

JUNE 2020

# Shark Bay Inscription Post

addcovers

\$2

Designed & Printed by  
Shark Bay  
Community  
Resource  
Centre  
Your local connection



## We're reopening WA's regions

### This Friday (29 May):

Travel permitted between all regions except the Commonwealth Biosecurity Areas (Kimberley, East Pilbara, Ngaanyatjaraku)

### Next Friday (5 June):

Travel permitted throughout Western Australia, except to remote Aboriginal communities

## Mums are you in need of a sanity saver?

- fresh air
- sunshine
- casual catch up

Mother's & Babies Group  
(under 1 years)



Thursday's  
9:30am  
CRC Courtyard  
\$3 morning tea  
(older siblings welcome)  
\*\*\* weather permitting \*\*\*

Contact Us  
-Book Now-



Shark Bay Community Resource Centre  
08 9948 1787 or email sharkbay@crc.net.au



NEW  
FISHING  
CLUB SHIRTS  
AVAILABLE  
NOW AT  
THE CRC

## Caps & Beanies



\$15

Walk yourself  
happy

Heart Foundation Walking



*It is proven that walking improves your  
general health and well being!  
Walking with friends is more fun!*

Why don't you join our group  
& come for a walk?

It's free, it's fun, it's good for you!

## Stubby Holders for Sale

\$9  
SB Speedway



\$8  
SB Fishing Club



The Western Australian Government has announced a grant scheme to support the state's tourism business sector, which has been severely impacted by COVID-19. In addition, round three of the Regional Economic Development (RED) grants program, to support regional projects, is open.

- A \$14.4 million grant program has been announced to support WA tourism businesses, to be administered by Tourism WA.
- The RED grants program is a five-year, \$28.8 million initiative that will directly benefit regional communities, administered by WA's nine Regional Development Commissions.

### **Tourism grant funding**

A \$14.4 million WA Tourism Recovery Program, developed and supported by Tourism WA, is open for applications from eligible businesses across the state until 12 June 2020. The program will include two funding streams:

- An initial \$10.4 million in one-off cash grants for to help eligible small tourism businesses who submit a recovery plan to demonstrate how the business intends to mobilise and adapt to the new market environment. Grant funding may be used to cover a range of fixed costs and recovery expenses outlined in the program guidelines.
- A \$4 million Tourism Business Survival Grants package for tourism operators dealing with exceptionally difficult circumstances; grants of \$25,000-\$100,000 will be available.

### **One-off grants**

The \$6,500 one-off grants are available to small businesses with annual taxable wages of less than \$1 million. Eligible businesses:

- must have a valid Australian Business Number (ABN)
- can be accommodation providers, tours, transport operators, tourism attractions or experiences
- need to submit a tourism business recovery plan
- must be an active member of, or hold accreditation through, an approved tourism organisation or program listed in the guidelines.

More information on the grant program, and an online application form including a recovery plan template can be found on Tourism WA's corporate website.

Applications for the tourism recovery fund close 6pm, Friday 12 June 2020.

### **Business survival grants – up to \$100,000**

The \$4 million Tourism Business Survival Grants package will be available for tourism operators dealing with exceptionally difficult circumstances. Grants of \$25,000-\$100,000 will be available to businesses located in parts of WA with more restrictive travel bans in place, or whose circumstances mean they will face a more difficult recovery.

More information on the tourism business survival grants package, including the application process will be released shortly on Tourism WA's corporate website.



### **RED grants program – round three**

Applications for round three of the Regional Economic Development (RED) grants program are open until 7 July 2020.

The \$28.8 million RED grants program is a State Government initiative that invests in community-driven projects that directly benefit areas within the nine Regional Development Commission (RDC) areas. Grants worth \$13 million have already been awarded for 137 approved projects in rounds one and two of the program.

Individual projects are encourage to apply if they contribute to;

- sustainable jobs
- expand or diversify industry
- develop skills and capability
- attract new investment or maximise recovery from COVID-19 impacts to the region.

The application process is managed by each of the Regional Development Commissions.

More information and links can be found on the Gascoyne Development Commission website; <https://www.gdc.wa.gov.au/grant-schemes/red/>

Contact their office on 9941 7000 otherwise or more information or to discuss your project eligibility.





# Executive Officer's Report



## Gascoyne Local app

A new membership app called Gascoyne Local aims to support the region's COVID-19 recovery by giving residents and visitors' access to exclusive offers and discounts throughout the Gascoyne.

For business owners, Gascoyne Local is a free marketing tool to increase customers and encourage repeat customers through rewards, connection and recognition.

The Gascoyne Development Commission believe it's more important than ever to support small businesses when buying products and services, however, research shows that consumers are more likely to shop local if there is an incentive.

The app has two main features; a business directory and offers/discounts.

The offers and discounts are set by the businesses, across a diverse range of categories such as food and drinks, services, health and beauty, attractions and activities, travel and accommodation, events and shopping.

Gascoyne businesses who participate in the Gascoyne Local initiative will receive several free marketing opportunities through social media, radio and print.

Gascoyne Local will be available for smartphones from Apple and Android app stores from next month, so we encourage businesses to register themselves and their offers now, in time for the launch.

For more information and to register your business visit [gdc.wa.gov.au](http://gdc.wa.gov.au).

GDC have proudly partnered with the Shire of Carnarvon to produce Gascoyne Local and the app is supported by the Shire of Exmouth, Shire of Upper Gascoyne and the Shire of Shark Bay.

## Fishing Licenses

The Shark Bay CRC has been assisting the Department of Primary Industries and Regional Development and our local Fisheries officers to assist customers with their online boating and fishing licences as well as information booklets (all available online) and stickers/guides.

As of January 2019, applications for online recreational fishing licences and renewals are processed through the Department of Transports DotDirect website.

Licence fees continue to remain the same with cards issued for licences. Discounts are available if you apply for more than one type of licence in a single transaction of 10%. Concessions of 50% also apply for numerous individuals including but not limited to Seniors Card holders and children under the age of 16.

Current licence types and prices include;

Recreational fishing from boat	\$40
Rock lobster	\$50
Abalone	\$50
Marron	\$50
Freshwater angling	\$50
Net fishing (set/haul/throw)	\$50

*Jamie*





## COME & HOLIDAY IN THE NORTH

IT'S TIME!

Carnarvon-Coral Bay-Cue-Exmouth-Gascoyne Junction-Kalbarri-Meekatharra-Mt Magnet-Murchison-Onslow-Pannawonica-Paraburdoo-Sandstone-Shark Bay-Tom Price-Wiluna-Yalgoo



**Vince Catania MP**

Member for North West Central

**THE NATIONALS** *for Regional WA*





# Shire President's Report

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SHIRE PRESIDENT'S REPORT - MAY 2020

COVID-19 VIRUS PANDEMIC

## Shire Operations/Infrastructure Update

Whilst it has been possible to re-open some of the Shire's facilities due to the easing of Corona virus restrictions, most have to remain closed at this stage.

The Shark Bay Discovery Centre re-opened to the public on 27 May between 9-12pm Monday to Friday, with a 10 person limit for customers during this period. Staff will continue to respond to any queries via phone and email during the afternoons. The Gallery and Interpretive components of the facility will remain closed until we have further advice on the next phase of the lifting of restrictions.

The town oval, Denham foreshore (excluding the playground) and outdoor courts have now opened, however the Town Hall, Recreation Centre and the gym have to remain closed. Please contact Shire staff to complete a Covid-19 Safety Plan in anticipation of hiring any of these unstaffed facilities once the 'all clear' is advised by the State Government.

You can keep up-to-date on the re-opening of facilities and locate available resources on the Shire's Facebook page and via SMS text messages or visit the [www.sharkbay.wa.gov.au](http://www.sharkbay.wa.gov.au) website. Contact the Shire staff to register for the SMS service.

## Regional Travel Restrictions

With the further reduction in WA's regional travel boundaries announced by the Premier on 25 May, the Discovery Centre staff have had a flurry of enquiries from potential visitors from elsewhere in the State to our patch of paradise. The Centre staff have been very proactive over the past 2-3 weeks promoting and marketing Shark Bay via social media, TV and radio – in anticipation of the upcoming recovery phase, so hopefully there will be some economic relief not too far away for our local tourism operators.

## Shark Bay Community Response

Once again, on behalf of the Council and Shire staff, I'd like to congratulate the vast majority of our local community members who have abided by the rules and regulations imposed on us during this corona virus pandemic situation. We've done an amazing job of continuing to observe the restrictions which has contributed in no small measure to our Covid-free status in the Bay. Awesome effort everyone!

Cheryl

Cheryl Cowell  
President

## Activities

- May 01 Gascoyne Zone video conference
- 01 WALGA Webinar – State Government Ministers
- 06 WALGA State Council Strategic Forum
- 06 WALGA State Council Meeting – via video conferencing
- 08 WALGA Gascoyne Zone Media Video
- 08 WALGA State Council meeting – Communication Campaign
- 08 WALGA Webinar – State Government Ministers
- 12 GDC Board Meeting – video conference
- 15 WALGA Webinar – State Government Ministers
- 27 May Council Meeting

# Shark Bay School News

Thanks for a great start to term 2, despite everything! We have had one of the highest attendance rates in the state at the start of term and everyone returned in a very positive way, making the most of the situation and glad to be with friends and colleagues again. From Monday 18 May school is compulsory again and it's important that students get back into routine, not missing school unless they are sick. At school handwashing and hygiene, and keeping our distance as much as possible, are the order of the day.



We hope it won't be too long before we can be more normal in terms of having parents on site and running special events, but we hope you enjoy things shared from the classroom via Dojo in the meantime and ask you to keep monitoring it in case of any urgent announcements.



## Staff News

Our new staff member, Daisy Britten, was put on the spot by our Year 6 interviewers Ashayah-Lilly and Brody: I've been made to feel very welcome here and I love spending time outdoors. I have a Blue Heeler dog named Biscuit. We like going to the beach together. I'm sure I'll enjoy the challenge of a new job and getting to know my class.



Congratulations to Jacqui Brennan and Bryan Riddick for achieving Senior Teacher status. This is a recognition of their professional learning and contribution to school development and it is great for the school to develop a wider group of teacher leaders. All staff members have enjoyed a steep learning curve as we prepared for several possible COVID-related scenarios, in particular upskilling in using online platforms. This commitment to continual learning is a great example to students and a reflection of a wonderfully collegial staff room with a team approach. Many thanks to the whole team for making a challenging period of time such a positive one.

## Additional School Development Day

Schools have been awarded an additional pupil-free day to make up for the one effectively 'lost' in COVID-related planning. Subject to approval by the Council when it meets, we propose to hold ours on Tuesday 21 July, following Monday 20 July which is already a school development day. Having 2 days in a row will be great for

planning for semester 2.

