAD



PENALTIES APPLY FOR UNCOVERED LOADS AND LITTERING



Shark Bay

The Crew in Blue

After a brief hiatus we are back, for us it has been a month of helping out our colleagues at Burringurrah Police Station. Which is why you may not have seen much of us around the last month or so. It reminds us that one of the best things about our job is that we have the opportunity to travel all over the state and having the chance to assist in Burringurrah was another example of where we have were lucky to visit somewhere in this great state.

Recently many of you may have noticed that we had the speed camera in town. More and more we have members of the community speak to us about vehicles speeding around town, with the same few streets being mentioned by multiple people. Having this asset operating in town for a few days, which we understand is something that has never happened before in Shark Bay. Is now something that we expect to happen more often not only in here but all over the district, as up until now you would typically have only seen the camera in the Geraldton area.

What may shock a number of people is the stats from those few days, in the short time it was here the operator had 586 contacts of which 128 were given traffic SPEED CAMERA infringements which works out to be 22%, with the highest



speed being recorded at 40kph over the posted speed limit. To put that in to perspective, the same operator will typically have over 1,000 contacts in a shift down in Geraldton and only give out around 5 traffic infringements.



The message we would like to be taken from this, is that Shark Bay is your town. The town where your children and your friends children walk the streets, where our beloved local fauna wander. Where ever it is that you are going in town, we are sure you can get there while observing the speed limit and it not affecting your day. So please slow down, drive safe and arrive safe.

Summer is here, the mercury is beginning to rise and soon the holiday makers will arrive. As always, our message is as always secure your vehicles your homes and make it harder for crooks.

> Constable Colin, Shark Bay Police Tel: (08) 9915 9100



Living with History

A case of mistaken identity

Back in the sixties I was working for Gordon Lyndsay, a JP and town Coucillor who had the Golden Fleece Service Station at the end of Hughes Street in Shark Bay. One day after answering the phone, Gordon told me to head to the Police Station. It seemed that Fred, the relieving policeman,

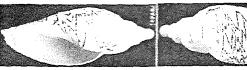


had apprehended a couple of escapees from the Geraldton jail. He had to take them out to the 23-mile airstrip to meet a plane and escort from Geraldton. As the prisoners were considered dangerous, Fred did not fancy being on his own with them, so Gordon had generously volounteered my services.

When I had a good look at his customers I was not very impressed, but we got out to the strip without incident just as a light plane landed. Two burly coppers got out and had a few wards with Fred. That's when things took a turn for the worse. I don't know who had briefed the Geraldton cops. but there seemed to be some confusion. Before I knew what was happening I found myself being hustled towards the plane, much to the amusement of the two jailbirds. After a hurried explanation from Fred, I was reluctantly released. On the way back to town I told Fred to drop me at the pub. It was then up to him to explain to Gordon that I was taking the rest of the day off to recover from my fright. I reckon that was a good enough excuse anyway.

Extracted from the written works by Nugget McClymans (deceased)

WANTED !! - SEA SHELL COLLECTIONS



PERTH SHELL DISTRIBUTORS

Worldwide specialist in Seashells for Collectors

Merv Cooper conchologist

** ATTENTION **

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E: mery@perthshells.com

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P. O. Box 7037 Safety Bay 6169 We pay top prices and postage costs. 12 Ambrose St. Rockingham 6168

www.perthshells.com









Shark Bay School News

Public School System plans

Our school system, and every school within it, is always looking for ways to improve. Our Manager Corporate Services (MCS) Bec Moroney, our Head Cleaner Kerrie O'Neill and Gardener Jamie Chalmers, and I, all attended some key professional development in Geraldton in November. We recognize that our school is cleaned and gardened to a very high standard and it was great for our team to hear about best practice and know it is being implemented, plus picking up some good ideas and recommendations. MCS representatives heard about gold standard practice in managing a workforce and again found that Shark Bay has all the key practices in place, but picked up some ideas for things to do even better. The sessions for Principals included information on some key new policies being introduced across the public school system, including a focus on teaching and testing phonics very explicitly in the early years and ensuring teaching teams are best supported to implement the very best teaching for our students.

I came away confident that our school is implementing good practice and already has many of the new recommendations in place, and with some clear directions for ways we can work even better. The Department of Education recently launched its Quality Teaching Strategy, which is one of the biggest innovations in education in WA for several years and is planned to ensure a culture of best teaching and commitment to excellence in all schools. Each school will implement the strategy in context-specific ways, and for us this will include building on our current commitment to evidence-based practice, strong literacy foundations and increasingly consistent teaching practices across the school.

At the start of 2023 we will conduct a special 'School Culture Survey' open to all stakeholders, which is planned to evaluate our school and community's understanding of, and commitment to, ongoing improvement and help us identify the next steps. It's a really exciting time in the education field and will involve our school being able to make stronger connections with other schools and share practice with other teachers.

Melbourne Cup Colours Assembly

We all dressed in bright colours to honour our favourite horses in the Melbourne Cup on Tuesday November 1st, at an Assembly in which certificates were awarded to: Adelle, Eyrie, Denham,

Lucas, Levi P, Miah, Brody and Tiah. SIDE Certificates of Commendation: Rane, Telleisha-Rose, Tiah and Gian for English;

Amayah, Lilly W, Renzer,

Well done everyone.





Remembrance Day

We held a brief service and minute of silence on Friday 11 November led by Ms Brennan and the Y6 students.





Australian Red Cross Pillowcase Project

It was great to have Sue Bumbak and the Red Cross team visit our Year 3-6 students on Monday 14 November to present their Pillowcase Program. This is an emergency resilience education program designed to help build student knowledge and capacity in emergency preparedness. Students were led to discuss the importance of being prepared, practically and emotionally for an emergency, including what to have ready in an emergency kit. Each student was given a pillowcase to decorate and take home, to start their own personal emergency kit. The program has won the Resilient Australia award in the community category for WA. Insect Investigators Project We have had preliminary results from our participation in a national insect identification project. Of the 152 species we caught and that were DNA barcoded, 85 of them (56%) were not caught by any other schools during the project. Of the 152 different species DNA barcoded from our samples, 42% of them (64 species) were not represented on the Barcode of Life Database nor caught by other schools, which means they are completely new records for the Barcode of Life Database. This contribution is really important, as it helps build up the DNA barcode library of Australia's insects. Many of these may be species that are new to science (undescribed/unnamed) but they may also be species that have a name, but have just not been DNA barcoded before. We'll know more when we hear from the taxonomists! Thanks Miss Gabi for involving our students in the program.

Sustainability

We are thrilled to have had solar panels installed to assist us in reducing our carbon footprint and electricity bills. The panels



will make a useful contribution to our power needs, and the monitoring system will allow us to track and try to lower our usage where we can for further savings. Our panels are working well and typically supplying between 30-50% of our power needs. We seem to be preventing generation of about 400kg C02 per week. The next step is training ourselves in that critical step of 'switching off' whenever electrical devices are not needed.





School Council

Our Council is holding its AGM on Wednesday 30 November at 4pm in the Library. All welcome. This meeting will provide an overview of our year and of key plans for 2023.

Staff Changes – looking ahead to 2023

At the end of this year we will be saying goodbye to Mr James, who came to us for Semester 1 and stayed to see us through the year when Mr Copeland decided to resign after many years at the school. Mr Copeland is well-known in town and we wish him all the very best for the future and hope he will keep in touch on his visits back. Mr James has given our students a huge boost in the HaSS curricular area this year, his area of teaching expertise, making a great change from online lessons for our Y7-8 students. We have enjoyed having him on the team and thank him for working with us.

We have appointed a new permanent teacher to oversee our high school students and support the transition from upper primary to high school, and look forward to welcoming Mr Shaun Morris at the start of 2023. We have also created a new part-time SIDE Coordinator role to enhance the support for our high school students and will be advertising for that permanent position in 2023. Mr Riddick will be taking a year's leave, and we will welcome back Ms Jody Barton to join the team in the junior classes. Final class structures are always subject to change as enrolments fluctuate and we will announce classes and teachers in January.

Science - belated 'Nerd's Party in the Lab'

Miss Gabi had originally planned a science party to celebrate Science week, but due to COVID risks at the time, it had to be postponed to November 15 in class, and it was clearly worth the wait!



Student Engagement Policy revision

Our current Student Engagement Policy was written in 2019 and it is good practice to review things every 3 years; we also expect a new departmental Student Behaviour Policy to be released very soon, so now is a good time to reflect on our own policies and practices to enhance student engagement and well-being at school. Our current policy and style of supporting student behaviour is in line with what is known as positive behaviour support, i.e. teaching and supporting students to make good choices, not just punishing behavioural mistakes.

The first step of reviewing and looking for ways to further improve was to seek the students' own views and suggestions about what is fair, what is currently working well, and what could be better. Every student and educator at school on Friday 18 November took part in a workshop to brainstorm the elements of an 'ideal' student engagement policy and associated expectations/rules which everyone feels to be fair and easy to implement. Our high school students helped lead the multi-age groups in discussion.



Year 8 students completed a unit of work including still life painting and there were some great examples. This is Katie's fruit bowl.

Safety on site

Please monitor your child/yourself for symptoms of COVID-19 and follow guidance on https://www.healthywa.wa.gov.au. WA Health 1300 316 555.

Further help is available:

- KidsHelpline 1800 551 800
- Youth Beyond Blue 1300 224 636
- Headspace.org.au

Coming up:

2/12 Certificate Assembly with class highlights 5-9/12 Secondary Students' Skateboard Park Art Project, with the Arts Council 8/12 Transition Morning 12/12 Y6 Graduation

13/12 Christmas Service at school 9 am 13/12 Secondary School Industry Road Show

14/12 EOY Presentation Concert 5 pm 15/12 Students' Last Day, Newsletter

Shark Bay School 55 Francis Road Denham WA 6537 Ph 9948 0000

Principal: Celia. Elissegaray@education.wa.edu.au

https://myschool.edu.au/school/48507

https://www.det.wa.edu.au/schoolsonline/overview.do?



Gascoyne Chiropractic is visiting Denham at the Shark Bay Community Resource Centre. Our next visits are;

<u>December</u>

To make an appointment please call 9941 1490



December 2022 Shark Bay Inscription Post

IN AN EMERGENCY DIAL 000

Our volunteers attended this many call outs:

Jan - 9
Feb - 8
Mar - 11
Apr - 18
May - 24
June - 20
July - 19
August - 14
September - 10
October - 7

The total for 2022 is: **146**

November - 6

St John



VOLUNTEER NOW!

Skills, fun, friends, fulfillment & more.

Apply now online

stjohnchangelives.com.au or talk to us 1800 069 393

Volunteer Support Officer -Non medical capacity 5hrs per month

Opportunities Include:

- Membership on Committee at Sub Centre (eg.Chairperson, Treasurer, general committee member)
- Gardener / Cleaner Clean and maintain outside of building
- Cleaner Clean and maintain inside facility
- Events / Social Co-Ordinator

Volunteer Ambulance Officer

- Attend ambulance jobs. This includes emergency situations and routine patient transfers
- Attend public events to provide first aid services
- Attend training regularly to maintain skills
- Complete accurate records for ambulance calls
- Work effectively with your partner on ambulance calls and with other members of the sub centre

Cancer Council WA

Lung cancer is the most common cause of cancer death in Western Australia. So, look out for the following lung cancer symptoms:

Coughing or spitting up blood,

Or, for more than four weeks:

- new cough or change to your usual cough
- a lot of chest infections
- finding it hard to breathe
- losing weight without trying
- not feeling hungry
- pain in your chest and/ or shoulder
- feeling tired or lacking energy
- changes to the voice, such as hoarseness /croaky voice.

It's important to tell your doctor, clinic nurse or Aboriginal health worker straight away if you notice any symptoms.

Getting our symptoms checked out and treated early means we can get back to the people we love and the things we love doing.

Visit https://bit.ly/3S24Fzj or call our Information and Support Line on 13 11 20 for more cancer symptoms and information.





Denham COVID-19



Denham Town Hall

Hughes St, Denham 6537



Clinic times:

Tue 13 December 12:30pm - 3:30pm

Wed 14 December 8:30am - 12:00pm

Had COVID-19?

ATAGI recommends that you wait THREE MONTHS after a confirmed COVID-19 infection, then receive your next COVID-19 vaccine dose as soon as possible.

Get your FREE COVID-19 vaccine to ensure you have the best protection against COVID-19. Child and adult COVID-19 vaccines are available. Medicare cards are not needed to get vaccinated.



For your nearest clinic please scan QR code or visit: rollup.wa.gov.au/locations

We acknowledge the traditional owners of the land and pay our respects to their Elders, past, present and emerging.



Government of Western Australia WA Country Health Service

St John Shark Bay Sub Centre

Four local ambulance volunteers have been recognised for their outstanding care of a patient who had collapsed at Eagle Bluff in August.

Against incredible odds the patient survived and a few weeks later was able to be medically evacuated back to Singapore. The nomination was received from Dr. Edward Schaefer who is the head of Emergency Telehealth Services, and via video

link Dr. Schaefer and his team oversaw the patient's care whilst at the nursing post.

Also commendable is the 24 year old farm hand from Geraldton (he wishes to remain anonymous) who was first on scene. He had recently completed his Provide First Aid course and was a confident and effective first responder. Well done.



St John WA presents the

Certificate of Commendation

Dear SJA,

On behalf of WACHS Emergency Telehealth Service I would like to forward the names of four SJA volunteers who did outstanding work yesterday in caring for 61 year old mad who had a cardiac arrest at the Shark Bay lookout.

The man required CPR, defibrillation at the scene followed by 4 hours of ventilation via bag valve mask. He required high level care for 6 hours until he could be extricated by RFDS.

These volunteers worked tirelessly to save this man's life, and their efforts ought to be acknowledged at the highest possible level. They supported the nurses at site until RFDS arrived, spending their entire day in service to the community.

The man survived, and is currently in hospital in Perth.

The volunteers are:

- Karen Gidley
- Alana Eru
- Mark Smith
- Liz Manning

The wonderful volunteers are truly are a credit to your organisation.

Kind regards, Ed Schaefer

On behalf of WACHS ETS and the Command Centre CNC Team.



Real Futures

Real Futures is the provider for Centrelink throughout the year we have been successful at placing Job Seekers into various positions through out Shark Bay.

In October we had seven Job Seekers and two School Students attend a three day Barister Course run by Geraldton TAFF

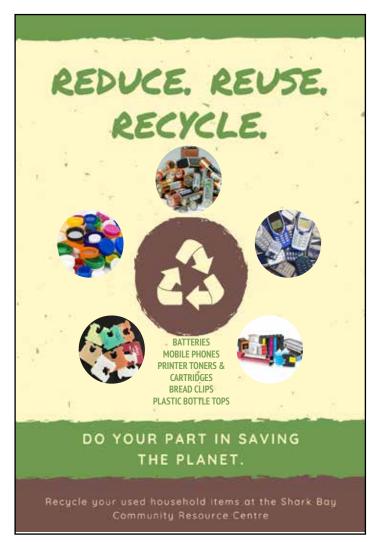
On the 22nd and 23rd November we held a Skid Steer and Excavation Course which was attended by five Job Seekers and Four Shire employees this was run by Carnarvon TAFE.

Next year we will be looking at further training that is needed for the community to assist with future employment for Job Seekers and other members of the Shark Bay community if you have any suggestions on types of training you would like to see here please give me a call.

I would like to thank the Job seekers and the employers for their support and assistance throughout 2022 and wish you all a Merry Christmas and all the best for the New Year.

For more information about Real Futures Denham please email me or call me: barbara.stormon@realfutures.net Phone (08) 9928 9140 or 0438 479 491









Shark Bay Parents and Citizens Association Incorporated

2022 has seen us very busy with a variety of fundraising activities. We have done raffles for Mother's Day, Father's Day, Easter, Sports Carnival and End of Year Concert.

We held a successful Blind Footy Tipping Competition with our first EVER three-way tie winners.

We hosted lunches fundraisers, 5c Challenges, Mother's Day and Father's Day Stalls, Sunday Footy Fun Sessions, and a Disco.

We couldn't have done all this without the generous support of our sponsors.

Thank you to our sponsors for 2022

Ocean Park
Shark Bay Hotel
Shark Bay Fuel, Fishing & Camping Centre
Shark Bay Speedway
Sofie Hayes
Shark Bay Pharmacy
B Well Health
Old Pearler Restaurant
Summer Gypsea
Captain Cutters Hair Salon
CDH Electrical
Kathleen Gibbs
Heritage Resort
Mitchell and Brown Retravision
Shark Bay CRC

We continue to receive support from our school community with many hours of volunteering given to help host our

Shark Bay Ray White

Surf 'n' Dolphin

Shark Bay Discovery Centre

wonderful events. We thank each and every one of you for all that you do; you may not think it's much... but it is all very much appreciated. We hope to see this continue in 2023.

We received funding from the Shire of Shark Bay to host a FUN DAY for the end of 2022; there will be a slushy machine and a snow cone machine to help the students cool off. These wonderful additions to the P&C resources will help us raise funds throughout 2023 at various community functions in town.