## Classrooms

Classroom learning quickly returned to routine and maintenance of high expectations. Learning becomes increasingly effective as whole school practices strengthen and staff have developed and shared optimal ways of teaching early literacy, for example. We are compensating for the lack of NAPLAN data this year by implementing Progressive Achievement tests in Reading and Maths run by the Australian Council for Educational Research.

The Secondary class students are also working hard and developing skills at volley ball and netball as well – we think there may be a staff vs. students challenge ahead..... It was great to be invited by our Shire to submit entries to the Western Australian Local Government Association's Art competition. Unfortunately, COVID caused the event to be cancelled but we appreciated the opportunity and the students' designs were stunning, for example this one of Katie's.



**Congratulations to our mid-term Certificate recipients Arlee, Denham, Wyatt, Wynter, Sophie, Ashayah-Lilly, Finn, Jai, Ella and Emily.**

## Mothers' Day Raffle, P&C and Council

Unfortunately, we couldn't hold our usual Mothers' Day morning tea, but we hope all the mums had a lovely day and enjoyed the gifts bought via the P&C. The raffle was a huge success and we thank everyone who supported it. Although special events are still not allowed, we will be able to hold physically-distanced members-only meetings for P&C and the School Council on site this term.

Enquiries are welcome at any time.  
<https://myschool.edu.au/school/48507>  
[https://www.det.wa.edu.au/schoolsonline/overview.do?schoolID=5418&pageID=SO01&resetSearchType=ONE\\_SCH](https://www.det.wa.edu.au/schoolsonline/overview.do?schoolID=5418&pageID=SO01&resetSearchType=ONE_SCH)

## Coming up:

Early Close 2pm 15 and 29 June.  
Council: Tues 26 May, 3.30 pm  
WA Day Public Holiday Mon 1 June  
P&C: Wed 3 June, 4.30 pm

Shark Bay School  
55 Francis Road  
Denham WA 6537  
Ph 9948 0000

Principal:  
[Celia.Elissegaray@education.wa.edu.au](mailto:Celia.Elissegaray@education.wa.edu.au)







*Shark Bay Hotel*  
  
*Australia's Most Westerly Hotel*

*"The Old Pub" is truly the community's pub, come and cheers with the locals*

**Kitchen's Open:**  
 12pm - 2pm  
 5.30pm - 8:30pm  
*(closing times may vary at Manager's discretion)*

**What's Happening  
 at The Oldie**

**Nightly dinner specials!**  
 Check our facebook page for updates  
 @sharkbayhotel

**Find us on: facebook®**



**Bottle Shop**  
 OPEN from 10am DAILY,



**Pop in and say HI!  
 WE'RE OPEN EVERY DAY**

**Trading hours: open every day from 10am til late** Phone: 9948 1203  
 www.sharkbayhotelwa.com.au  
 enquiries@sharkbayhotelwa.com.au



**Want to know what's going on at the Shire?**

- Road Closures
- Community Meetings
- Mosquito Fogging Program
- Rubbish Collections
- Community Events
- Rose de Freycinet Gallery Displays
- Project Updates



**Sign up to receive free SMS Updates to your mobile phone**

Please fill in the information below and hand in to the Shire office or email to [reception@sharkbay.wa.gov.au](mailto:reception@sharkbay.wa.gov.au)

Name .....

Mobile Phone Number .....

Email Address .....

# Conservation Matters

## **Shark Bay bandicoot's island escape**

Springtime last year saw the first reintroduction of the Shark Bay bandicoot to Dirk Hartog Island National Park as part of the Return to 1616 Ecological Restoration Project. The Return to 1616 project aims to restore 11 of the island's original native animal inhabitants and two additional hare-wallaby species in need of conservation protection.

The fauna team spent many nights working to catch an amazing total of 72 Shark Bay bandicoots on Bernier and Dorre Islands. These lucky bandicoots received an all-expenses paid, one-way trip to Dirk Hartog Island, joining previously released rufous and banded hare-wallabies.



*Left: Young Shark Bay bandicoot.  
Photo - Tiarne Duselli*

*Below: Shark Bay bandicoot inspecting his new home on Dirk Hartog Island National Park.  
Photo - Kelly Rayner*



The bandicoots were released in the Herald Bay area in early September where there is abundant vegetation. But would our intrepid travellers settle into their new home? Radio-tracking immediately after their release gave good feedback that the 'coots' were doing well in their new island abode. When later caught to remove their radio collars, all bandicoots were found to be in very good health and weight gains suggested they were clearly making the most of plentiful insects available in Spring.

When the fauna team returned to check on the bandicoots in November, however, a mystery unfolded. Although bandicoot footprints and diggings were found everywhere, virtually no bandicoots were caught in traps, only native mice. Far too well fed on insects, it seemed the bandicoots couldn't be tempted into traps with food. Native mice on the other hand were only too happy to enter traps in return for a snack of peanut butter and rolled oats. Flourishing in the good conditions on the island, native mice were getting to the traps first and excluding bandicoots. Undeterred, the fauna team returned to the island in March this year with a new trapping plan to specifically target bandicoots. While plenty of native mice were still caught, ten bandicoots were recaptured, all of whom had put on

weight. One of them proved to be as good an explorer as Dirk Hartog himself, having travelled four kilometres from his original release site. The bandicoots were doing so well in fact, that many of the adult females had pouch young. The best surprise of all was finding a brand-new bandicoot that had been born on the island!

All of this bodes well for the next chapter in the restoration of Dirk Hartog Island National Park.

*Right: Shark Bay bandicoot wearing a radio collar. Photo – Kelly Rayner*



## **The Shark Bay Marine Park gets a check up**

Whilst we're all keeping a close eye on our health in the current COVID 19 pandemic, DBCA is doing the same by giving the Shark Bay Marine Park its own health check-up. This has become increasingly important in the face of steadily increasing sea water temperatures and extreme heat waves caused by climate change.

As a result of rising ocean temperatures, seagrass communities which dominate so much of the marine habitats in Shark Bay have suffered a decline in recent years. Seagrasses are a flowering plant like the wattle bush in your front yard. In the same way that bush provides a home for birds and insects, seagrasses provide critical habitat for an enormous amount of marine life including fish, shellfish, crustaceans, sea snakes and dugongs all of which contribute to Shark Bay's World Heritage status. Shark Bay has over 4,000 square kilometres of seagrasses and without them, our marine park would be a very different place.



*Above: Marine Park Coordinator, Luke Skinner and research scientist Simone Strydom readying a BRUV for its underwater survey. Photo - Ankje Frouws*

With this in mind, DBCA science teams from Denham and Perth got together in March for ten days to give the



marine parks their biennial check-up. The team focused mainly on the health of seagrass, coral and fish habitats. To monitor the health of coral and seagrass, the team spent many hours on diving surveys. The more hitech BRUVS or baited remote underwater video stations were used to census fish populations.

BRUVS are a modern, marine version of Candid Camera's classic practical joke where pedestrians are filmed while trying to pick up a coin glued to the footpath. In the same way, BRUVS video any passing fish attracted to bait in a bag. Not as many laughs as the TV series – but the results are just as interesting. When the cameras are lifted from the water, they hold the secret life of underwater Shark Bay captured on film.

*Right: Research scientist Simone Strydom getting bait ready for the BRUVS.  
Photo - Ankje Frouws*



All of this hard-earned information gives a snapshot of our marine environment's health in 2020 and the data collected during the survey will now be compared with previous years, to give scientists an idea of how the marine park is faring.



*Left: Underwater surveys are critical to understanding how rising ocean temperatures affect our seagrass meadows. Photo - Claire Ross*

*Right: Seagrass and coral provide critical habitat to a wide range of species including this butterfly fish.  
Photo - Ankje Frouws*



## Newsletter



Keep up to date on the Dirk Hartog Island National Park Return to 1616 Ecological Restoration Project with the latest edition of Wirruwana News out in March 2020.

You can pick up your copy from: <https://www.sharkbay.org/news> or follow this link to subscribe and automatically receive the newsletter twice a year: [www.dpaw.wa.gov.au/news/newsletters](http://www.dpaw.wa.gov.au/news/newsletters).

We would love to have contributions from anyone involved in activities on the island. If you have an experience, memory or photograph of Dirk Hartog Island to share, please contact Wendy on 9964 0901 or email [wendy.payne@dbca.wa.gov.au](mailto:wendy.payne@dbca.wa.gov.au).

Wendy Payne

I am happy to advise that the Monkey Mia Dolphin Experiences will be opening as from Monday 18th May 2020.

However, government health restrictions will still apply and only 20 visitors will be able to attend each of the 3 Dolphin Experiences between 7:45 and 12 noon. The Dolphin Experience Area will be blocked off, but the remainder of the reserve will be open. Visitors will still be able to view the dolphins from the vantage point of the jetty or on the beach outside of the Dolphin Experience Area, but the four square metres of space per person and social distancing still apply.

To ensure only 20 people attend each experience we will be handing out tokens marked 1-3 for each of the experiences based on first come first served basis, and we will not be able to take bookings. The tokens can be obtained from a staff member from 7am inside the Visitor Centre as people arrive. Only visitors who have a token for that experience will be able to enter the Dolphin Experience Area and participate in the Dolphin Experiences.

Unfortunately, we can not extend the number of people attending beyond 20 per experience and if more than 60 people arrive, or the dolphins do not attend every feeding session then some may miss out.

We hope you will be able to relay to visitor who might be visiting Monkey Mia that the numbers are restricted and we appreciate their help and understanding as we try to make the new government restrictions not inhibit their opportunities to meet the dolphins. Please also make them aware that the entrance fees still apply. The entrance station will still be closed so visitors should make their way directly to the visitor centre.

We look forward to welcoming everyone back.

Cath Roberts  
Business Manager | Monkey Mia



Department of Biodiversity,  
Conservation and Attractions



# Why Long Walks Will Change Your Life

**Walking is medicine — it cures anxiety, sparks inspiration, and brings us back to ourselves**

I am back home, and yesterday, I walked in the rain from my village and down into the valley, then upwards and into the woodlands. This is my childhood village — a village called Shelley in the West Riding of Yorkshire. One woodland stands above and another at the bottom of the valley. On either side of the village, farmlands blanket endless rolling hills. A patchwork of green fields bordered by hedgerows and drystone walls cut across the landscape in every direction. Wildflowers and farm animals (mostly cows or sheep) abound, and the picture is dotted with the occasional ancient farmhouse or barn.

The late sun spilled light through the trees and onto the footpath, and every so often a grey squirrel would scurry across my path and ascend the nearest tree until out of sight. Whenever you walk into the woods it feels as if you have entered a sanctuary — everything you think matters does not seem to matter all that much under the shelter of the trees. Trees are mysterious to me, like gods or mystics, infinitely wiser than humans, all-knowing, all-seeing, and we can only admire them from below.