2023 is going to be a great year for our P&C. We have some wonderful fundraising ideas and have had some expressions of interest from potential NEW MEMBERS!

Our AGM is planned for Term 1, Week 3 Wednesday 15th February 2023 @ 4.30pm at the Shark Bay Bowling Club (venue tbc). We are hoping to have a family friendly venue for our AGM so everyone can come together and hear our wonderful ideas!

At the AGM all positions will be declared open.

We would like to take this opportunity to thank our very small, but extremely hardworking committee; Tiaza, Natt, Claire, Tish and Celia.

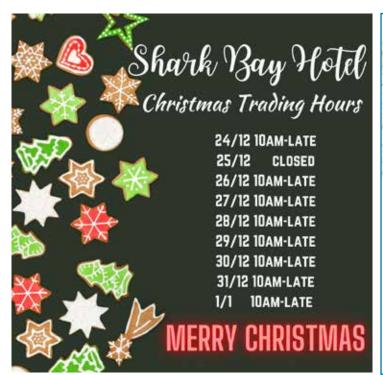
Contact details; sharkbaypandc@hotmail.com

Merry Christmas and a Happy New Year.

Bec Moroney (Secretary)

Notices











The Future of Marine Radio in Western Australia

A full transcript can be downloaded at: https://c07b9913-5c75-43a0-a6f8-c9f8c6249f09.usrfiles.com/ugd/c07b99_a78f097ee0d942bd9488db65a557d4c3.pdf?fbclid=lwAR3vuHa6OPRC_Q9tzvZy-TG4uLuFpaGPdgTfU7Y16btcl7eE8BRy98JSW68

One of the more contentious issues arising from the Recreational Vessel Safety Equipment Review announced in October 2021 has been the phasing out of 27 MHz marine radios over a five-year period. From a date (yet to be announced) in 2026 it will be mandatory to carry either a HF or VHF marine radio on any registrable vessel when operating more than 4 nautical miles from shore in unprotected waters.

From a Marine Rescue point of view, this means that 27 MHz will no longer be available for Log-on/Log off and will not be monitored by Coast Stations. We would expect an increased level of safety with everyone on the same platform. What has caused angst among some recreational boaters is that to legally operate a Marine VHF Radio, a Certificate of Proficiency is required.

Here we will attempt to address some of these concerns:

Q. Why is 27 MHz being phased out?

A: Mainly for technical reasons. Among other things, it is outdated technology and suffers from a number of problems. or instance, it is prone to electrical interference from various sources; ignition noise, other electronics, thunderstorms, other vessels broadcasting on different channels nearby, ionospheric "Skip," and it's not designed to be interfaced with other electronic devices such as GPS and AIS.

Q. I thought VHF was Citizen's Band radio, so why do I need a license to talk on it?

A. Marine VHF Radio is actually an integral part of the Global Maritime Distress and Safety System (GMDSS). The GMDSS is an internationally recognized distress and radio communication safety system. It is mandated internationally by the International Maritime Organization (IMO) - Safety of Life at Sea Convention (SOLAS) and carries the force of an International Treaty. It's not a license you need, but an internationally required proof that you are able to operate your radio correctly and know the procedures to follow in distress and urgency situations, a Certificate of Proficiency.

Q. If I don't have a certificate, can I be fined for operating without one?

A. The consequences can be serious if an individual is caught operating an unlicensed two-way radio. Under the Radiocommunications Act 1992, those found guilty of this offence may face jail terms of up to two years, plus a fine of \$165,000. A \$220 on-the-spot fine can be issued in minor cases. This can also include the forfeiting of your radio equipment. While there is little or no enforcement in WA at present, that will probably change if problems arise in the future if thousands of unqualified operators start causing problems to the commercial sector.

Q. Why can't the Government scrap the VHF operator's certificate and the associated fees to encourage the migration to VHF, or is it just another way of making money out of us? A. The Government doesn't have the authority to do that. As mentioned before, the Operator's Certificate is required under an International Treaty. The Government also makes nothing out of the issuing of the certificates. The Office of Maritime Communications (OMC) at the Australian Maritime College (AMC) in Tasmania is responsible for the management of

all functions associated with marine radio examinations and certification services in Australia. The fees payable, currently \$98.00, covers the cost of preparing, printing, postage, marking the exam and the issuing of the certificates. Part



of the conditions that AMC work under is that OMC must only charge fees for its functions and services on a cost recovery basis. The only additional cost is for the purchase of the Marine VHF Radio Operators Handbook (\$20.50 including postage).

A. But don't I have to attend an expensive course at college to get my certificate?

A. The short answer is no. For the SROCP, there are two ways to prepare for the exam. You may choose to study independently or to attend a course offered by a training provider. The AMC have provided self-study resources on their website in the form of an online handbook and a set of 131 Revision Questions. (https://www.amc.edu.au/.../handbooks-and-revision-questions). It is recommended that you purchase a handbook and keep it in your boat for further reference. The theory part of the exam is 25 multiple choice questions, most of which come from the online Revision Questions. There is also a very straight-forward Practical Component to the exam.

BAITING TO PROTECT NATIVE WILDLIFE

Under the Parks and Wildlife Service's Western Shield program, baiting to control foxes and feral cats occurs on more than three million hectares of conservation lands in Western Australia.

The baits used are toxic to introduced animals but not to native animals which have an evolved tolerance to the active compound (1080). All baited areas are signposted.

Baiting occurs on a regular and ongoing basis to protect endangered native animals including the numbat, western ground parrot and western swamp tortoise.



Attention pet owners: these baits will kill domestic dogs and cats. Baited areas must be considered dangerous for pet dogs and cats at all times.

For more information and maps on areas baited under Western Shield visit dbca.wa.gov.au/westernshield or contact your local Parks and Wildlife Service district office.

Western Shield is generously sponsored by Alcoa, Tronox and Western Areas.



Department of Biodiversity, Conservation and Attractio





Shark Bay SES

Unit leadership

Our unit recently held our AGM thanking past volunteers and planning for our unit and management/coordinating positions for the coming year. Bryan Riddick remains our active unit leader unit he heads off for a year's break overseas in 2023. Shaun Burton and Katie McKay are our deputy unit leaders with the remainder of unit members acting in various roles including finance, training manager, social coordinator, recruitment officer, uniforms representative and possibly one of the hardest and committed workers in our group, the volunteer cleaner and ice machine manager. We have a great crew of people with various skills, interests and backgrounds at the moment who look forward to always welcoming anyone interested or providing assistance in emergencies when needed.

Foreshore recruitment banners

We must thank those at the Shark Bay Community Resource Centre for recognising our local emergency organisations as they are in need of volunteers and have sourced grant funding to develop recruitment banners to be erected on our foreshore on our behalf. Our unit has been practicing our modelling techniques as we plan and stage a photoshoot that captures all aspects of SES. What a task, especially when our unit covers a vast array of rescue and assistance services.

Bowls update

At the time of writing this article our unit is participating in the weekly Barefoot Bowls competition at the Shark Bay Bowling Sport & Recreation Club. Yes we are going to brag.... We are currently undefeated and haven't lost a game (touch wood). With only several weeks ahead fingers crossed we can maintain our performance which has been because of our bowling stars George, Terry, Natt, Mal & Mr James.

Wellbeing in recovery

Lastly our unit participated with other local organisations in an Australian Red Cross Health & Wellbeing session at the Emergency Service Precinct. It was incredibly informative and focused on levels of stress seen in many volunteers.

Included in our article this month is a self-stress questionnaire extracted from the Australian Red Cross Wellbeing Toolkit. Please note that the scale used is not a clinical diagnostic instrument and is provided for educational purposes.

The purpose of this questionnaire is to encourage you to review your current stress levels and identify patterns through some of the more common symptoms of stress. This is something you can do on your own and do not need to share with anyone.

The important thing to remember is that stress is an every day occurrence that we all deal with. Positive stress gives us the motivation to win a race, do well in an interview, or meet deadlines. However, when stress loads become too high or stress doesn't go away in a timely manner, it can have a significant impact on our overall health and wellbeing. This is not a sign of weakness but simply something that happens from time to time.

Stresses that result in feelings of tension and anxiety can arise from many sources. Here are a few:

Work stressors (long hours, difficult people to work with, deadlines, etc.)

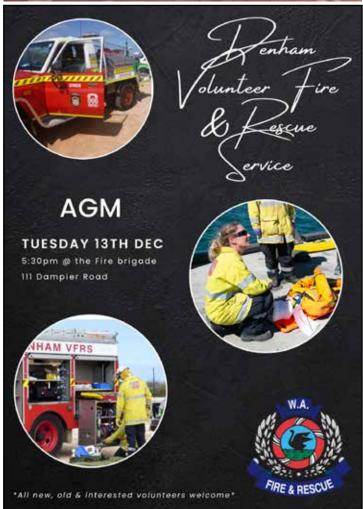


children or spouse, home demands, etc.)

- Finances (debt, spending conflict, job loss, difficult economy, etc.)
- Health problems
- Feeling a loss of control over one's life
- Feeling sad and depressed
- Major life events (divorce, moving, new job, loss of a loved one, a tragedy, etc.)

SES Unit Shark Bay









Questionnaire instructions

How stressed are you feeling? In the last month, how often has any of the statements on the following page been true for you? Choose the option that fits your reality.

You may be under severe stress. You may wish to think hard about the cause of your stress and work to reduce it as soon as possible.

Self-stress questionnaire	Never	Seldom	Sometimes	Often	Always
feel tired	1	2	3	4	5
find it very hard to relax or "wind down"	1	2	3	4	5
find it hard to make decisions	1	2	3	4	5
My heart races and I find myself breathing rapidly	1	2	3	4	5
have trouble thinking clearly	1	2	3	4	5
eat too much or too little	1	2	3	4	5
get headaches	1	2	3	4	5
feel emotionally numb	1	2	3	4	5
think about problems over and over during the day	1	2	3	4	5
have sleeping problems (e.g. staying asleep, bad dreams)	1	2	3	4	5
have trouble feeling hopeful	1	2	3	4	5
find myself taking unnecessary risks or engaging in behaviour hazardous to health and /or safety	1.	2	3	4	5
have back and neck pain, or other chronic tension-linked pain	1	2	3	4	5
intake caffeine or nicotine more than usual	1	2	3	4	5
feel overwhelmed	1	2	3	4	5
feel helpless	1	2	3	4	5
have nervous habits (e.g. nail biting, grinding teeth, fidgeting, pacing, etc.)	1	2	3	4	5
forget little things (e.g. my keys, names, work details)	1	2	3	4	5
have stomach upsets (e.g. nausea, vomiting, diarrhoea, gas, etc.)	1	2	3	4	5
am iritable and easily annoyed	- 1	2	3	4	5
have mood swings and feel over-emotional	1	2	3	4	5
I find it hard to concentrate	1	2	3	4	5
feel distant and cut off from other people	1	2	3	4	5
use alcohol and/or other drugs to try and help cope	1	2	3	4	5
I have trouble completing things	1	2	3	4	5

Final Score?

Add up the numbers you circled in the Never, Seldom, Sometimes, Often and Always columns so you have a column total for each column. If you did not circle any numbers in a column, your column total will be zero. Then add your five column totals to determine your total score.

YOUR TOTAL SCORE



Score - Under 46

Your state of stress appears to be at a standard tolerable level. Remember that stress may manifest itself in many ways and it may come on straight away or it may take some time for it to develop. You can reuse this tool at any time to reassess your stress level.

Score 46 - 60

You may be suffering from stress. Consider some of the stress reduction tips in this toolkit, and about how you may be able to bring your current stress levels down.

Score 61 and Over

You may be under severe stress. You may wish to think hard about the cause of your stress and work to reduce it as soon as possible.



Shark Bay Youth Group



Term 4 Meals on Wheels

Shark Bay Youth Group provided an opportunity for our youth to prepare a meal for their family.

Youth made a main meal and a dessert.

We had some very happy Mums and Dads who didn't need to worry about getting dinner ready on Saturday night! Well done to Peyton, Sophie, Emily, Isabella, Gian, Bodhi, Brody, Telleisha, Soren, Rane and Tiah.

A BIG Thank You to Siobhan for coming along to help.











Shark Bay Youth Group ... the end of an amazing adventure!

Shark Bay Youth Group became it's own organisation in 2017 (we did 2016 under the Shark Bay P&C's umbrella).

Our founding committee members included; Bec Moroney, Rick Moroney, Esther Mills, Steve Mills, Donnelle Oakley, Gavin Oakley, Kim Branch and Kylie Eastough.

Using donations from Shark Bay News and Gifts (John and Charmaine Hanscombe) \$445, Bec and Rick Moroney \$500, Donny and Gav Oakley \$100, Shark Bay Hotel \$300 and Matt Clive \$300 we were able to establish our organisation. This money paid for our first year's insurance and our incorporation fees. Once the formalities were sorted, we were off and racing.

Over the last 6 years we have had 20 Committee members and that again in parents and community supporters and volunteers.

We have had over 80 youth join our organisation since 2017; Telleisha Van Esch, Alirah Pugh, Ashayah-Lilly Van Esch, Ayshah Adeley, Barrett Eastough, Beau Morgan, Ben Sellenger, Bodhi Garner, Brent Campos, Brett McIntosh, Brody Child, Catherine Morris, Chloe Harken, Chloe Rawlings, Daniel-Ryan Van Esch, Deklan Grenside, Ella Ricetti, Ella McAuliffe, Emily Duff, Erzulie Birkus, Finn Cooper, Gian Catindoy, Gillian Saunders, Hail Arriola, Indie Oakley, Isabella Court, Izak Dobney, Jackson Balcombe, Jacob Carlson, Jai Reynolds, Jaimi Blythman, Jasmine McNamara, Jasy McDonald, Jaxon Eastough, Jennifer Moroney, Jesse Mills, Jordan Masser Coonan, Joshua Emery, Kade Francis, Kate-Lyn Hart, Katie Halse, Kealee Poland, Kobe Halse, Kya Grenside, Kyle Dobney, Lachlan Hannibal, Laylah Garner, Leah Whitmore, Lily Maclean, Loki Mansen, Lucas Bradshaw, Madison Dye, Madison Balcombe, Mathias Cross, Michelle Nonis, Mitchell Hooper, Molly McAuliffe, Nicholas Mills, Nicole Moroney, Peyton Banfield, Perron Marsh, Rane Mansen, Reagan Hollands, Reshard Riley, Rumur Blackman, Savannah Francis, Seth Burton, Shakira Harken, Shaye McNamara, Sheldon Oakley, Sophie Duff, Soren Mansen, Storm Marsh, Tayla Burton, Telleisha-Rose Van Esch, Thomas Moroney, Tiah Dobney, Tristian Mills, VeeJay Court and Zara Williams.

We have done; car washes, Kalbarri camps, Geraldton Camps, Nanga Camps, Monkey Mia camps, Quiz nights, furniture making sessions, Meals on Wheels, cooking sessions, STEAM family Fun Days, Netball Challenges, Volleyball Challenges, 40 Hour Backpack Challenges, Clean Up Australia Day, Shark Bay CRC's Harmony Day, CLB Fitness challenges, flags for the Shark Bay RSL's ANZAC Day Service, NAIDOC Day cooking, Shark Bay Fishing Club's High Tea, Mac Attack Fishing Charters, supervising children's events at Melbourne Cup Day, March with Me Mates Stella Rowley Walk for Muscular Dystrophy, 65km ride for Cystic Fibrosis, 1616 Celebration stalls, face painting, National youth week, live theatre camp, Night watch sessions, helped at Kindy Gym Christmas parties,

We have participated in sessions with; United Nations Youth Ambassadors program, Denham Volunteer Fire and Rescue Brigade, St John Ambulance, SES Shark Bay, Shark Bay Police, Shark Bay Arts Council, VMR Shark Bay, Shark Bay Bowling, Sport and Recreation Centre, Shark Bay Entertainers and Yadgalah Aboriginal Corporation's Mini Golf.

We have had some amazing support from the Shire of Shark Bay and Shark Bay School who have given us use of their facilities to run our sessions.

We have made good use of the Shire of Shark Bay's Recreation Centre; running weekly Dodgeball Sessions for all children and sports challengers for our youth and adult community members.

We have received grants from; Shire of Shark Bay, Lotterywest, Department of Communities Youth Engagement, Foundation for Rural and Regional Renewal, Department of Communities, Horizon Power and Parenting Connection. All money received directly benefited our youth and our community by allowing us to achieve our organisations outcomes.

Our Shark Bay Youth Group Youth of the Year Award Winners are;

2018 - Jaxon Eastough

2019 - Kyle Dobney

2020 - Jennifer Moroney

2021 - Tiah Dobney

Shark Bay Youth Group Association Incorporation will be winding up their Association at the end of 2022. The closure of a group is not always a bad thing, all things come to an end and it allows for new beginnings.