I could have walked anywhere: along the roads, over the green fields, across the towns and cities — but I always choose the woodlands. In the woods, I walk amongst my ancestors, and I am home. Even in childhood, the woods were where I felt closest to nature's awe-inspiring workings.

I most enjoy woodlands

which are unkempt, with fallen trees and branches on the ground, bushes and brambles in sprawl, and no clear footpath. You have to find your own way through a deadly labyrinth of nettles, thorns, spines, and prickles. These wild woodlands are a fascinating reminder of what nature was like before humanity: a tangled, prickly, and venomous darkness, often hostile and sinister, but at the same time mysteriously beautiful. The wildest things are the most alive, and finding yourself amid the wilderness in an age when man has subdued every other part of life is refreshing.



After some time walking along the narrow woodland path, I came across a lonely stream, which flowed through the heart of the woodlands and down the valley. A father watched over his young daughter, a happy, blonde girl, as she played with twigs and sticks and hopped across the stones that sat on the water. I smiled at the father, lunged over the water, and went onward through the trees. Some distance later, the trees stopped before a train track, which stretched across into the distance in a perfect straight line, headed in both directions for the industrial cities

of Yorkshire. When I re-entered the woodlands, I was absorbed once again by the trees, the leaves, the sprays of sunlight, the crawling insects, the wet mud — the simple and forgotten things — and carried on toward the village.

***During my walks, I am in a constant, slow-burning rapture.***

Eventually, after about an hour and a half of walking, I reached the end of the footpath: a cricket pitch at the top of a hill in a village called Shepley — the name deriving from the Old English scep (sheep)

and leah (clearing), thus meaning “a clearing or meadow where sheep are kept.” At this point, I had a view of the entire landscape, including a full scope of my village on the hillside opposite. Beyond the village, I could see yet more farmlands and woodlands, a Victorian village church, Emmanuel Church, and in the far distance, Emley Moor, a broadcasting tower that pierces through the sky and watches over every village southeast of Huddersfield.

Over the years, I must have walked this same route a thousand times, yet I've

never tired of its charms. If one is attentive enough, every walk is an opportunity to see new sights and hear new sounds. On many occasions, I walked off the track and ended up in some unfamiliar landscape I never could have imagined. For the most part, the landscape of West Yorkshire is not very diverse; it's mostly green fields and green hills that seem to stretch on forever. But on my local walks, I am an explorer, a pioneer, I am involved in the landscapes, and I notice the wonderful capabilities of the landscape to bend and fold over short distances. I learn the shapes and curves of different trees and plants, and I notice how they change throughout each season. On my walks I am in a constant, slow-burning rapture.

Usually, I walk without a plan. I have nothing to achieve; the beauty is in the walking, in the journey itself. I depend on instinct and walk interminably, one foot in front of the other, breathing in the cold air, marveling at the stature of the oak trees, nodding and greeting the dog walkers who pass me by. And then, quite suddenly, ideas arrive. Stories unfold. Meaning and purpose are restored. Beautiful words, long sentences, poetry and rhyme, answers to dreaded questions — these all come in flashing moments when I am absorbed in the landscape, in the eternity of the natural world. It always takes me by surprise, and I often regret not carrying a notepad to write my thoughts down; I just have to hope I will remember everything when I get back home.

In nature, you leave yourself behind. You are



nobody in the woods. When faced with a particularly difficult problem, I find it's always healthier to just get out of the house and go for a walk rather than trying to force the answer. For in the repetition of walking you empty yourself out, free yourself of opinion and expectation, and embody once again humanity's innate character. In this state of emptiness, your mind begins to clear — and then the gods descend to fill the void. Freedom of movement stimulates the mind, bringing forth divine wisdom. A free body is a free mind; which is why, I suppose, the powers that be prefer we sit in offices and cubicles day and night, so that we are made forever stupid and loyal customers.

***In nature, you leave yourself behind.***

Indeed, like everyone else, I have days that require I

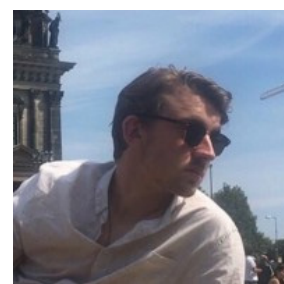
sit inside the office or the library all day and work until the end. And on these days I always feel as if there is a small stove slowly burning in my stomach, a hollow pain, which grows fierier the longer I stifle my vitality. If evening comes and I have not walked far at all, then this fire cannot be contained and it becomes impossible to remain sitting still. I get so anxious that I cannot concentrate on even the simplest of tasks. My mind is exhausted but my body's energy is idle and unsatisfied. If this energy does not find release through physical exertion, it seeps into the mind and transforms into worries, doubts, fears — what's more, I can't sleep, because the untapped life force whirls and spins around my mind, desperately trying to exert itself, keeping me awake. The life force I should be expressing through physical exertion

turns back on my body and slowly destroys me.


I take long walks because I have a body, and if I do not use my body then I become bad-tempered and apathetic. Those who concentrate solely on their intellect and leave the body behind tend to be rigid, stern characters, and unhealthy. As far as I can tell, each of us seems to have a primal drive toward life, which finds its easiest expression in the act of walking, in the act of moving forward through the natural world and marveling at its beauty. In my experience, all anxious and depressive feelings seem to dissipate when walking along a woodland path. And if you walk far enough you eventually achieve a state of joy — a quiet, inner happiness — and you are relieved, as you have escaped the walls, the squares, the eternity

of sitting, of stagnation; now you are moving over the landscape, over the hills and far away, fighting against gravity, breathing fresh air, with a pulsing heart and an appetite for flowers and sunlight. You are free in search of the springs of life. A long walk is a rebirth of consciousness; one never returns quite the same, and is always better off for it.

WRITTEN BY  
Harry J. Stead  
Writer from West  
Yorkshire,  
United Kingdom -  
harryjstead.co.uk




*Walk yourself happy*

Heart Foundation Walking 



*It is proven that walking improves your general health and well being!  
Walking with friends is more fun!*

**Why don't you join our group & come for a walk?  
It's free, it's fun, it's good for you!**

**Tuesdays @ 4pm**  
**Meeting point: SB CRC**  
**10 Denham road**



There's a fun, free and easy way to feel happy and healthy. It's walking — and we're here to help get you started.

Proudly supported by   Visit  *Your local connection*

walking.heartfoundation.org to join a free walking group or download the Heart Foundation Walking app to walk solo.



**DENHAM SENIORS**

*have changed their name... and opening to all adults over 18 years old.*

**from June 2020**

## Re-opening! Join us Wednesday mornings @10am

Location to be confirmed



### Some of our weekly activities:

- Coffee, Tea, Cake
- Board Games
- Cards
- Crosswords
- Puzzles, etc

### Special occasions:

- Guest Speakers
- Bingo, etc



Nothing better to do...

why not come along?

Have a cuppa, meet the locals, meet some visitors, share stories, play a game or two,

enjoy a chat...



For the last couple of weeks, the Friendly Hub has been meeting outside, at the back of the CRC. It has been very nice to meet up again, and sit outdoor in the warmth. We are looking to resume our activities with games and Bingo, starting from the first week of June!



St John Ambulance

## First Aid Kits FOR SALE

at the Shark Bay CRC

**Prices vary \$30 - \$40**



Find us on: **facebook**

**Shark Bay Shellblock Church**



St Andrews by the Sea





**H**e was born in an obscure village, the child of a peasant. He grew up in another village, where he worked in a carpenter shop until he was 30. Then, for three years, he was an itinerant preacher.

*He never wrote a book. He never held an office. He never had a family or owned a home. He didn't go to college. He never lived in a big city. He never traveled 200 miles from the place where he was born. He did none of the things that usually accompany greatness. He had no credentials but himself.*

*He was only 33 when the tide of public opinion turned against him. His friends ran away. One of them denied him. He was turned over to his enemies and went through the mockery of a trial. He was nailed to a cross between two thieves. While he was dying, his executioners gambled for his garments, the only property he had on earth. When he was dead, he was laid in a borrowed grave, through the pity of a friend.*

*Twenty centuries have come and gone, and today he is the central figure of the human race. All the armies that ever marched, all the navies that ever sailed, all the parliaments that ever sat, all the kings that ever reigned--put together--have not affected the life of man on this earth as much as that*

*one solitary life.*

At the shell block church we are delighted to be back together on Sundays & at Bible study during the week. We are still limited by permissible numbers of people & there are some conditions, but we won't be turning anyone away. St Andrew's is open every day 7am & 6pm for inspection, quiet & prayer. Welcome.

# SES Shark Bay



## EMERGENCY CONTACT NUMBERS

Police, Fire, Ambulance	000
State Emergency Service assistance	132 500
Shire of Shark Bay	9948 1218
Road conditions (Main Roads)	138 138
Emergency WA website	<a href="http://www.emergency.wa.gov.au">www.emergency.wa.gov.au</a>
Weather and cyclone forecasts	<a href="http://www.bom.gov.au/cyclone/">www.bom.gov.au/cyclone/</a>
ABC radio	local frequency

Since the onslaught of the Covid pandemic all DFES combat agencies were directed to stop training and gatherings until further notice. Attending to incidents were still permitted whilst abiding as much as possible with all health guidance directions.



Patricia, Judy, Derek, Jamie, Natt, Emma, Terry, Bryan, George and Joe



Vehicle check

We have permission now to re-commence training whilst adhering to the physical distancing rules and group numbers. Our training nights are on the the first three Monday's of the month, with the first Monday being a maintenance night, the second one is participating in a practical exercise and the third is reinforcing skills that were learnt doing the practical exercise. At the completion of training we gather around to debrief and eat some nibblies.

The main use they are used for are propping up weak roofs and walls.

During the early stages of the pandemic, our SES unit was contacted to see how many of the members were willing to assist the Police with the closure of regional borders. We were told members must be prepared to travel to Northampton and be on duty for 12 hours and tag team. They must also be self sufficient during that time and prepared to camp out. Thankfully, members were not required in the end.



Monkey Mia Jetty in the storm

During May members activated the AVL, checked oil, water, lights, tyre pressures on the vehicle. They learnt how to use tyre deflators and the SES portable air compressor. Another new skill learnt was what an ACRO prop is, how to use one and what it's used for.

During this recent storm, SES was only called upon once to help block the end of Knight Terrace due to the Ocean water crossing the road.