I am extremely thankful to all the youth, their families and the Shark Bay Community that have given me such an amazing opportunity over the last 7 years. I have really valued my time with the youth, and I have some pretty awesome memories to take away with me. I thank all the parents and volunteers for their support, it's been a great adventure and something I am very proud of.

Again, please accept my thanks for your support. Being Chairperson of Shark Bay Youth Group has been a huge responsibility with a large workload... but... I have loved every

minute of it!

Bec Moroney Chairperson



Shark Bay





Shark Bay Youth Group



Relax, Recharge and Get Organised Parenting Workshop

Parents who impel self-care and practice self-compassion have a strong influence on their child's development. Parents who are kind to themselves and take time to relax and recharge have better health and wellbeing, making them more confident in their parenting and ensuring they have more positive interactions with their children

We identified a group of parents who volunteer in multiple services in the community of Shark Bay. They are at risk of burnout and need support.

This workshop aimed to assist these parents by helping them with some simple meal preps, interactive parenting activities and to recharge their batteries with an evening of mindfulness and relaxing with their peers. Parents learnt how to prioritise their time, find the balance between work and volunteering, and focus on quality time with their

children and families.



Thanks to Katie for the amazing music and to Sophie for your words of wisdom and advice with our art.

Thanks to Minh and **Parenting Connection** for this opportunity. Parents had a great time and went away feeling more in control and relaxed.







Supported by







Seniors Week 2022

We celebrated Seniors Week in Denham with events on both Wednesday 9th and Friday 11th November.

A total of 18 seniors attended the Shark Bay Bowling, Sport & Recreation Club on the 9th to enjoy a wonderful morning of sketching and painting portraits of each other. We found that our community has a group of great talented artists and some that are still in training. A visually impaired participant commented, quote: "Do you like my portrait? It's a ghost shadow of me, and I didn't have to use the eraser much".









The laughter and banter that went around the room was fantastic to hear. Participants were also invited to bring along a photo of themselves in their youth days and then everyone was asked to try and guess who's photo belonged to whom. Different strategies used were, colour of the photo, type of furniture in the background along with clothing

and haircut styles. It was a great guessing game with Dennis Morten taking out our 'Smartie' award as he guessed everyone correct except for two people. Cindy Farmer on the other hand deserved the wooden spoon as the photos had her completely stumped.

Included in this activity was as well as board and card

morning tea, a light luncheon games for anyone interested.



On Friday 11th for our second event celebrating Seniors Week we held a wood burning activity in the CRC meeting room.

Thanks to Terry Roberts for sourcing some design stencils and assisting us to set up the mornings fun as well as Dennis Morten who helped everyone who attended by providing his technique guidance and advice using this equipment.

8 people attended and firstly experimented using the burning kits (a large pen), burning on bits of pre cut wood. There was some pretty fancy designs by those buddy artists and others that looked similar to Eygptian hieroglyphics. Once confident, each either sketched drawings onto wooden serving platters

or free burnt their pattern into it. All who attended thouroughly enjoyed this event as it was something new and different. Some even asked if we can run more activities like this in the new year, which is definetly a possibility.



We concluded the event

with a scrumptious morning tea and participants taking home their serving platter artwork.

A big thanks must go to COTA for providing the grant funding for this Seniors Week events as well as the Shire of Shark Bay for their contribution.

Judy Britza - Event organiser

















Tuesdays @ the Hall Starts at 1:30pm Calling all Starts at 1:30pm Any enquiries please ring Bron - 0407 310 052



Basketball

Listening to great music is one of the best and quickest ways to improve your mood, stay in the moment, and find your intensity and game-time rhythm. Thats why the weekly regulars at Wednesday's basketball have been bringing along their big boom box. Come play & join us!



Sport & Recreation







Monday 1:00pm.....Bridge @ Town Hall SB Bridge Club (fees apply)

2:00 - 4:30pm......**Open Courts @ Rec Centre** (excluding school holidays)

6:00pm.....Badminton @ Rec Centre

<u>Tuesday</u> 9:30 - 11:30am...**Kindy Gym @ Rec Centre** (excluding school holidays)

Wednesday 1:30pm......Golf, 9 hole stableford @ Boolbardie Country Club (fees apply)

2:30 - 4:30pm.....**Open Courts @ Rec Centre** (excluding school holidays)

2:30pm.....Croquet @ SB Bowling, Sport & Rec Club

6:00pm.....Basketball @ Rec Centre

<u>Thursday</u> 6:30pm.....Barefoot Bowls @ SB Bowling, Sport and Rec Club (fees apply)

Saturday 1:30pm......Golf, 9 hole stableford @ Boolbardie Country Club (fees apply)

2:15pm.....Bowls, Scroungers @ SB Bowling, Sport and Rec Club (fees apply)

Sunday 1:00pm.....Pistol shooting @ SB Pistol Club (fees apply)





Boolbardie Country Club

Chip Shots



Fields started thinning a little in November with the onset of the winds and increasing temperatures. The fairways and greens remain in pretty good shape. The following lists the winners and runners-up for regular club competitions in November.

Event – Stableford	Winner (Score)	Runner-Up (Score)	Nearest the Pin*	
Wednesday 26 October Mick Parry (14)		Jill Deschamp (13)	Mick Parry	
Saturday 29 October Peter Llewellyn (Jill Hill (13)	-	
Wednesday 2 November	Peter Llewellyn (17)	John Lewis (14)	Peter Cope	
Saturday 5 November Jill Deschamp (17)		Peter Llewellyn (16)	-	
Wednesday 9 November Jill Deschamp (19		Peter Cope (16)	Jill Deschamp	
Saturday 12 November Jill Deschamp (16)		Kim Faithfull (16)	-	
Wednesday 16 November Peter Cope (18)		Chris Galvin (15)	Peter Cope	
Saturday 19 November Peter Cope (16)		Chris Galvin (14)	-	
Wednesday 23 November Peter Llewellyn (16)		Peter Cope (15)	Peter Cope	
Saturday 26 November Peter Llewellyn (14)		Jill Deschamp (13)	-	

^{*} Nearest the Pin second shot on Wednesdays.

Handicap changes during November – Jill Deschamp dropped a stroke from 35 to 34, Peter Llewellyn went out a stroke from 14 to 15.

Club competitions continue through summer with 9-hole stableford events played every Wednesday and Saturday with a 1:30pm registration for a 2:00pm tee-off. The 19th Hole bar is open following the game.

Visitors are welcome at any time and visitor green fees are \$5 for 9 holes (honour system) with cards available at the clubhouse. For those who want to have a hit after work, some shorter rounds (4 or 5 holes) are available.

Full sets of clubs (ladies, men, left and right-handed) are available at no cost on club competition days or by prior arrangement at any other time. Motorised buggies are available for hire on competition days at \$5 per player for 9 holes for non-members and \$3 each for members.



Peter Llewellyn Club Captain

Shark Bay





Club

The Shark Bay (social) Bridge Club meets every Monday at 1pm in the Denham Town Hall on Hughes Street (opposite the Silver Chain building). Beginners are welcome! Session fee of \$3 which includes afternoon tea.

Why don't you come and join us for a friendly game of bridge?

For more information please contact:

Jill: 0417 177 009

lolanthe: 0419 911 572

Low tide walk

DID YOU KNOW.....Saturday 26th November was the lowest tide of the year here in Denham? 14 adventurers walked out to the exposed weed line and collected any rubbish from our waters and its sea floor whilst the tide was low. A big thanks to the Shire of Shark Bay for donating Clean Up Australia day bags and Fay Castling for meeting all the participants on the day and distributing the gear. A great effort to keep our waters clean!

Photo below was taken by Celia Elissegaray. Here's Fay with the group after returning from the low tide walk yesterday. It was a really nice splash out to the seagrass, plenty of wildlife seen and not too much litter - and very little plastic - so that was great!



Shark Bay Bowling, Sport & Recreation Club





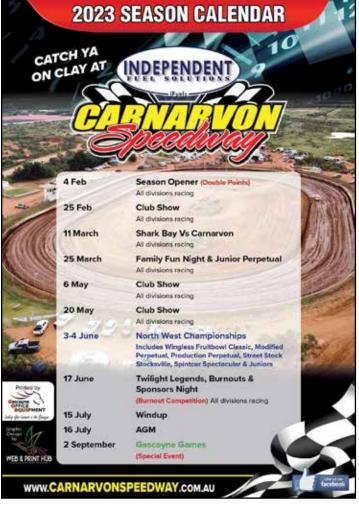


Shark Bay Speedway Club











Join us Monday's at 10am. Everyone is always welcome!