Judy



am foreshore



Denham Jetty submerged



Knight Terrace covered by sea grass

## REMINDER

Training nights have been changed to the 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> MONDAY nights of each month. Starting at 5pm

For more information about SES, what we do, training opportunities, or just want to join, ring our **Local Unit Leader Joe 0419 902 895** or the **SES Duty Phone 042 9 481 218**



# Shark Bay Community Men's Shed



Good news is that we are able to return and open the Shed for members and visitors on Monday mornings from 10-11am. We are usually there much longer now as we have power courtesy of a generator donated by Michael at Tidal Moon and heaps of nails and screws courtesy of Jacques at Shark Bay Fuel. The shutdown period has enabled a clean-up of the Shed too.

One of the first tasks completed was a job for ourselves. For some time, the Shed has been dominated by a large bench which did not have a top. Thanks to frequent visits to the tip over a long period of time, we gathered together sufficient timber to make a frame for the top of the bench. Finally someone took some large sheets of chipboard to the tip and fortuitously, Tim was unloading a pile of vegetation at the time this prize was discovered and bought the chipboard back to the Shed. The chipboard is a temporary top as we are not aware of just how much space we will have when we relocate to Hughes Street. The crew were quick to assemble the frame and top maintaining the appropriate physical distances while doing that.



Small in-house tasks were completed during the isolation. Curtains were fitted at Cheryl's unit, two bicycles were sold as Mother's Day presents and small painting jobs were done.

The Men's Shed bicycle collection now exceeds 20 in various states of repair. The Men's Shed is happy to receive bicycles we can strip for parts. We are also happy to undertake repairs too.



Our bicycle collection was well secured during our recent weather event.

Remember if there are small jobs that need to be done around your place and local tradies do not handle it, contact the Men's Shed team via email at

[sbcmenshed@hotmail.com](mailto:sbcmenshed@hotmail.com)

or call and leave a message

at 0490 371 775.

Drop in and see us on a Monday morning or if you see one of us around town, bail us up. At present we have a number of jobs in hand, mainly furniture and painting related but we are always looking for more.

*David Lergessner,  
Secretary*

# Coach Development Series

## Online Coaches Workshops



*“It is not what the coach knows; it is what his players have learned.”*

The Department of Local Government, Sport and Cultural Industries and the Peel Regional Academy of Sports are pleased to present this Coach Development Series. This series will be delivered through weekly online workshops over a four-week period. We have outstanding coaches presenting each week, and whether you are a beginner or an experienced coach, there will be plenty to learn to motivate and inspire you to be the best coach you can be. These FREE online workshops are for coaches of all sporting codes. Register [here](#) for the series and tune in to whichever workshops you choose. Don't miss this great coaching opportunity!

For any enquiries, please contact Leanne Peebles on 9550 3193 or at [leanne.peebles@dlgsc.wa.gov.au](mailto:leanne.peebles@dlgsc.wa.gov.au)

**Session 1**  
**Michelle Cowan**  
Wednesday, 20 May  
6.30pm – 7.30pm

***How to build positive team dynamics***  
AFL coach Michelle will help coaches understand how to build and create strong team dynamics and how this can influence your team's performance and success.

**Session 2**  
**Mark Worthington**  
Wednesday, 27 May  
6.30pm – 7.30pm

***Simplicity in coaching***  
Olympic basketballer Mark will speak on how to start and build on grassroots coaching. In a world where everyone is expecting “elite” coaching Mark will talk about how to start coaching a team and the importance of good communication and how to deliver a message to your playing group.

**Session 3**  
**Jesse Phillips**  
Wednesday, 3 June  
6.30pm – 7.30pm

***Communication – key to building relationships***  
Olympic kayaker and coach Jesse will speak about coach to athlete/parent engagement and communication, how to interact with kids, handle their parents and how to be a fair coach.

**Session 4**  
**Trevor Gleeson**  
Wednesday, 10 June  
6.30pm – 7.30pm

***Leadership and motivation***  
Perth Wildcats head coach Trevor will speak about effective leadership, self-belief, passion and overcoming adversity to build success.







## TEN TAKE HOME PARENTING TIPS

THIS INFORMATIVE & PRACTICAL ONLINE WORKSHOP WILL SUPPORT PARENTS AND CARERS OF CHILDREN AGED 2 - 10 YEARS

### THE WORKSHOP WILL COVER:

- Self-regulation, self-control and challenging behaviour
- Identifying their own emotions
- Learning what behaviour is OK and not OK
- How to learn and choose behaviour that helps you and helps them
- Strengthening parent and child relationships and avoiding the parental overload!

### BUILDING YOUR PARENTING TOOLBOX WITH CONFIDENCE TO TACKLE ANY SITUATION

Where: Zoom Online Application (please download to device which has audio and video prior to start date.)

When: Wednesday 3rd June 2020 10am -11:30am

Cost: FREE – courtesy of Parenting Connection Midwest and Gascoyne

Facilitator: Brad Williams, Behaviour Tonics.

Phone: 08 9921 4477 or M:0427 789 196 or Email : [Midwest.PCWA@ngala.com.au](mailto:Midwest.PCWA@ngala.com.au)

Once registered Zoom meeting ID and Password will be sent via email before the workshop starts along with a set of notes and workshop activities (PDF for printing)

A recording of the workshop will be available for a limited time following the workshop

Supported by



Delivered by



## NO SCAREDY CATS PARENT COURSE

A FREE ONLINE 3 PART SERIES FOR PARENTS AND CARERS OF CHILDREN AGED BETWEEN 2 -12 YEARS

### IN THIS ONLINE WORKSHOP YOU WILL LEARN:

- Strategies to reduce anxiety and worries and build resilience in your child
- An overview of brain development and how this plays a vital role with children's emotions and behaviour
- How to support your child through risk taking but at the same time keeping them safe
- Memorable strengthening sayings, questioning strategies and mindfulness exercises

REGISTRATIONS CLOSE ON THE 2nd JUNE TO ALLOW PARTICIPANTS TIME TO RECEIVE COURSE BOOKLET

Where: Zoom Online Application (please download to device which has audio and video prior to start date.)

When: Thursday 11<sup>th</sup>, 18<sup>th</sup> and 25<sup>th</sup> June 2020 commencing at 7.30pm to 9.00pm

Cost: FREE – courtesy of Parenting Connection Midwest and Gascoyne

Facilitator: Brad Williams, Behaviour Tonics

Phone: 08 9921 4477 or M:0427 789 196 or Email : [Midwest.PCWA@ngala.com.au](mailto:Midwest.PCWA@ngala.com.au)

Once registered Zoom meeting ID and Password will be sent via email before the workshop starts.

Recording of the workshop will be available for a limited time following each workshop.

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ST JOHN  
AMBULANCE  
WESTERN  
AUSTRALIA  
LTD

SHARK BAY SUB CENTRE,  
PO Box 82 - Cnr Durlacher St & Dampier Rd,  
Denham 6537  
[saintjohns1@bigpond.com](mailto:saintjohns1@bigpond.com)  
visit our office 100 Durlacher St Denham  
Wednesday & Thursday 10am-2pm

# in May

your local Ambo VOLUNTEERS  
dropped whatever they were doing...:  
*chillout time with their family*  
*chatting with a friend*  
*cooking breakfast*  
*swimming, fishing*  
*reading a book, working*  
*or even sleeping*  
to respond to...:



# 8

**EMERGENCY,**  
life threatening,  
call out for helps!

Which  
brings  
the total



# 41

triple zero  
calls,  
so far ...  
this year!

## CRITICAL REMINDER

To ALL RESIDENTS and VISITORS  
For any life threatening emergencies  
or serious crime/incidents  
the number to call is 000

In Shark Bay many people have a tendency to call the local agency direct or private phone numbers of volunteers when requiring urgent assistance. Please be aware, this does not make response faster. In fact it delays the response time of emergency services as a response team can not be dispatched until the central command centre has directed them to do so. So call 000, response will be faster. when calling 000, it is also important to remember that the operator will ask you the following questions, which will aid them in assisting you as fast and efficiently as possible.

Service required: Police/Ambulance/Fire & Rescue  
Your name: .....  
Town & State you are calling from: .....  
Location (address) of the incident: .....  
Nature of the incident: .....



# DENHAM – WESTERN AUSTRALIA

LAT 25° 56' S LONG 113° 32' E

Times and Heights of High and Low Waters

© Copyright Commonwealth of Australia 2018, Bureau of Meteorology  
 Datum of Predictions is Lowest Astronomical Tide  
 Times are in local standard time (Time Zone UTC +08:00)  
 Moon Phase Symbols ● New Moon ○ First Quarter ● Full Moon ● Last Quarter

JUNE				
	Time	m	Time	m
<b>1</b>	0133	0.74	<b>16</b>	0104 0.73
	0910	1.22		0910 1.16
MO	1542	0.98	TU	1748 0.74
	1935	1.08		2131 0.81
<b>2</b>	0203	0.80	<b>17</b>	0122 0.78
	0936	1.31		0935 1.21
TU	1713	0.82	WE	1821 0.63
	2137	0.99		
<b>3</b>	0242	0.85	<b>18</b>	1002 1.27
	1011	1.41		1857 0.54
WE	1819	0.65	TH	
	2322	0.97		
<b>4</b>	0328	0.87	<b>19</b>	0139 0.87
	1052	1.49		0327 0.86
TH	1915	0.50	FR	1033 1.32
				1933 0.46
<b>5</b>	0038	0.97	<b>20</b>	0202 0.90
	0415	0.89		0421 0.88
FR	1134	1.54	SA	1108 1.36
	2005	0.40		2011 0.40
<b>6</b>	0133	0.98	<b>21</b>	0221 0.93
	0457	0.89		0501 0.90
SA	1218	1.56	SU	1145 1.40
○	2051	0.34	●	2048 0.37
<b>7</b>	0218	0.98	<b>22</b>	0234 0.95
	0536	0.89		0536 0.91
SU	1300	1.55	MO	1224 1.44
	2133	0.33		2124 0.35
<b>8</b>	0301	0.97	<b>23</b>	0256 0.97
	0614	0.89		0609 0.92
MO	1342	1.52	TU	1304 1.47
	2211	0.35		2159 0.35
<b>9</b>	0345	0.96	<b>24</b>	0331 0.99
	0652	0.90		0647 0.93
TU	1423	1.47	WE	1344 1.48
	2244	0.39		2234 0.38
<b>10</b>	0438	0.96	<b>25</b>	0416 1.01
	0730	0.92		0734 0.95
WE	1502	1.40	TH	1427 1.46
	2315	0.45		2306 0.43
<b>11</b>	0549	0.97	<b>26</b>	0509 1.03
	0812	0.95		0833 0.97
TH	1540	1.31	FR	1514 1.40
	2342	0.50		2335 0.51
<b>12</b>	0703	1.00	<b>27</b>	0602 1.08
	0902	0.98		0954 0.99
FR	1616	1.21	SA	1604 1.30
				2355 0.60
<b>13</b>	0007	0.56	<b>28</b>	0645 1.13
	0756	1.03		1202 0.97
SA	1019	1.01	SU	1702 1.17
●	1655	1.10	●	
<b>14</b>	0029	0.62	<b>29</b>	0000 0.68
	0829	1.07		0722 1.20
SU			MO	2359 0.75
<b>15</b>	0047	0.68	<b>30</b>	0758 1.28
	0851	1.11		1546 0.78
MO	1705	0.86	TU	1944 0.90
	1911	0.87		2349 0.78



# Tide Chart - Denham

Do you have Country Ambulance Cover?