Conservation Matters

Welcome Home

In mid-October this year there was a very special event in Dirk Hartog Island National Park – the meeting of hearts and minds to welcome home dibblers. The Minister for Environment, Hon Reece Whitby MLA, travelled to the island for the occasion and joined Malgana Elders Howard Cock and Bobby Dorey to take part in one of the last releases of dibblers on Wirruwana. Bred in Perth Zoo, the numbers of dibblers released on the island have gradually climbed over the past three years aiming for a population size that is large enough to be self-sustaining in the future.

As the party came together at the prearranged dibbler release point on the beach at Herald Bay, they were surprised and delighted to be met by another welcoming committee of Dirk Hartog Island 'locals'. The Minister, Malgana Elders, Biodiversity and Conservation Science's fauna scientists and local Parks and Wildlife staff were met by a group of dugongs, rays and a small school of nervous sharks lolling about in the water scant metres off the beach. The dugongs remained for some time and appeared keen to join the event and add their own personal welcome to the dibblers.

Right - Malgana Elders Bobby Dorey and Howard Cock were on hand to provide a Welcome to Country for dibblers and human participants. Left to right



- Howard Cock, Minister Whitby, trainee ranger Tariq McDonald and Bobby Dorey.



Left - Minister Reece Whitby welcomes dibblers to their new feral free home. Photo – Shem Bisluk DBCA

On his first trip to Dirk Hartog Island National Park, Minister Whitby was impressed with the progress of the ecological restoration project. "It's wonderful to see how Western Australia's largest island is flourishing after the removal of feral cats, goats and sheep. This is a project of great international importance, made possible by the passion

of many dedicated individuals who've come together from such a wide range of disciplines to make it happen."

Right – Scientist releasing a dibbler eager to start a new life on the island after travelling from Perth Zoo. Photo -Shem Bisluk DBCA

Seeing Change

Western grasswren translocations were carried out during the two weeks prior to the dibblers' arrival, completing the seventh of the planned 13 native animal species to be released on the island as part of the Return to 1616 project. The return of western grasswrens to Wirruwana heralds big changes on the island. With the successful establishment and lively breeding of previously released banded and rufous hare-wallabies, Shark Bay bandicoots, Shark Bay mice and greater stick-nest rats, things are really beginning to get interesting. Over an increasing portion of the island, the ground is now pockmarked with the diggings, droppings and tracks of rare and threatened native animals.



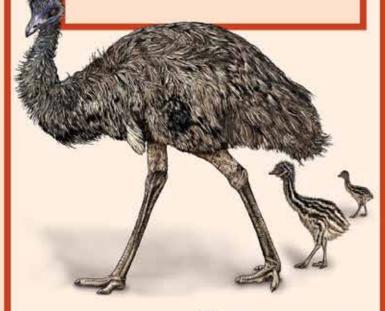
Above - Scientist Dr Saul Cowen releases a western grasswren to its new home on Dirk Hartog Island National Park. Photo – Tom Rasmussen





- What do emus eat? Plants and insects
- How often do emus drink? Infrequently, but they can drink a huge amount when they do. Typically they drink once a day, and may drink continuously for 10 minutes. They can go without water for several days.
- How far do emus walk to find water? 20 km. They are highly nomadic and move in response to changing food supplies. Some have been reported moving 600km in a few months. In WA they tend to move towards higher rainfall - SW in winter and NE in summer
- Where can wild emus get a drink near Denham? Peron Homestead - less than 10km as the emu walks
- Is it helpful to give emus food and water? No. It stops the emus from foraging naturally. This limits their diet and affects their nutrition. It also interrupts emu gardening - eating seeds and dropping them around the place in fertilizer packages. Giving emus food and water also makes them hang around town, resulting in conflict with dogs. It can also make them dependant on being fed and lead to starvation.
- What grows from emu poo? Seeds germinate from emu poo. Emus are important for plant diversity because they spread seeds in their poo.

- How tall can an adult emu grow? Males can grow up to 190cm tall.
- How much can an adult emu weigh? Between 18 and 60kg. Average male weight is 31.5kg, average female weight is 37kg
- How fast can an emu run? Up to 50 km/h
- How many toes are there on an emu foot? Three toes on each foot.
- Who incubates the eggs and raises the chicks? Male emus.
- Does a parent only look after its own chicks? No. The eggs he incubates may be a mixture of eggs fertilized by him and other male/s. He may also gather more chicks after hatching.
- Who makes the nest? The male.
- How many eggs does a female emu lay? Several clutches to different males in a season. Up to 13 eggs per clutch (usually 7 – 9), not all eggs in a clutch are fathered by the same male.
- 15 How much does an emu eat while incubating eggs? Very little. He can lose 20% of his body weight and look pretty skinny by the time his eggs hatch.



Department of Biodiversity, Conservation and Attractions

Fisheries WA

Did you know that baldchin groper are endemic to WA and are not



found anywhere else in the world?

In fact, they are only found between Coral Bay and Cape Naturaliste.

From today, 1 November 2022 until 31 January 2023 inclusive, fishing for baldchin groper in the Abrolhos Islands is closed. However you can still catch these fish in our local Shark Bay waters.



During this time, taking, landing or possessing baldchin groper within the Abrolhos Islands Fish Habitat Protection Area is prohibited.

This closure protects this uniquely Western Australian slowgrowing demersal species while they aggregate to spawn at the Abrolhos as the water temperature rises during summer.



Department of Transport

In collaboration with the Shires of Carnarvon, Exmouth, Shark



Government of Western Australia
Department of Transport

Bay and Upper Gascoyne, the Department of Transport is developing the Gascoyne 2050 Cycling Strategy.

As such, we are seeking your input via a short survey and mapping tool to help shape the future of cycling across the region.

While the survey questions are focused on bike riding, we recognise some types of infrastructure can be used by many different users including people walking or running, people using electric scooters and other small electric rideable devices (eRideables) as well as people using wheelchairs or mobility scooters.

We want to know what your local needs are to help guide the development of the Strategy. To complete the survey, visit; https://www.mysaytransport.wa.gov.au/gascoyne-2050-

regional-cyclingstrategy/survey_tools/ gascoyne-2050regional-cyclingstrategy-communitysurvey





Inscription Post

Consumer Watch

Christmas shopping

Avoid disappointment, get on top of Christmas shopping early. Christmas is an exciting and magical time of year but the lead up to the big day can often be chaotic and stressful. With online shopping scams and delivery delays, Western Australian shoppers are urged to get on top of their Christmas shopping early to avoid disappointment.

Online shopping is an easy and convenient choice to buy Christmas gifts, but Western Australian shoppers should be aware of scammers looking to trick unsuspecting victims into buying a product they may never receive.

Already in 2022, WA ScamNet reports 354 Western Australians have lost a total of \$1,074,637 to online shopping scams through a range of fake websites and social media pages.

To be cyber safe when shopping online, look at the overall quality of the website or social media page. If there are grammatical errors, poorly edited images and no address for their location, it could be a scam.

Another red flag is the method of payment requested, only pay by credit card or a secure payment method like PayPal. That way, if something goes wrong, you can get your money back much easier. Don't be fooled into paying via electronic funds transfer, money order, pre-loaded money card or crypto currency as it is unlikely you will get your money back through this method if you don't receive your goods.

With record numbers of Australians shopping online, deliveries are already surging so it is recommended to do online shopping and post your Christmas gifts early. Check the guide on the Australia Post website for when to post parcels so they arrive in time for Christmas.

Online retailers should provide a timeframe for delivery and if your goods fails to arrive by the timeframe indicated (or within a reasonable amount of time if no timeframe was indicated), your Australian Consumer Law (ACL) rights mean you can ask for a refund or credit.

For goods that don't arrive, you can seek a chargeback from your financial institution if you paid via credit card. If you paid by PayPal you can lodge a dispute for a refund.

The best advice to ensure your Christmas gifts make it under the tree this year, is to shop in local brick and mortar stores or give preference to Western Australia online retailers.

Western Australian shoppers can report a scam on the WA ScamNet website at www.scamnet.wa.gov.au

Pitfalls of paying tradies upfront

When you hire a tradesperson to undertake a home renovation or maintenance job, they might ask for a deposit upfront to confirm the booking or cover any materials they need to order.

While tradespeople are legally allowed to ask for deposits, there are a few things we want consumers to know before paying them.

A common issue reported to Consumer Protection is traders who demand large deposits – or even full payment upfront – then fail to complete the agreed work, leaving consumers both out of pocket and without the work done.



We recently prosecuted the owner of an air-conditioning business for failing to supply goods and services after taking deposits as high as 60 per cent from several customers. Vernen Naicker, trading as Desti Cool AC, was subsequently fined \$15,000 by the Perth Magistrate's Court.