**St John Ambulance**  
**St John Shark Bay Sub Centre**

*Should you need ambulance transport, even a short ride could cost you hundreds of dollars! Unfortunately, the cost of ambulance services is not covered by Medicare, Healthcare Card, Pharmaceutical or Pensioner Benefit Card holders.*

Annual Memberships are available for \$74 for Single(\*) and \$123 for Family.

Your membership directly supports the local ambulance service and helps to provide these vital ambulance services in your local community.

By taking our St John Country Ambulance Cover you also assist with the delivery of first aid services in your local area including:

- regular community first aid courses
- ready access to first aid kits and supplies
- first aid posts at local fairs, sports and events.

Country Ambulance Cover is a small price to pay for the invaluable services you'll be supporting.

Contact us for your application, email [saintjohns1@bigpond.com](mailto:saintjohns1@bigpond.com) or visit our office 100 Durlacher St Denham Wednesday & Thursday 10am-2pm

Tish

**(\*) This amounts to a little more than \$1.42 per week for a single or 20 cents per day.**  
 Most pensioners over 65 are covered (please check your eligibility).

**DISTRESS FLARES**

**\$140**

box of 4

On sale at the Shark Bay CRC

SOLUTION to "Unscramble a quote from Mahatma Gandhi  
 "Be The change you wish to see in the world"





# New Shark Bay Fishing Club Shirts have arrived!

For sale now  
at the CRC!!



  
 Parenting  
 Connection  
 Supporting WA parents



## ENGAGING ADOLESCENTS

PARENTING SKILLS FOR NAVIGATING THE TEENAGE YEARS

THIS ONLINE COURSE PROVIDES PARENTS AND CAREGIVERS EASY-TO-USE TECHNIQUES TO SUPPORT TEENS TO MANAGE THEIR OWN BEHAVIOR, EMOTIONS AND BUILD BETTER RELATIONSHIPS.

- Three-session parent course
- A practical 'how-to' guide for parents
- 3x 90 minute live and interactive webinar sessions delivered by Brad Williams from Behaviour Tonics. Brad has over 15 years' experience delivering engaging interactive parenting sessions across rural WA.

**Registrations close 04 June to allow course booklets to be posted to participants**

**Where:** Zoom Online Application (please download to device which has audio and video prior to start date.)

**When:** Tuesday 16<sup>th</sup>, 23<sup>rd</sup> and 30<sup>th</sup> June 2020 from 7.30pm – 9.00pm

**Cost:** FREE – courtesy of Parenting Connection Midwest and Gascoyne

**Facilitator:** Brad Williams, Behaviour Tonics

**Phone:** 08 9921 4477 or M: 0427 789 196 or **Email:** [Midwest.PCWA@ngala.com.au](mailto:Midwest.PCWA@ngala.com.au)

*Once registered Zoom meeting ID and Password will be sent via email before the workshop starts.*

Supported by





Delivered by

  
 Parenting  
 Connection  
 Supporting WA parents



## FATHERING 101 – PARENTING INFORMATION FOR DADS

JOIN US FOR A FREE ONLINE TWO-PART SERIES DELIVERED BY A DAD, FOR DADS!  
THIS ONLINE WORKSHOP WILL COVER:

- Building self-regulation
- Why Dad's modelling is so important
- "Same page parenting"
- Setting limits and boundaries
- Strengthening relationships

**Where:** Zoom Online Application (please download to device which has audio and video prior to start date.)

**When:** Thursday 4<sup>th</sup> and 9<sup>th</sup> June 2020, 7.30-8.30pm

**Cost:** FREE – courtesy of Parenting Connection Midwest and Gascoyne

**Facilitator:** Brad Williams, Behaviour Tonics

**Phone:** 9921 4477 or M: 0427 789 196 or **Email:** [Midwest.PCWA@ngala.com.au](mailto:Midwest.PCWA@ngala.com.au)

*Once registered Zoom meeting ID and Password will be sent via email before the workshop starts along with a set of notes and workshop activities (PDF for printing).*

*A recording of the workshop will be available for a limited time following each workshop.*

Supported by





Delivered by



# BETTER HEALTH PROGRAM



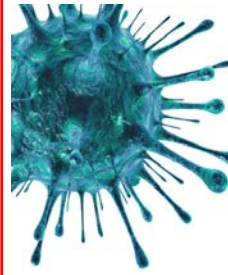
Be fitter, healthier and happier!

The Better Health Program is a **free**, online, healthy lifestyle program for 7-13 year olds who are above a healthy weight and their families.



Government of Western Australia  
WA Country Health Service

online  
betterhealth  
program



GIVIT is supporting people impacted by COVID-19

Unrequested donations hamper efforts.

**Please do not drop unrequested donations to charities & services.**

To donate goods or funds visit [givit.org.au](http://givit.org.au)

100% of funds received will be used to purchase essential items.

**GIVIT**

			4		3		1
2				7			9
1			3			4	
7	9	1				8	4
			7	4			
4		6			2	5	7
	4			7			3
9			4				2
3		7		5			

## Have you had any of these...

... for more than 4 weeks?

- Problems peeing
- Runny poo
- Unexplained weight loss
- An unusual pain, lump or swelling anywhere in your body
- Becoming more short of breath
- A persistent cough
- A new or changed spot on your skin

... once or more?

- Blood in your poo
- Coughing up blood
- Blood in your pee



If you have and you are over 40...

**Tell your doctor**

The earlier cancer is found, the greater the chance of successful treatment.

Partner:



Government of Western Australia  
Department of Health



For more information visit [findcancerearly.com.au](http://findcancerearly.com.au) or call 13 11 20

06/2018



# Volunteer Marine Rescue

PO Box 35, Knight Tce Denham 6537 | vmrsharkbay@westnet.com.au



Another quiet month for Marine Rescue Shark Bay with no calls for assistance from the boating public. All group training and meetings have also been on hold due to the restrictions put in place to deal with the covid19 pandemic. DFES is currently rescheduling our training program for the rest of the year and there will be courses coming up, hopefully in the near future.

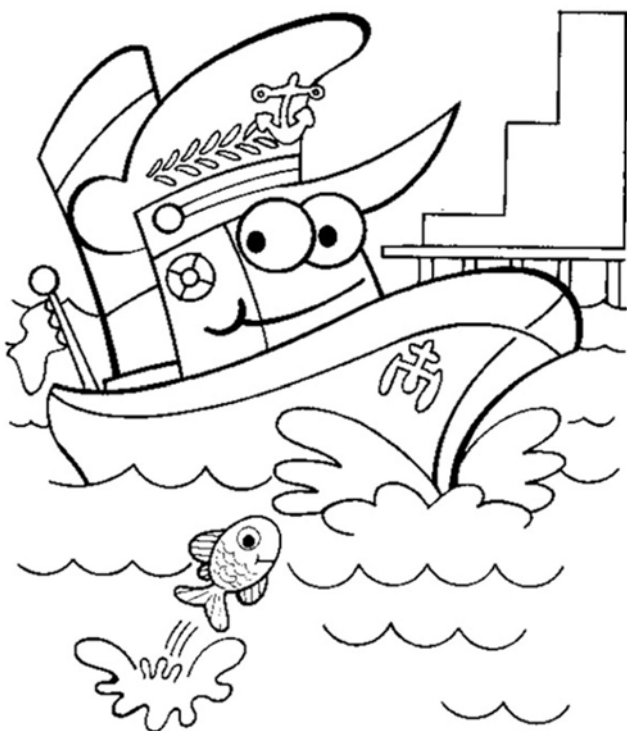
Behind the scenes things have been moving along. We have awarded the tender for our new vessel to Dongara Marine after a thorough and lengthy evaluation process. They are to build an eight meter rigid hull inflatable boat. It will be powered with twin Yamaha 200 hp motors supplied by Bayside Marine in Geraldton. Geraldton Marine Electronics will supply and install the state-of-the-art electronics package. We are looking forward to working closely with these local businesses and they are very happy to be given the opportunity. Build time is expected to be twenty weeks, so we should see delivery sometime in October. This boat will be a great asset for the group to enable us to carry out our role of search and rescue and helping to keep everybody safe while out boating.

Universal Marina Systems were due to arrive in Denham in the first week of June to install a new finger jetty at the Rescue 4 boat pen but have been unfortunately delayed. Damage to marinas in Perth from the severe weather has taken priority as there are safety issues for the public that need to be fixed. They expect to get here later in the month. We are looking forward to having a catwalk in the pen to make it much easier and safer for our crews to get on and off the boat.

With travel restrictions now being lifted we are expecting to see an increase in the number of visitors to town and a lot more activity out on the water. Hopefully everyone has had time to do some maintenance on their boats, motors and trailers to avoid having a breakdown spoil an enjoyable day out. Remember to tell someone where you are going and what time you expect to return, it could make a real difference to the outcome should something go wrong.

Take care out there and happy boating from all the crew at,

*Drew, Marine Rescue Shark Bay.*



## PUBLIC NOTICE

### DATES AND TIMES FOR THE ORDINARY COUNCIL MEETINGS FOR 2020

In Accordance with the Local Government Act 1995 Council wishes to advise that the Ordinary Council meetings for

2020 will be held as follows:

**June 2020 – Wednesday 24**

**July 2020 – Wednesday 29**

**August 2020 – Wednesday 26**

**September 2020 – Wednesday 30**

**October 2020 – Wednesday 28**

**November 2020 – Wednesday 25**

**December 2020 – Tuesday 15**

All meetings will commence at 3.00 pm  
in Council Chambers  
Paul Anderson - Chief Executive Officer






Happy birthday! Happy birthday! Happy birthday! Happy birthday! Happy birthday!

- 3 Trent Teague  
Stacey Reynolds
- 5 Denzel Grenside  
Brittany McIntosh  
Barbara Storman  
John Hanscombe
- 11 Kathleen Gibbs  
Sharna Timmer  
Anne Feist
- 13 Emma Lockhart  
Lois Cope  
Nicole Mettam
- 14 Patricia Weston  
Xavier Harrower
- 20 Jamie Burton
- 21 Anna Beck
- 22 Henk Van Eek
- 25 Barb Timmer
- 26 Colin Ryan
- 30 Lini Ironfield

Happy birthday! Happy birthday! Happy birthday! Happy birthday! Happy birthday!