Dodgy tree lopper Sean Weinthal is another trader who continues to attract complaints and enquiries from consumers who in many cases have been pressured to pay for the work upfront and never receive a written quote, invoice, receipt or any other proof of the transaction as required by law.

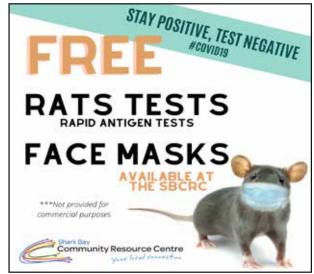
Paying upfront for goods or services puts consumers at risk if the business fails to deliver or goes broke. That's why we recommend only paying smaller deposits of about 10 per cent to limit that risk and to have greater bargaining power if something goes wrong.

For larger jobs, we recommend paying in instalments as goods are delivered and stages of the work are finished. In Western Australia, it is illegal for tradespeople to accept deposits of more than 6.5 per cent for building work valued at more than \$7,500.

Paying by credit card is an option worth considering as it provides the protection of getting a chargeback if the goods or services aren't delivered.

Don't forget that if you invite any tradesperson to your home just for a QUOTE, they will be breaking consumer law if they don't observe a ten business day cooling off period before starting the job and collecting payment.

Consumers who pay a deposit but don't get the goods or services can lodge a complaint on the Consumer Protection website. Enquiries can be made by emailing consumer@ dmirs.wa.gov.au or calling 1300 30 40 54.



Denham Community Groups

Community groups	Contact Name	Telephone No.
Boolbardie Country Club	Peter Llewellyn (Club Captain)	0418 193 735
Bubs Sanity Saver	Natalie Dul	9948 1787
Coral Coast Dance Academy	Amy Trezona	0438 934 000
Crisis Centre Christian Fellowship	Tim & Maggie Hargreaves	9948 1338 0429 481 338
Denham Crafters	Bronwyn Hook	0407 310 052
Denham Volunteer Fire and Rescue	Dave Harrower (Unit Captain)	Call 000 for Emergency Info ONLY: 9948 3289
Friendly Hub	Julie Robins	0417 976 005
Kindy Gym	Natalie Dul	9948 1787
Marine Rescue Shark Bay (previously VMR)	Drew Wassman (President)	Call 000 for Emergency Info Only: 9948 1396
Shark Bay Arts Council	Claire Cooper (President)	0415 612 621
Shark Bay Bowling, Sport & Recreation Club	Greg Bell (President)	0427 197 599
Shark Bay Bridge Club	Jillian Hill	0417 177 009
Shark Bay Business Association Inc	Isobel Lockyer (Secretary)	www.experiencesharkbay.com
Shark Bay Community Men's Shed	Tony Sckardoon	0435 008 080
Shark Bay Fiesta	Shark Bay Community Resource Centre	08 9948 1787
Shark Bay P & C Association	Tiaza Sellenger (President)	0407 129 487
Shark Bay Pistol Club	Bruce Wade (President) Cheryl Cowell (Secretary)	0475 087 277 0417 180 307
Shark Bay RSL	Wayne Moroney	0439 347 683
Shark Bay Speedway Club	Mick Reynolds (President)	0419 961 819
Shark Bay State Emergency Service (SES)	Bryan Riddick	Call 132 500 for Assistance Info ONLY: 0429 481 218
Shark Bay Stingrays	Sam Roberts	0431 287 412
Shark Bay Triple C (Cancer Community Connections)	Sherry Baker	9948 3324
Shukokai Karate	Janine Standen	0400 122 439
St Andrew-by-the-sea Anglican Church		9902 6476
St John Ambulance - Shark Bay Sub Centre		Call 000 for Emergency Info ONLY: 9948 3023
The Shark Bay Entertainers	John Senteneller	0400 625 138
The Shark Bay Youth Group	Rebecca Moroney	0409 331 728
Yadgalah Aboriginal Corp.	Debbie Bellottie	9948 1318

Email	Day(s)	Location
pllewellyn@bigpond.com	Wednesday & Saturdays	Golf Club, Monkey Mia Road
sharkbay@crc.net.au	Friday 9.30am (except school holidays)	Bowling Club, Francis Street (time & venue to be confirmed)
info@coralcoastdanceacademy.com.au	Monday, Tuesday & Wednesday's	Denham Shire Hall
sharkbayherald@westnet.com.au	24/7 Sunday	Foreshore about opposite the Interpretive Centre
hooksonline2005@yahoo.com.au	Tuesdays 1.30pm - 3.30pm	Denham Shire Hall
denhamvfrs@bigpond.com	1 st , 2 nd , 3 rd Tuesday every Month	Dampier Road, Fire Station
sharkbaytc@westnet.com.au	Wednesdays 10.00am	Bowling Club, Francis Street
sharkbay@crc.net.au	Tuesday 9.30am (except school holidays)	Recreation Centre
vmrsharkbay@westnet.com.au	4 th Monday of every month	Marine Rescue building, Knight Terrace
clarencetot@gmail.com		Arts Shed - 10 Denham Road
sharkbaybowls@westnet.com.au	Scrounges - Saturday, 2pm	Bowling Club, Francis Street
hillhome@bigpond.com	Monday 1pm	Denham Shire Hall
sharkbaytourism02@gmail.com	1st Tuesday of every month	Recreation Centre
sbcmshed@hotmail.com	Monday 10am Wednesday	
sharkbaytc@westnet.com.au		19 th - 26 th May 2023
sharkbaypandc@hotmail.com	People can contact the School for meeting dates	School Library
brucewade@westnet.com.au chezza@westnet.com.au	Sunday	Pistol Club, Monkey Mia Road
moby@outlook.com.au		
sharkbayspeedwayclub@outlook.com	36 th Far Western - 8 th July 2023	Shark Bay Speedway Club
sessharkbay@iinet.net.au	Mondays @ 5pm	Emergency Services Building, Durlacher Street
juicensam27@westnet.com.au		
sherry.baker@aussiebroadband.com.au	1 st Sunday each month @ 4pm	Yadgalah Aboriginal Corporation
jstanden@westnet.com.au	Tuesday & Friday 5pm - 6pm	Denham Town Hall
standrewssb@gmail.com	Sunday 9am	Anglican Church
sharkbay@stjohnwa.com.au	Office opening hours: Wednesday & Thursday 10am to 2pm	Emergency Services Building, Durlacher Street
sharkbay.entertainers@gmail.com		Denham Shire Hall
sharkbayyouthgroup@outlook.com		Shark Bay School
yadgalah1@bigpond.com	Monday - Friday	Francis Street







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Joe: 0419 902 895

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Michael: 0467 670 136 Email: outback.coast.autos@bigpond.com







Rob & Trudy

71 Knight Terrace, Denham 6537 WA P: 9948 1323 F: 9948 1020 E: sharkbay.wa@raywhite.com www.sharkbayholidayhouses.com.au

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Please call 0459 499 230 to discuss your requirements









Tide-Chart Denham Monkev Mia

		DE	CE	MBER		
Time 1 0453 1237 TH 1954	m 1.08 0.53 1.03	Time 9 0848 FR	m 0.19	Time 17 0123 0434 SA 1134 1944	m 0.86 0.90 0.60 1.09	Time m 25 0021 1.50 0928 0.16
2 0224 0603 FR 1254 2027	0.86 0.92 0.62 1.09	10 0020 0921 SA 1531 1829	1.23 0.21 0.88 0.83	18 1115 SU 2001	0.67 1.16	26 0118 1.48 1.007 0.21 MO 1600 0.97 1855 0.91
3 0423 0747 SA 1301 2057	0.71 0.79 0.69 1.15	11 0056 0950 SU 1558 1910	1.21 0.25 0.89 0.83	19 0438 0844 MO 1029 2027	0.64 0.72 0.71 1.25	27 0213 1.41 10.30 TU 1644 1.02 2010 0.92
4 0526 SU	0.56 1.20	12 0130 1018 MO 1629 1955	1.20 0.29 0.90 0.85	20 0532 TU 2102	0.50 1.34	28 0307 1.31 1.09 0.40 WE 1729 1.08 2202 0.93
5 0614 2158 MO	0.41 1.23	13 0203 1043 TU 1717 2048	1.17 0.34 0.91 0.87	21 0623 WE 2143	0.37 1.42	29 0401 1.17 1128 0.50 TH 1813 1.15
6 1405 TU 1517 2231	0.30 0.81 0.81 1.25	14 0236 WE 1816 2158	1.13 0.39 0.95 0.89	22 0713 TH	0.26 1.47	30 0033 0.87 0456 1.01 FR 1132 0.59 1852 1.21
7 0737 1417 WE 1621 2307	0.22 0.85 0.82 1.25	15 0309 1127 TH 1858 2338	1.07 0.46 0.99 0.89	23 0801 FR FR	0.18 1.50	31 0234 0.77 0559 0.85 SA 1102 0.65 1925 1.27
8 0814 1440 TH 1708 2344	0.19 0.87 0.83 1.24	16 0346 1139 FR 1926	1.00 0.53 1.04	24 ⁰⁸⁴⁶ SA	0.15	SHARK BAY