Happy birthday! Happy birthday!

The Discovery Centre is opening to the public.  
Operating with reduced hours until further notice:

Monday – Friday 9am – 12noon

Available on phone and email from  
1pm – 4.30pm Monday to Friday.

The Gallery/HMAS Sydney Display  
and the Museum remain closed at this stage.

Shark Bay World Heritage Discovery & Visitor Centre:  
08 9948 1590  
[www.sharkbayvisit.com.au/](http://www.sharkbayvisit.com.au/)  
Shire Website: [www.sharkbay.wa.gov.au/](http://www.sharkbay.wa.gov.au/)



Thank you to the 4 Musketeers and their Wives

It was a WOW of a storm and we would like to say a bigger than big Thanks to our 4 Musketeers and their wives who spontaneously the “Just in case” following :- Sunday a knock on the door and “The 4 Musketeers arrived to lift our white goods and other essentials off the floor The gofer and the dog re housed

Monday after the red dust was washed and scraped away, with much banter all was put back in it's place. The carpet of sea grass removed from the drive way and front of the house. Dog and gofer came home to.

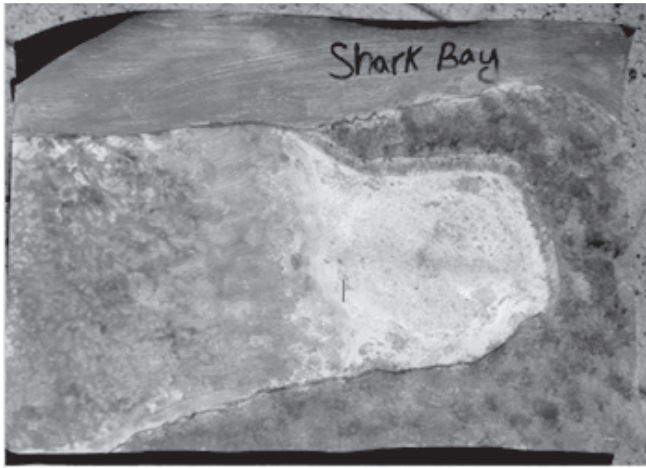
Musketeers and wives Thank you!!

Joe and Fay

We would also like thank and congratulate the Council for the expedient removal of sea grass from the road and pavements



# WALGA #shoWcAse in Pixels



First place: *Katie Halse*



Second place: *Savannah Francis*

A BIG thankyou to the Shark Bay School Year 4-6 Class for their participation in the Western Australian Local Government Australia (WALGA) #shoWcAse in Pixels Competition. WALGA encouraged Local Governments to submit artworks representing their community. The winning entries were scheduled to be displayed at the iconic digital tower, at the heart of Yagan Square.

However, WALGA announced the competition had been cancelled due to the COVID-19 impact. The Year 4-6 class had already creatively completed and submitted their artwork. The Shire wished to recognise the brilliant artistic efforts of the students and presented all 18 artwork entries to the Ordinary Council Meeting for "judging".

CONGRATULATIONS to first place: **Katie Halse**, second place: **Savannah Francis** and third place: **Soren Mansen**. Your winning designs were select by Council and will be featured at the noticeboard at Charlie Sappie Park, Shire's Website and Facebook, and future Ordinary Council Meeting agenda, minute and information bulletin documents.



Third place: *Soren Mansen*

  
**think**  
MENTAL HEALTH

## Seeking support

Looking after your mental health and wellbeing is just as important as looking after your physical health, even when you are in self isolation.

It's normal and understandable to feel concerned about the Coronavirus (COVID-19). Speaking with friends or family to let them know how you feel can help, and they might also appreciate talking to you about how they feel.

There are also many digital mental health services that you can access online or contact over the phone.

For support during this time contact:

**Lifeline** 13 11 14  
or visit [lifeline.com.au](http://lifeline.com.au)

**Mindspot** 1800 61 44 34  
or visit [mindspot.org.au](http://mindspot.org.au)

**beyondblue** 1300 224 636  
or visit [beyondblue.org.au](http://beyondblue.org.au)

**Kids Helpline** 1800 55 1800  
or visit [kidshelpline.com.au](http://kidshelpline.com.au)



# Did you know



## that at least a third of all cancers can be prevented with a healthy lifestyle?

Cancer Council Western Australia has a **Regional Education Officer** available to help educate your community. They work in collaboration with local agencies, workplaces, schools and communities to promote and advocate for evidence-based healthy lifestyle choices and improve cancer prevention through systematic changes in policy and practice.

### Regional Education Officers:

- Work with other health professionals such as general practitioners, health promotion professionals and allied health workers.
- Work with the community delivering a range of workshops and education sessions. Topics include:

**SunSmart**

**Nutrition and physical activity**

**Alcohol**

**Tobacco**

**Women's cancers**

**Men's cancers**

**Cancer screening**



- Help raise awareness on cancer prevention and early detection strategies through media channels.
- Promote and support our SunSmart Schools, SunSmart Centres and the Crunch&Sip® programs.
- Provide access to Cancer Council WA's range of cancer prevention and early detection information, including educational resources.

For more information or to have a chat about how you can work together with your local Regional Education Officer, please contact:

Aiden McDowell  
Regional Education Officer –  
Mid West/Gascoyne  
Cancer prevention and early  
detection  
Cancer Council Western Australia

M: 0434 913 430  
I'm currently working from home:  
Tue 7:30-3:30, Wed, Thurs, Fri 8-4  
Aiden.McDowell@cancerwa.asn.au





# Shark Bay

## Bowling, Sport and Recreation Club

ABN 35 876 340 257

PO Box 85  
Denham WA 6537  
Phone: 08 9948 1353  
Email: SharkBayBowls@westnet.com.au

### Social Bowls

Saturday the 23<sup>rd</sup> of May we kicked off our Saturday Scroungers again. There is a limit of 20 players at the same time and we need to keep the physical distancing and our hygiene practices. Also shared equipment needs to be kept to a minimum and mats and kitties need to be sanitised but that is all taken care of. Everybody is welcome (up to the 20 people limit). If you are interested you are welcome to join us, names in by 2.15pm please. Please bring your own water bottle or soft drinks as the bar will stay closed until further notice and we cannot put the water jug out. Strictly no BYO alcoholic beverages.

There are currently no Sunday fixtures scheduled as we are waiting for the new guidelines and or restrictions. As soon as there is a change, we will inform you all via our Facebook page.

## Shark Bay P & C Assoc.

### Mother's Day

The P&C's Mother's Day stall was a huge success. We sold everything. A big Thank you to Mrs Feist and our year 6 Councillors (Ashayah-Lilly, Brody and Soren) for helping with the gift wrapping! A special mention to Jamie Burton for the gift selection – we had some lovely things to choose from.

Thank you to everyone who supported the Mother's Day Raffle. We had a whopping \$400 worth of prizes donated. The results were

1<sup>st</sup> – Yvonne Perich

2<sup>nd</sup> – Cath Gibbs

3<sup>rd</sup> – Judy Britza

4<sup>th</sup> – Bev Casey

Congratulations to the prize winners.

We made \$520 PROFIT! (This is \$210 more than last year). So what a fabulous effort from both our Sponsors and everyone that supported the raffle through buying tickets.

A massive thank you again to the prize sponsors:

**Shark Bay Hotel,  
Shark Bay Marine and Hardware,  
Shark Bay Fish Factory, L'Haridon Bight Shell Mine and  
the Burton Family.**

Of course, where would we be without the tireless efforts of our Treasurer/Secretary, Ms Bec, who had to collect the cash and organise all the classes with both these fundraisers to adhere to Covid 19 restrictions. Thank you Ms Bec.



### Footy Tipping Comp

The football season is starting up again and Mrs H is keen to get our P&C blind Footy tipping competition underway. We will keep you informed as to how this is going to work after our meeting. Stay tuned...

### Face Book

Shark Bay School Parents and Citizens Association is now a public group on Face Book. If you are new to town and have children at school, please request to become a member in order to keep updated on the latest P & C info.

### Next Meeting

Wednesday 3<sup>rd</sup> June 2020 in the School Library @ 4:30pm. We must observe social distancing requirements and are only allowed to have a maximum of 20 people at the meeting. The first 20 people to arrive will be allowed in. Please feel free to send us a message on 043 993 8125 (Natt) or call Bec at the school 99 40000 for any further enquiries.

Thanks for your understanding and support.

*Natt Dul – On behalf of  
Shark Bay P&C Committee.  
(President)*

Iris Jean Furnival  
(Nee Schofield).  
Born 3<sup>rd</sup> March 1931,  
Ashton-under-Lyne,  
Lancashire, England.

Jeannie is in her 89th  
year & one of the oldest  
residents in Shark Bay.

ANZAC Day always has  
a three-fold meaning  
for Jeannie as not  
only is there a strong  
patriotism expressed  
in her family's service,  
ANZAC Day coincides  
with the anniversary of  
her Wedding day & of  
her husband's passing  
away.

She was married in  
April 1954 to James  
Richard Furnival from  
Duckingfield, Cheshire  
who had earlier joined  
the Royal Navy at the  
age of 16 & subsequently  
sailed on the HMS New  
Foundland during the  
Korean War.

His great uncle John  
Furnival had immigrated  
to Australia in the late  
1800's & served in the  
10th Light Horse.  
Jeanie's father - Richard  
Schofield - joined up  
as a drummer boy in

the Lancashire King's  
Own Regiment before  
the First World War  
being taken POW at the  
Battle of Mons in 1914.  
He survived & was a  
sometime Steeplejack  
between the wars. In  
1939, he again served  
his country as an Air  
Raid warden during the  
blitzes that witnessed  
over 7,000 such Civil  
Defence volunteers  
killed by enemy action.

Jeanie's brother, James  
Richard, joined up but  
earlier in the piece  
with the Highland Light  
Infantry in 1937. He  
survived the 2<sup>nd</sup> World  
War.

With her husband she  
immigrated to Australia  
in 1965 working primarily  
in the North West &  
raising three children.

Her husband Jim died in  
April 1990.

Jeanie is still a lively &  
energetic individual &  
a committed Christian who  
still sings the popular  
songs of yesteryear &  
Hymns of today with  
a strong Lancashire  
accent.



She has asked that  
this piece of poetry be  
published in recognition  
of her appreciation of  
Australia & of Shark Bay  
in particular.

Seen here with an  
old friend Pastor Tim  
Hargreaves of the  
Shark Bay Christian  
Fellowship & Crisis  
Centre, ex-British Army,  
Kings Royal Rifle Corps  
& Parachute Regt 1957  
to 1960. His father was  
a volunteer in both the  
1<sup>st</sup> & 2<sup>nd</sup> World Wars,  
serving the first but not  
the second.

"This Corona virus  
business" he quipped,  
is not going to prevent  
Jeannie & I from  
paying our customary  
respects on ANZAC day,  
Remembrance Day nor  
on any other day for that  
matter. We are of the  
Red White & Blue, both  
British & Australian.

God save the Queen  
& Praise the Lord!"

*Written by Tim  
Hargreaves. Extracted  
from the 2020 Shark  
Bay Herald newsletter.*



## Disney Word Search Puzzle



D O C Q H B T S A E B X I F Y  
V K R M G A S T O N A V K W P  
Y D A L S S V C V R L C Y A P  
U T X P A H P U M B A Y C M A  
F I A R T F L O U N D E R U H  
F M L I N U B E U E D Z E F V  
S O U N O L P Z S R I B P A M  
N N S C H R A C S J N G J S E  
E H R E A Z B A M B I A F A I  
E K U S C E N I M S A J Y A K  
Z O D W O N O T I R T T D Z O  
Y E E C P X S E B A S T I A N  
R Y P E E L S C H I P M A R T  
K F B V S N F L O W E R A Z W  
T H U M P E R P D R A F A J F

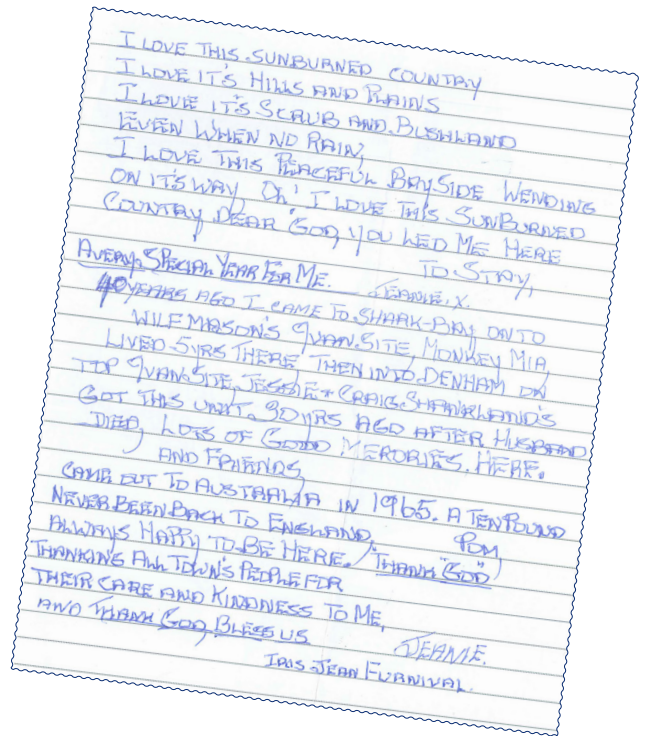
ALADDIN PERCY  
BAMBI POCAHONTAS  
BASHFUL PRINCE  
BEAST PUMBA  
CHIP SCAR  
DOC SEBASTIAN  
FLOUNDER SLEEPY  
FLOWER SNEEZY  
GASTON THUMPER  
HAPPY TIMON  
JAFAR TRAMP  
JASMINE TRITON  
LADY URSULA  
MEIKO ZAZU  
MUFASA



# A Letter from Jeanie

"I love this sunburned country,  
 I love its hills & plains.  
 I love its scrub & bushland  
 Even when no rain.  
 I love this peaceful Bay-side wending  
 On it's way,  
 Oh! I love this sunburned Country,  
 Dear God - you led me here to stay...."  
 A very special year for me  
 Jeanne X.

40 years ago I came to Shark Bay, onto Wilf Mason's campsite, Monkey Mia, Lived 5 years there, then into Denham on the top campsite, Jessie & Craig Shanrlands got this unit. 30 years ago after my husband died. Lots of good memories and friends, Here I came out to Australia in 1965. A ten Pound Pom. Never been back to England. Always Happy to be here. "Thank God" Thanking all the town's people for their care and kindness to me And Thank God, Bless Us.  
 Jeanie  
 Iris Jean Furnival



## Unscramble a quote from Mahatma Gandhi

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z

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13 22

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7 11 22

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8 11 9 12 21 22

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24 23 6

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18 3 19 11

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7 23

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19 22 22

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3 12

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7 11 22

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18 23 10 4 14

SOLUTION next page

# Denham Community Groups

Community groups	Contact Name	Telephone No.
Boolbardie Country Club	Jill Deschamp	0477 245 309
CLB Fitness - Group Fitness Classes	Chelsea Butterworth	0450 480 783
Coral Coast Dance Academy	Miss Amy	0438 934 000
Crisis Centre	Tim & Maggie Hargreaves	9948 1338 0429 481 338
Denham Community Church	Mark Sewell	0427 481 719
Denham Crafters	Bev Backhouse & Wilanda Bakker	0499 771 947 (Bev)
Denham Volunteer Fire and Rescue	Dave Harrower	<b>Call 000 for Emergency</b> Info ONLY: 9948 3289
Family Day Care	Gabi Andrade	0406 277 965
Karate (Shukokai)	Janine Standen	9948 3595
Kindy Gym	Natalie Dul	9948 1787
Shark Bay Arts Council	Claire Cooper	0415 612 621
Shark Bay Bowling, Sport & Recreation Club	John Senteneller	0400 625 138
Shark Bay Bridge Club	Coralie Hill Johan Bakker	0497 001 533 0458 255 261
Shark Bay Business Association Inc	Isobel Lockyer	www.experiencesharkbay.com
Shark Bay Christian Fellowship	Tim & Maggie Hargreaves	9948 1338 0429 481 338
Shark Bay Community Men's Shed	David Lergessner (Secretary)	0490 371 775
Shark Bay Fishing Club - Fishing Fiesta	Brian Child (President) Emma Lockhart (Secretary)	0414 468 807 0402 744 806
Shark Bay P & C Association	Natt Dul	9948 1104
Shark Bay Pistol Club	Bruce Wade (President) Cheryl Cowell (Secretary)	0475 087 277 0417 180 307
Shark Bay RSL	Wayne Moroney	0439 347 683
Shark Bay Speedway	Michael Reynolds	0419 961 819
Shark Bay State Emergency Service (SES)	Joe McLaughlin	<b>Call 132 500 for Assistance</b> Info ONLY: 0419 902 895
Shark Bay Stingrays	Sam Roberts	0431 287 412
Shark Bay Volunteer Marine Rescue (VMR)	Drew Wassman	<b>Call 000 for Emergency</b> Info Only: 9948 1396
St Andrew-by-the-sea Anglican Church	Rev. Bill & Jocelyn Ross	9948 1067 / 0417 969 110
St John Ambulance - Shark Bay Sub Centre	Karen Gidley (Chairperson) Tish Browne (Shark Bay Administration Officer)	<b>Call 000 for Emergency</b> Info ONLY: 9948 3023
The Friendly Hub	Shark Bay CRC / Patricia Weston	9948 1787
The Shark Bay Entertainers	John Senteneller	0400 625 138
The Shark Bay Youth Group	Rebecca Moroney	0409 331 728
Yadgalah Aboriginal Corp.	Debbie Bellottie	9948 1318
Yadgalah Community Markets	Debbie, Sherry & George	9948 1318 - Yadgalah office 9948 3324 - George & Sherry 0400 169 983



Email	Day(s)	Location
jilldeschamp@westnet.com.au	Wednesday & Saturdays	Golf Club, Monkey Mia Road
	Monday & Wednesday 6am Tuesday & Thursday 5:45pm	SB Recreation Centre Denham Shire Hall
info@coralcoastdanceacademy.com.au		Denham Shire Hall
sharkbayherald@westnet.com.au	24/7	
denhamcommunitychurch@gmail.com	Sundays 9.30am	Recreation Centre
jowiba@gmail.com (Wilanda)	Tuesdays 1.30pm - 3.30pm	Denham Shire Hall
denhamvfrs@bigpond.com	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> Tuesday every Month	Dampier Road, Fire Station
annagabiela@gmail.com		29 Hughes Street
jstanden@westnet.com.au	Tuesdays & Thursdays	Denham Shire Hall
sharkbay@crc.net.au	Tuesday 9.30am (except school holidays)	Recreation Centre
	Meeting 1st Monday of every month at 5.30pm	Arts Shed - 10 Denham Road
sharkbaybowls@westnet.com.au	(Currently) open from Wednesday-Saturday	Bowling Club, Francis Street
coralie-hill@bigpond.com jowiba@gmail.com	Monday & Friday 1pm	Denham Shire Hall
sharkbaytourism02@gmail.com	1 <sup>st</sup> Tuesday of every month	Recreation Centre
sharkbayherald@westnet.com.au	Sunday	Foreshore about opposite the Interpretive Centre
sbcmsshed@hotmail.com	Monday 10am	Shed at the top of the town on the corner of Capewell Drive & Hoult Street
sharkbayfishingclub@hotmail.com	Fishing Fiesta 15-22 May 2020	
sharkbaypandc@hotmail.com	People can contact the School for meeting dates	School Library
brucewade@westnet.com.au chezza@westnet.com.au	Sundays	Pistol Club, Monkey Mia Road
moby@outlook.com.au		
sharkbayspeedwayclub@outlook.com	Far Western Championship	11th July 2020
sessharkbay@iinet.net.au	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup> Monday each month @ 5pm	Emergency Services Building Durlacher Street
juicensam27@westnet.com.au		
vmrsharkbay@westnet.com.au	4 <sup>th</sup> Monday of every month	VMR building, Knight Terrace
jocelynclareross@gmail.com	Sunday 9am, Thursday 3pm	Anglican Church
saintjohns1@bigpond.com	Office opening hours: Wednesday & Thursday 10am to 2pm	Emergency Services Precinct Durlacher St
sharkbay@crc.net.au	Wednesdays 10am	Denham Shire Hall
sharkbay.entertainers@gmail.com		Denham Shire Hall
sharkbayyouthgroup@outlook.com		
yadgalah1@bigpond.com	Monday - Friday	Francis Street
yadgalah1@bigpond.com	Sunday's during school holidays	Francis Street

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[wickedcampers.com.au](http://wickedcampers.com.au)



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52 Vlamingh Crescent  
Denham WA 6537  
Mick: 0427 333 590  
Michael: 0467 670 136  
Email: [outback.coast.autos@bigpond.com](mailto:outback.coast.autos@bigpond.com)



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T: 0458 255 261 E: [sharkbayglass@gmail.com](mailto:sharkbayglass@gmail.com)



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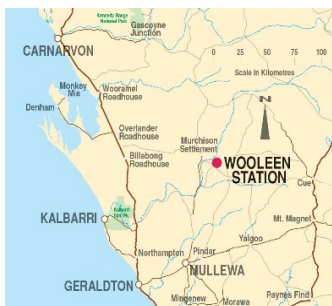
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**Sunday:**  
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Denham, Shark Bay, WA 6537  
T: 9948 1220 - F: 9948 1017

**REMEMBER TO COVER YOUR LOAD**



**PENALTIES APPLY FOR UNCOVERED LOADS AND LITTERING**

The Shire of Shark Bay employees work very hard to keep Denham tidy. Please help us to maintain the cleanliness of the town by transporting waste to the refuse disposal site responsibly. Do the right thing cover or secure your load.