DECEMBER - 2022								
Time	m	Time	m	Time	m	Time	m	
01 0524 1218 TH 1932	1.53 0.61 1.50	09 0031 0746 FR 1431 1909	1.82 0.20 1.45 1.03	17 0021 0538 SA 1157 1918	1.01 1.33 0.70 1.50	25 0103 0823 SU 1502 1945	1.94 0.03 1.48 1.03	
02 0115 0646 FR 1314 2030	1.10 1.37 0.75 1.56	10 0108 0821 SA 1504 1945	1.80 0.21 1.47 1.03	18 0143 0702 SU 1238 2000	0.91 1.21 0.81 1.54	26 0156 0906 MO 1545 2038	1.94 0.08 1.53 1.02	
03 0315 0829 SA 1419 2117	0.96 1.27 0.87 1.63	11 0142 0854 SU 1536 2022	1.78 0.25 1.48 1.04	19 0307 0843 MO 1332 2045	0.75 1.14 0.91 1.60	27 0246 0948 TU 1627 2134	1.90 0.18 1.58 1.02	
04 0426 1021 SU 1528 2159	0.76 1.25 0.96 1.70	12 0214 0926 MO 1609 2059	1.74 0.31 1.48 1.05	20 0416 1033 TU 1445 2131	0.56 1.15 0.99 1.68	28 0336 1027 WE 1711 2235	1.81 0.31 1.62 1.02	
05 0514 1144 MO 1624 2238	0.57 1.29 1.00 1.76	13 0244 0955 TU 1643 2138	1.69 0.37 1.48 1.06	21 0512 1155 WE 1602 2221	0.37 1.21 1.04 1.76	29 0429 1103 TH 1755 2343	1.68 0.47 1.67 1.00	
06 0555 1239 TU 1711 2316	0.41 1.34 1.03 1.80	14 0315 1024 WE 1717 2221	1.63 0.44 1.47 1.07	22 0602 1252 TH 1707 2315	0.21 1.29 1.05 1.83	30 0525 1138 FR 1839	1.51 0.64 1.70	
07 0632 1322 WE 1752 2354	0.29 1.39 1.04 1.82	15 0350 1052 TH 1756 2315	1.55 0.51 1.47 1.05	23 0650 1338 FR 1801	0.09 1.36 1.05	31 0100 0630 SA 1212 1923	0.96 1.35 0.81 1.73	
08 0710 1358 TH 1831	0.22 1.43 1.04	16 0435 1123 FR 1836	1.45 0.60 1.47	24 0010 0737 SA 1420 1854	1.90 0.03 1.42 1.04	SHARK BAY		





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Times are in local standard time (Time Zone UTC +08:00)

Maco Phace Symbols ■ New Moon ● First Quarter Moon Phase Symbols

O Full Moon

Last Quarter

< Silver Chain

Western Australia

Silver Chain Shark Bay Normal business hours **Monday to Friday**

(excluding public holidays)

9.00am to 12.30pm & 1.30pm to 4.00pm

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Silver Chain provides AFTER HOURS health services for EMERGENCIES ONLY

After Hours Emergencies

EMERGENCY

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Examples of an EMERGENCY include:

- Breathing difficulties
- Chest pain
- Severe abdominal pain
- Bleeding that can't be controlled with first aid
- Convulsions and fits
- **Deep lacerations**
- Eye or ear injuries
- Uncontrolled high fever
- Loss of consciousness
- Pregnancy bleeding or onset of labour
- A very sick child



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CRC Editorial Policy & Advertising

EDITORIAL POLICY

The Inscription Post is produced monthly by the Shark Bay Community Resource Centre in good faith as a means of providing information to the community and to promote the Shark Bay area positively.

An Editorial Management Committee of the Inscription Post has been delegated the responsibility of the editorial role of the Inscription Post and is supported by the Management Committee. All materials submitted by the community are to be factual and non discriminatory. The Editorial Management Committee has the right to edit any items submitted for print, including abbreviating, spelling, grammar and also may

withhold or not print at all, any material considered unsuitable or offensive with no explanation needed.

We are more than happy to accept articles free of charge (subject to the Editorial Management Committee's approval), but limited space is available, so please keep submissions short – a maximum of one page unless

prior approval is granted by the Editorial Management Committee. The author's name must be supplied for any contribution. The articles printed in the newsletter do not necessarily reflect the views of the Editorial Management Committee, staff or volunteers or management committee at the Shark Bay Community Resource Centre.

The Inscription Post is available for purchase from:

- Denham IGA X-Press
- Discovery Centre
- Shark Bay News & Gifts
- Shark Bay Supermarket
- Surf n Dolphin Gift Shop
- Useless Loop

If you are interested in selling the newsletter in your store, contact the Shark Bay Community Resource Centre.

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Please address all enquiries and correspondence to: The Editorial Management Committee - Inscription Post Shark Bay Community Resource Centre. PO Box 58, Denham WA 6537 Telephone: 08 9948 1787 sharkbaytc@westnet.com.au

The DEADLINE for submissions into the Inscription Post is the 25th of each month

Please send your articles to: sharkbaytc@westnet. com.au

DECEMBER 2022

MONDAY THEODAY WEDNESDAY THURSDAY FRIDAY CATURDAY CHARAC								
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
	9:30-11:30 Kindy Gym 1:30-3:30pm Crafters 5:30pm Firies	10am Friendly Hub 10am-2pm SJA ambulance office open 1:30pm Golf, 9-hole stableford 2:30-4:30pm Open Courts 2:15pm Croquet 6:00pm Basketball	10am Tech Time Workshop 10am-2pm SJA ambulance office open 3pm Bible Study 6pm Barefoot Bowls	2	• 1:30pm Golf, 9-hole stableford • 2:15pm Scroungers Bowls *CRC Agm & Xmas party * Inspriational guest speaker talk - Joel Whitwell * A Bite of Science	9am service at St Andrew's by the Sea 10am SB Christian Fellowship, on the foreshore 1pm Pistol Club		
5	6	7	8	9	10	11		
10am Mens Shed 1pm Bridge Club 2-4:30pm Open Courts 6:30pm Badminton *Chiropractor at CRC *Thank a Volunteer Day	9:30-11:30 Kindy Gym 1:30-3:30pm Crafters 5:30pm Firies	10am-2pm SJA ambulance office open 1:30pm Golf, 9-hole stableford 2:30-4:30pm Open Courts 2:15pm Croquet 6:00pm Basketball 7pm Bowling Club AGM	10am-2pm SJA ambulance office open 3pm Bible Study 6pm Barefoot Bowls Seniors Xmas Party		1:30pm Golf, 9-hole stableford 2:15pm Scroungers Bowls * Speedway Xmas Party * Carols by Candlelight	9am service at St Andrew's by the Sea 10am SB Christian Fellowship, on the foreshore 1pm Pistol Club Xmas Day Service at the Church		
12	13	14	15	16	17	18		
10am Mens Shed 1pm Bridge Club 2-4:30pm Open Courts 5pm SES Training 6:30pm Badminton	1:30-3:30pm Crafters 5:30pm Firies *COVID Clinic *Kindy Gym Xmas Party	10am-2pm SJA ambulance office open 1:30pm Golf, 9-hole stableford 2:30-4:30pm Open Courts 2:15pm Croquet 6:00pm Basketball * COVID Clinic * School Concert * Shire Council meeting * Tourism & Business Assoc. AGM	10am-2pm SJA ambulance office open 3pm Bible Study		1:30pm Golf, 9-hole stableford 2:15pm Scroungers Bowls	9am service at St Andrew's by the Sea 10am SB Christian Fellowship, on the foreshore		
19	20	21	22	23	24	25		
10am Mens Shed 1pm Bridge Club Chiropractor at CRC	• 1:30-3:30pm Crafters	10am-2pm SJA ambulance office open 1:30pm Golf, 9-hole stableford	10am-2pm SJA ambulance office open 3pm Bible Study			9am service at St Andrew's by the Sea 10am SB Christian Fellowship, on the foreshore		
26	27	28	29	30	31			
		10am-2pm SJA ambulance office open	10am-2pm SJA ambulance office open 3pm Bible Study					