**IF YOU DON'T YOU MAY BE SUBJECT TO SUBSTANTIAL LITTERING FINES**

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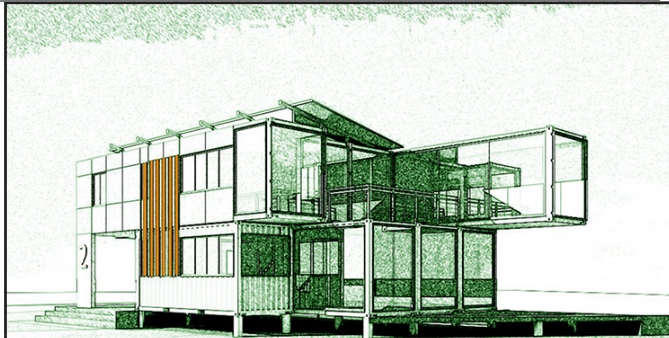


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## CRC EDITORIAL POLICY & ADVERTISING

### EDITORIAL POLICY

The Inscription Post is produced monthly by the Shark Bay Community Resource Centre in good faith as a means of providing information to the community and to promote the Shark Bay area positively.

An Editorial Management Committee of the Inscription Post has been delegated the

responsibility of the editorial role of the Inscription Post and is supported by the Management Committee. All materials submitted by the community are to be factual and non discriminatory. The Editorial Management Committee has the right to edit any items submitted for print, including abbreviating, spelling, grammar and also may

withhold or not print at all, any material considered unsuitable or offensive with no explanation needed.

We are more than happy to accept articles free of charge (subject to the Editorial Management Committee's approval), but limited space is available, so please keep submissions short – a maximum of one page unless

prior approval is granted by the Editorial Management Committee. The author's name must be supplied for any contribution. The articles printed in the newsletter do not **necessarily reflect the views** of the Editorial Management Committee, staff or volunteers or management committee at the Shark Bay Community Resource Centre.

*The Inscription Post is available for purchase from:*

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- Discovery Centre
- Shark Bay News & Gifts
- Shark Bay Supermarket
- Surf n Dolphin Gift Shop
- Useless Loop

*If you are interested in selling the newsletter in your store, contact the Shark Bay Community Resource Centre.*

1/8 Page: \$20.00
1/4 Page: \$30.00
1/2 Page: \$50.00
Full Page: \$75.00
Subsequent pages: \$60.00

A discount of 1 month cost applies to advertisements which are paid for the full 12 months in advance. We are happy to design your advert!  
Do not hesitate to contact us. All cancellations of adverts must be received in writing at the Resource Centre.

The Inscription Post costs \$2 to purchase. This price covers the cost of paper and printing expenses.  
Postal Subscriptions: \$80.00 per annum

Please address all enquiries and correspondence to:  
The Editorial Management Committee - Inscription Post  
Shark Bay Community Resource Centre, PO Box 58, Denham WA 6537  
Telephone: 08 9948 1787 -  
Facsimile: 08 9948 1823  
sharkbay@crc.net.au

**The DEADLINE for submissions into the Inscription Post is the 25<sup>th</sup> of each month**

**Please send your articles to:  
sharkbay@crc.net.au**





In our region **AUTOMATED EXTERNAL DEFIBRILLATORS (AED)** are located at

- SHARK BAY DISCOVERY CENTRE
- SHARK BAY RECREATION CENTRE
- PARKS & WILDLIFE, KNIGHT TCE OFFICE
- SHARK BAY HOTEL
- DENHAM IGA
- SHARK BAY BOWLING, SPORT & RECREATION CLUB
- OCEAN PARK AQUARIUM
- MONKEY MIA BOUGHSHED RESTAURANT
- HAMELIN OUTBACK STATION STAY
- OVERLANDER ROADHOUSE
- BILLABONG ROADHOUSE
- NERREN NERREN 24HR STOP

## The Chain of Survival

- **Early Access:** Recognise an emergency and call 000 **IMMEDIATELY**.
- **Early CPR:** Begin Cardio Pulmonary Resuscitation (CPR) **IMMEDIATELY**
- **Early Defibrillation:** Use the Automated External Defibrillator (AED) ASAP
- **Early Advanced Care:** Transfer to professional care.



Western Australia

**Silver Chain Shark Bay**  
 Normal business hours  
**Monday to Friday**  
 (excluding public holidays)  
**9.00am to 12.30pm**  
**& 1.30pm to 4.00pm**

Telephone: 9948 1400

**Silver Chain provides**  
**AFTER HOURS health services**  
**for EMERGENCIES ONLY**

**After Hours Emergencies**

**EMERGENCY**

If you call the Shark Bay Health Centre after hours you will be transferred through to Health Direct where a Registered Nurse will ask you a number of questions to determine whether you need further emergency assessment by the Shark Bay nurse. If you require further assessment, your call will be put through to the local nurse.

**Examples of an EMERGENCY include:**

- Breathing difficulties
- Chest pain
- Severe abdominal pain
- Bleeding that can't be controlled with first aid
- Convulsions and fits
- Deep lacerations
- Eye or ear injuries
- Uncontrolled high fever
- Loss of consciousness
- Pregnancy – bleeding or onset of labour
- A very sick child

# JUNE 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
• 5pm SES		<ul style="list-style-type: none"> <li>• 10am Friendly Hub</li> <li>• <b>10am-2pm: SJA ambulance office open</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>10am-2pm: SJA ambulance office open</b></li> <li>• 9.30am Mums &amp; bubs @ the CRC</li> <li>• 3.00pm, Bible Study @ St Andrews Church</li> </ul>	<ul style="list-style-type: none"> <li>• 9.30am, Know Your Bible Study @ St Andrews Church</li> </ul>	<ul style="list-style-type: none"> <li>• 2:15pm SB Bowling Club Scroungers</li> </ul>	<ul style="list-style-type: none"> <li>• 9am St Andrews Church Service</li> <li>• 10am SB Christian Fellowship, on the foreshore</li> </ul>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
• 5pm SES	<ul style="list-style-type: none"> <li>• 1.30-3.30pm Crafters</li> <li>• 4pm CRC Walking Group</li> <li>• 5.30pm Furies</li> </ul>	<ul style="list-style-type: none"> <li>• <b>10am-2pm: SJA ambulance office open</b></li> <li>• 10am Friendly Hub</li> </ul>	<ul style="list-style-type: none"> <li>• 9.30am Mums &amp; bubs @ the CRC</li> <li>• <b>10am-2pm: SJA ambulance office open</b></li> <li>• 3.00pm, Bible Study @ St Andrews Church</li> </ul>	<ul style="list-style-type: none"> <li>• 9.30am, Know Your Bible Study @ St Andrews Church</li> </ul>	<ul style="list-style-type: none"> <li>• 2:15pm SB Bowling Club Scroungers</li> </ul>	<ul style="list-style-type: none"> <li>• 9am St Andrews Church Service</li> <li>• 10am SB Christian Fellowship, on the foreshore</li> </ul>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
• 5pm SES	<ul style="list-style-type: none"> <li>• 1.30-3.30pm Crafters</li> <li>• 4pm CRC Walking Group</li> <li>• 5.30pm Furies</li> </ul>	<ul style="list-style-type: none"> <li>• <b>10am-2pm: SJA ambulance office open</b></li> <li>• 10am Friendly Hub</li> </ul>	<ul style="list-style-type: none"> <li>• 9.30am Mums &amp; bubs @ the CRC</li> <li>• <b>10am-2pm: SJA ambulance office open</b></li> <li>• 3.00pm, Bible Study @ St Andrews Church</li> </ul>	<ul style="list-style-type: none"> <li>• 9.30am, Know Your Bible Study @ St Andrews Church</li> </ul>	<ul style="list-style-type: none"> <li>• 2:15pm SB Bowling Club Scroungers</li> </ul>	<ul style="list-style-type: none"> <li>• 9am St Andrews Church Easter Day Celebration</li> <li>• 10am SB Christian Fellowship, on the foreshore</li> </ul>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
	<ul style="list-style-type: none"> <li>• 1.30-3.30pm Crafters</li> <li>• 4pm CRC Walking Group</li> <li>• 5.30pm Furies</li> </ul>	<ul style="list-style-type: none"> <li>• <b>10am-2pm: SJA ambulance office open</b></li> <li>• 10am Friendly Hub</li> </ul> <p><u>SHIRE COUNCIL MEETING</u></p>	<ul style="list-style-type: none"> <li>• 9.30am Mums &amp; bubs @ the CRC</li> <li>• <b>10am-2pm: SJA ambulance office open</b></li> <li>• 3.00pm, Bible Study @ St Andrews Church</li> </ul> <p><u>INSCRIPTION POST ARTICLES DUE</u></p>	<ul style="list-style-type: none"> <li>• 9.30am, Know Your Bible Study @ St Andrews Church</li> </ul>	<ul style="list-style-type: none"> <li>• 2:15pm SB Bowling Club Scroungers</li> </ul>	<ul style="list-style-type: none"> <li>• 9am St Andrews Church Service</li> <li>• 10am SB Christian Fellowship, on the foreshore</li> </ul>
<b>29</b>	<b>30</b>	<b>1 July</b>	<b>2 July</b>	<b>3 July</b>	<b>4 July</b>	<b>5 July</b>
	<ul style="list-style-type: none"> <li>• 1.30-3.30pm Crafters</li> <li>• 4pm CRC Walking Group</li> </ul>	<ul style="list-style-type: none"> <li>• <b>10am-2pm: SJA ambulance office open</b></li> <li>• 10am Friendly Hub</li> </ul>	<ul style="list-style-type: none"> <li>• <b>10am-2pm: SJA ambulance office open</b></li> <li>• 3.00pm, Bible Study @ St Andrews Church</li> </ul>	<ul style="list-style-type: none"> <li>• 9.30am, Know Your Bible Study @ St Andrews Church</li> </ul>		